

American Cookery

Various and Janet McKenzie Hill

The background of the lower half of the page is a solid blue color. Overlaid on this are several abstract, geometric shapes in a bright pink color. These shapes include triangles, rectangles, and curved lines, some of which are arranged to suggest a stylized house or architectural structure. The shapes are scattered across the blue field, creating a modern, graphic design.

Project Gutenberg

American Cookery

Various and Janet McKenzie Hill



Project Gutenberg

The Project Gutenberg eBook of American Cookery

This eBook is for the use of anyone anywhere in the United States and most other parts of the world at no cost and with almost no restrictions whatsoever. You may copy it, give it away or re-use it under the terms of the Project Gutenberg License included with this eBook or online at www.gutenberg.org. If you are not located in the United States, you will have to check the laws of the country where you are located before using this eBook.

Title: American Cookery

Author: Various

Editor: Janet McKenzie Hill

Release date: July 11, 2008 [eBook #26032]

Most recently updated: January 3, 2021

Language: English

Other information and formats: www.gutenberg.org/ebooks/26032

Credits: Produced by Juliet Sutherland, Emmy and the Online
Distributed Proofreading Team at <https://www.pgdp.net>

*** START OF THE PROJECT GUTENBERG EBOOK AMERICAN
COOKERY ***

THANKSGIVING MENUS AND RECIPES

**AMERICAN
COOKERY**

FORMERLY

THE BOSTON COOKING-SCHOOL MAGAZINE

OF·CULINARY·SCIENCE AND DOMESTIC·ECONOMICS





*Painted by Edw. V. Brewer for Cream of
Wheat Co. Copyright by Cream of Wheat Co.*
HIS BODYGUARD

Do You Realize That
Success in Baking
Depends Upon The Leavener?

In reality, if the baking powder is not PURE and PERFECT in its leavening qualities, food will be spoiled in spite of skill and care.

RUMFORD

THE WHOLESOME BAKING POWDER

leavens just right. RUMFORD makes the dough of a fine, even texture. It brings out in the biscuits, muffins, cakes or dumplings the natural, delicious flavor of the ingredients.

RUMFORD contains the phosphate necessary to the building of the bodily tissues, so essential to children.

Many helpful suggestions are contained in Janet McKenzie Hill's famous book "The Rumford Way of Cookery and Household Economy"—sent free.

RUMFORD
COMPANY
Dept. 19
Providence, R. I.



Buy Advertised Goods—Do not accept substitutes

AMERICAN COOKERY

Vol. XXVI

NOVEMBER, 1921

No. 4

CONTENTS FOR NOVEMBER		PAGE
WINDOWS AND THEIR FITMENTS. III.	Mary Ann Wheelwright	251
THE TINY HOUSE. III.	Ruth Merton	255
YOU'RE NOT SUPPOSED TO, JIMMIE	Eva J. DeMarsh	258
SOMEBODY'S CAT	Ida R. Fargo	260
HOMING-IT IN AN APARTMENT	Ernest L. Thurston	263
TO EXPRESS PERSONALITY	Dana Girriocer	265
EDITORIALS		270
SEASONABLE-AND-TESTED RECIPES (Illustrated with halftone engravings of prepared dishes)	Janet M. Hill and Mary D. Chambers	273
MENUS FOR WEEK IN NOVEMBER		282
MENUS FOR THANKSGIVING DINNERS		283
CONCERNING BREAKFASTS	Alice E. Whitaker	284
SOME RECIPES FOR PREPARING POULTRY	Kurt Heppe	286
POLLY'S THANKSGIVING PARTY	Ella Shannon Bowles	290
HOME IDEAS AND ECONOMIES:—Vegetable Tarts and Pies—New Ways of Using Milk—Old New England Sweetmeats		292
QUERIES AND ANSWERS		295

\$1.50 A YEAR Published Ten Times a Year
15c A Copy

Foreign postage 40c additional

Entered at Boston post-office as second-class matter

Copyright 1921, by

THE BOSTON COOKING-SCHOOL
MAGAZINE CO.

Pope Bldg., 221 Columbus Ave., Boston 17, Mass.



Please Renew on Receipt of Colored Blank Enclosed for that Purpose



"When it rains—it pours"

Discover it for yourself

TO READ about the virtues of Morton Salt isn't half so pleasant as finding them out for yourself.

It certainly gives you a sense of security and content to find that Morton's won't stick or cake in the package when you want it; that it pours in any weather—always ready; always convenient.

You'll like its distinct bracing flavor too. Better keep a couple of packages





Buy advertised Goods—Do not accept substitutes

INDEX FOR NOVEMBER

	PAGE
Concerning Breakfasts	284
Editorials	270
Home Ideas and Economies	292
Homing-It in an Apartment	263
Menus	282 , 283
Polly's Thanksgiving Party	290

Silver Lining, The	<u>310</u>
Some Recipes for Preparing Poultry	<u>286</u>
Somebody's Cat	<u>260</u>
Tiny House, The	<u>255</u>
To Express Personality	<u>265</u>
Windows and Their Fitments	<u>251</u>
You're not Supposed to, Jimmie	<u>258</u>

SEASONABLE-AND-TESTED RECIPES

Beef, Rib Roast of, with Yorkshire Pudding. Ill.	<u>277</u>
Boudin Blanc	<u>281</u>
Bread, Stirred Brown	<u>280</u>
Brother Jonathan	<u>275</u>
Cake, Pyramid Birthday	<u>280</u>
Cake, Thanksgiving Corn. Ill.	<u>277</u>
Chicken, Guinea. Ill.	<u>276</u>
Cookies, Pilgrim. Ill.	<u>279</u>
Cucumbers and Tomatoes, Sautéed	<u>281</u>
Cutlets, Marinated	<u>276</u>
Fanchonettes, Pumpkin. Ill.	<u>279</u>
Frappé, Sweet Cider. Ill.	<u>278</u>
Fruit, Suprême	<u>299</u>
Garnish for Roast Turkey	<u>274</u>
Jelly, Apple Mint, for Roast Lamb	<u>276</u>
Pancakes, Swedish, with Aigre-Doux Sauce	<u>280</u>
Parsnips, Dry Deviled	<u>278</u>
Pie, Fig-and-Cranberry	<u>278</u>
Potage Parmentier	<u>273</u>
Pudding, King's, with Apple Sauce	<u>278</u>
Pudding, Thanksgiving	<u>277</u>
Pudding, Yorkshire	<u>277</u>
Punch, Coffee Fruit	<u>278</u>
Purée, Oyster-and-Onion	<u>274</u>

Salad, New England. Ill.	275
Salmon à la Creole	275
Sauce, Aigre-Doux	280
Sausages, Potato-and-Peanut	273
Steak, Skirt, with Raisin Sauce	281
Stuffing for Roast Turkey	274
Succotash, Plymouth. Ill.	275
Tart, Cranberry, with Cranberry Filling. Ill.	279
Turkey, Roast. Ill.	274

QUERIES AND ANSWERS

Cake Baking, Temperature for	298
Chicken, To Roast	295
Corn and Potatoes, To boil	295
Fish, To broil	298
Gingerbread, Soft	298
Ice Cream, Classes of	300
Icing, Caramel	295
Pie, Deep-Dish Apple	298
Pies, Lemon, Why Watery	296
Pimientos, Canned	300
Pineapple, Spiced	295
Potatoes, Crisp Fried	296
Sauce, Cream	298
Sauce, Tartare	296
Table Service, Instructions on	296

We want representatives everywhere to take subscriptions for AMERICAN COOKERY. We have an attractive proposition to make those who will canvass their town; also to those who will secure

a few names among their friends and acquaintances. Write us today.

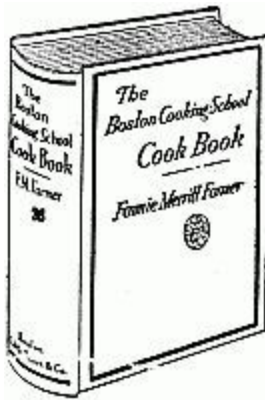
AMERICAN COOKERY - BOSTON, MASS.

Buy advertised Goods—Do not accept substitutes

**Are You Using this Latest Edition of
America's Leading Cook Book?**

THE BOSTON COOKING-SCHOOL COOK BOOK

By **FANNIE MERRITT FARMER**



In addition to its fund of general information, this latest edition contains 2,117 recipes, all of which have been tested at Miss Farmer's Boston Cooking School, together with additional chapters on the Cold-Pack Method of Canning, on the Drying of Fruits and Vegetables, and on Food Values.

This volume also contains the correct proportions of food, tables of measurements and weights, time-tables for cooking, menus, hints to young housekeepers.

"Good Housekeeping" Magazine says:

"'The Boston Cooking-School Cook Book' is one of the volumes to which good housewives pin their faith on account of its accuracy, its economy, its clear, concise teachings, and its vast number of new recipes."

656 Pages

122 Illustrations

\$2.50 net

TABLE SERVICE

By Lucy G. Allen

A clear, concise and yet comprehensive exposition of the waitress' duties. Detailed directions on the duties of the waitress, including care of dining room, and of the dishes, silver and brass, the removal of stains, directions for laying the table, etc.

Fully illustrated. \$1.75 net

COOKING FOR TWO

By Janet McKenzie Hill

"Cooking for Two' is exactly what it purports to be—a handbook for young housekeepers. The bride who reads this book need have no fear of making mistakes, either in ordering or cooking food supplies."—*Woman's Home Companion*.

With 150 illustrations. \$2.25 net

JUST PUBLISHED

FISH COOKERY

By Evelene Spencer and John N. Cobb

This new volume offers six hundred recipes for the preparation of fish, shellfish, and other aquatic animals, and there are recipes for fish broiled, baked, fried and boiled; for fish stews and chowders, purées and broths and soup stocks; for fish pickled and spiced, preserved and potted, made into fricassées, curries, chiopinos, fritters and croquettes; served in pies, in salads, scalloped, and in made-over dishes. In fact, every thinkable way of serving fish is herein described.

\$2.00 net

**For Sale at all Booksellers or of the Publishers
LITTLE, BROWN & COMPANY, 34 BEACON ST.,
BOSTON**

Buy advertised Goods—Do not accept substitutes

Books on Household Economics

THE BOSTON COOKING-SCHOOL MAGAZINE COMPANY presents the following as a list of representative works on household economies. Any of the books will be sent postpaid upon receipt of price.

Special rates made to schools, clubs and persons wishing a number of books. Write for quotation on the list of books you wish. We carry a very large stock of these books. One order to us saves effort and express charges. Prices subject to change without notice.

A Guide to Laundry Work. Chambers.	\$1.00
Allen, The, Treatment of Diabetes. Hill and Eckman	1.75
American Cook Book. Mrs. J. M. Hill	1.50
American Meat Cutting Charts. Beef, veal, pork, lamb—4 charts, mounted on cloth and rollers	10.00
American Salad Book. M. DeLoup	1.50
Around the World Cook Book. Barroll	2.50
Art and Economy in Home Decorations. Priestman	1.50
Art of Home Candy-Making (with thermometer, dipping wire, etc.)	3.75
Art of Right Living. Richards	.50
Bacteria, Yeasts and Molds in the Home. H. W. Conn	1.48
Bee Brand Manual of Cookery	.75
Better Meals for Less Money. Greene	1.35
Blue Grass Cook Book. Fox	2.00
Book of Entrées. Mrs Janet M. Hill	2.00
Boston Cook Book. Mary J. Lincoln	2.25
Boston Cooking-School Cook Book. Fannie M. Farmer	2.50
Bread and Bread-Making. Mrs. Rorer	.75
Breakfasts, Luncheons and Dinners. Chambers	1.25
Bright Ideas for Entertaining. Linscott	.90
Business, The, of the Household. Taber	2.50

Cakes, Icings and Fillings. Mrs. Rorer	1.00
Cakes, Pastry and Dessert Dishes. Janet M. Hill	2.00
Candies and Bonbons. Neil	1.50
Candy Cook Book. Alice Bradley	1.75
Canning and Preserving. Mrs. Rorer	1.00
Canning, Preserving and Jelly Making. Hill	1.75
Canning, Preserving and Pickling. Marion H. Neil	1.50
Care and Feeding of Children. L. E. Holt, M.D.	1.25
Catering for Special Occasions. Farmer	1.50
Century Cook Book. Mary Ronald	3.00
Chafing-Dish Possibilities. Farmer	1.50
Chemistry in Daily Life. Lassar-Cohn	2.25
Chemistry of Cookery. W. Mattieu Williams	2.25
Chemistry of Cooking and Cleaning. Richards and Elliot	1.00
Chemistry of Familiar Things. Sadtler	2.00
Chemistry of Food and Nutrition. Sherman	2.10
Cleaning and Renovating. E. G. Osman	1.20
Clothing for Women. L. I. Baldt	2.50
Cook Book for Nurses. Sarah C. Hill	.90
Cooking for Two. Mrs. Janet M. Hill	2.25
Cost of Cleanness. Richards	1.00
Cost of Food. Richards	1.00
Cost of Living. Richards	1.00
Cost of Shelter. Richards	1.00
Course in Household Arts. Duff	1.30
Dainties. Mrs. Rorer	1.00
Diet for the Sick. Mrs. Rorer	2.00
Diet in Relation to Age and Activity. Thompson	1.00
Dishes and Beverages of the Old South. McCulloch-Williams	1.50
Domestic Art in Women's Education. Cooley	1.50
Domestic Science in Elementary Schools. Wilson	1.20
Domestic Service. Lucy M. Salmon	2.25
Dust and Its Dangers. Pruden	1.25
Easy Entertaining. Benton	1.50

Economical Cookery. Marion Harris Neil	2.00
Elementary Home Economics. Matthews	1.40
Elements of the Theory and Practice of Cookery. Williams and Fisher	1.40
Encyclopaedia of Foods and Beverages.	10.00
Equipment for Teaching Domestic Science. Kinne	.80
Etiquette of New York Today. Learned	1.60
Etiquette of Today. Ordway	1.25
European and American Cuisine. Lemcke	4.00
Every Day Menu Book. Mrs. Rorer	1.50
Every Woman's Canning Book. Hughes	.90
Expert Waitress. A. F. Springsteed	1.35
Feeding the Family. Rose	2.40
Fireless Cook Book.	1.75
First Principles of Nursing. Anne R. Manning	1.25
Fish Cookery. Spencer and Cobb	2.00
Food and Cookery for the Sick and Convalescent. Fannie M. Farmer	2.50
Food and Feeding. Sir Henry Thompson	2.00
Food and Flavor. Finck	3.00
Foods and Household Management. Kinne and Cooley	1.40
Food and Nutrition. Bevier and Ushir	1.00
Food Products. Sherman	2.40
Food and Sanitation. Forester and Wigley	1.40
Food and the Principles of Dietetics. Hutchinson	4.25
Food for the Worker. Stern and Spitz.	1.00
Food for the Invalid and the Convalescent. Gibbs	.75
Food Materials and Their Adulterations. Richards	1.00
Food Study. Wellman	1.10
Food Values. Locke	2.00
Foods and Their Adulterations. Wiley	6.00
Franco-American Cookery Book. Déliée	5.00
French Home Cooking. Low	1.50
Fuels of the Household. Marian White	.75

Furnishing a Modest Home. Daniels	1.25
Furnishing the Home of Good Taste. Throop	4.50
Garments for Girls. Schmit	1.50
Golden Rule Cook Book (600 Recipes for Meatless Dishes). Sharpe	2.50
Handbook of Home Economics. Flagg	0.90
Handbook of Hospitality for Town and Country. Florence H. Hall	1.75
Handbook of Invalid Cooking. Mary A. Boland	2.50
Handbook on Sanitation. G. M. Price, M.D.	1.50
Healthful Farm House, The. Dodd	.60
Home and Community Hygiene. Broadhurst	2.50
Home Candy Making. Mrs. Rorer	.75
Home Economics. Maria Parloa	2.00
Home Economics Movement.	.75
Home Furnishing. Hunter	2.50
Home Nursing. Harrison	1.50
Home Problems from a New Standpoint	1.00
Home Science Cook Book. Anna Barrows and Mary J. Lincoln	1.25
Hot Weather Dishes. Mrs. Rorer	.75
House Furnishing and Decoration. McClure and Eberlein	2.50
House Sanitation. Talbot	.80
Housewifery. Balderston	2.50
Household Bacteriology. Buchanan	2.75
Household Economics. Helen Campbell	1.75
Household Engineering. Christine Frederick	2.00
Household Physics. Alfred M. Butler	1.50
Household Textiles. Gibbs	1.40
Housekeeper's Handy Book. Baxter	2.00
How to Cook in Casserole Dishes. Neil	1.50
How to Cook for the Sick and Convalescent. H. V. S. Sachse	2.00
How to Feed Children. Hogan	1.25
How to Use a Chafing Dish. Mrs. Rorer	.75
Human Foods. Snyder	2.00
Ice Cream, Water Ices, etc. Rorer	1.00

I Go a Marketing. Sowle	1.75
Institution Recipes. Emma Smedley	3.00
Interior Decorations. Parsons	5.00
International Cook Book. Filippini	2.50
Key to Simple Cookery. Mrs. Rorer	1.25
King's, Caroline, Cook Book	2.00
Kitchen Companion. Parloa	2.50
Kitchenette Cookery. Anna M. East	1.25
Laboratory Handbook of Dietetics. Rose	1.50
Lessons in Cooking Through Preparation of Meals.	2.00
Lessons in Elementary Cooking. Mary C. Jones	1.25
Like Mother Used to Make. Herrick	1.35
Luncheons. Mary Ronald	2.00
A cook's picture book; 200 illustrations	
Made-over Dishes. Mrs. Rorer	.75
Many Ways for Cooking Eggs. Mrs. Rorer	.75
Marketing and Housework Manual. S. Agnes Donham	2.00
Mrs. Allen's Cook Book. Ida C. Bailey Allen	2.00
More Recipes for Fifty. Smith	2.00
My Best 250 Recipes. Mrs. Rorer	1.00
New Book of Cookery. A. Farmer	2.50
New Hostess of Today. Larned	1.75
New Salads. Mrs. Rorer	1.00
Nursing, Its Principles and Practice. Isabels and Robb	2.00
Nutrition of a Household. Brewster	2.00
Nutrition of Man. Chittenden	4.50
Philadelphia Cook Book. Mrs. Rorer	1.50
Planning and Furnishing the House. Quinn	1.35
Practical Cooking and Dinner Giving. Mrs. Mary F. Henderson	1.75
Practical Cooking and Serving. Mrs. Janet M. Hill	3.00
Practical Dietetics. Gilman Thompson	8.00
Practical Dietetics with Reference to Diet in Disease. Patte	2.25
Practical Food Economy. Alice Gitchell Kirk	1.35
Practical Homemaking. Kittredge	1.00

Practical Points in Nursing. Emily A. M. Stoney	2.00
Principles of Chemistry Applied to the Household. Rowley and Farrell	1.50
Principles of Food Preparation. Mary D. Chambers	1.25
Principles of Human Nutrition. Jordan	2.00
Recipes and Menus for Fifty. Frances Lowe Smith	2.00
Rorer's (Mrs.) New Cook Book.	2.50
Salads, Sandwiches, and Chafing Dish Dainties. Mrs. Janet M. Hill	2.00
Sandwiches. Mrs. Rorer	.75
Sanitation in Daily Life. Richards	.60
School Feeding. Bryant	1.75
Selection and Preparation of Food. Brevier and Meter	.75
Shelter and Clothing. Kinne and Cooley	1.40
Source, Chemistry and Use of Food Products. Bailey	2.00
Spending the Family Income. Donham	1.75
Story of Germ Life. H. W. Conn	1.00
Successful Canning. Powell	2.50
Sunday Night Suppers. Herrick	1.35
Table Service. Allen	1.75
Textiles. Woolman and McGowan	2.60
The Chinese Cook Book. Shin Wong Chan	1.50
The House in Good Taste. Elsie de Wolfe	4.00
The Housekeeper's Apple Book. L. G. Mackay	1.25
The New Housekeeping. Christine Frederick	1.90
The Party Book. Fales and Northend	3.00
The St. Francis Cook Book.	5.00
The Story of Textiles	5.00
The Up-to-Date Waitress. Mrs. Janet M. Hill	1.75
The Woman Who Spends. Bertha J. Richardson	1.00
Till the Doctor Comes and How to Help Him.	1.00
True Food Values. Birge	1.25
Vegetable Cookery and Meat Substitutes. Mrs. Rorer	1.50
Women and Economics. Charlotte Perkins Stetson	1.50

Address All Orders: **THE BOSTON COOKING-SCHOOL MAGAZINE
CO., Boston, Mass.**

Buy advertised Goods—Do not accept substitutes



The advertisement features a central illustration of a kitchen and bathroom. The kitchen scene, shown in a circular inset, includes a sink, a stove, and a checkered floor. The bathroom scene, also in a circular inset, shows a pedestal sink and a bathtub. A large can of Old Dutch Cleanser is prominently displayed, featuring a woman in a bonnet and apron sweeping. The text on the can reads "Old Dutch Cleanser", "Chases Dirt", and "MAKES EVERYTHING 'SHINE' AND 'SHINE'".

In
Kitchen
and
Bathroom

Old Dutch makes linoleum; tile; tubs and utensils bright like new. For general cleaning, it lightens your work; is efficient and economical

Buy advertised Goods—Do not accept substitutes



FRUIT SUPRÊME

Fruit Suprême

Select choice, fresh fruit of all varieties obtainable. Slice, using care to remove all skins, stones, seeds, membranes, etc.; for example, each section of orange must be freed from the thin membranous skin in which it grows. Chill the prepared fruit, arrange in fruit cocktail glasses with maraschino syrup. A maraschino cherry is placed on the very top of each service.



**WOODEN SHUTTERS, ORNAMENTED, ARE SUITABLE FOR
REMODELLED HOUSES**

American Cookery

VOL. XXVI

NOVEMBER

NO. 4

Windows and Their Fitments

By Mary Ann Wheelwright

Through the glamour of the Colonial we are forced to acknowledge the classic charm shown in late seventeenth and early eighteenth century window designs. Developed, as they were, by American carpenters who were stimulated by remembrance of their early impressions of English architecture received in the mother land, there is no precise or spiritless copy of English details; rather there is expressed a vitality that has been brought out by earnest effort to reproduce the spirit desired. Undoubtedly the lasting success of early American craftsmanship has been due to the perfect treatment of proportions, as related one to the other. That these are not imitations is proved by an occasional clumsiness which would be impossible, if they were exact copies of their more highly refined English prototypes.

The grasp of the builder's mind is vividly revealed in the construction of these windows, for while blunders are often made, yet successes are much more frequent. They are evolved from remembered motives that have been unified and balanced, that they might accord with the exterior and be knitted successfully into the interior trim. Some of these windows still grace seventeenth century houses, and are found not only on old southern plantations, but all through New England, more especially along the sea coast. True products are they of Colonial craftsmanship, brought into existence by skilled artisans, who have performed their work so perfectly that today they are found unimpaired, striking a dominant note in accord with the architectural feeling of the period.

There is no question but that windows such as these lend character to any house, provided, of course, that they coincide with the period. Doubtless the designing of modified Colonial houses is responsible, in part, for the present-day revival of interest, not solely in windows of the Colonial period, but also in that which immediately preceded and followed it.

The first ornamental windows were of the casement type, copied from English cottage homes. Like those, they opened outward, and were designed with small panes, either diamond or square shaped. As they were in use long before glass was manufactured in this country, the Colonists were forced to import them direct from England. Many were sent ready to be inserted, with panes already leaded in place. Proof of this is afforded by examples still in existence. These often show strange patches or cutting. The arrangement of casements varies from single windows to groups of two or three, and they were occasionally supplemented by fixed transoms. Surely no phase of window architecture stands out more conspicuously in the evolution of our early designs than the casement with its tiny panes, ornamented with handwrought iron strap-hinges which either flared into arrow heads, rounded into knobs, or lengthened into points. That they were very popular is shown from the fact that they withstood the changes of fashion for over a century, not being abolished until about the year 1700.



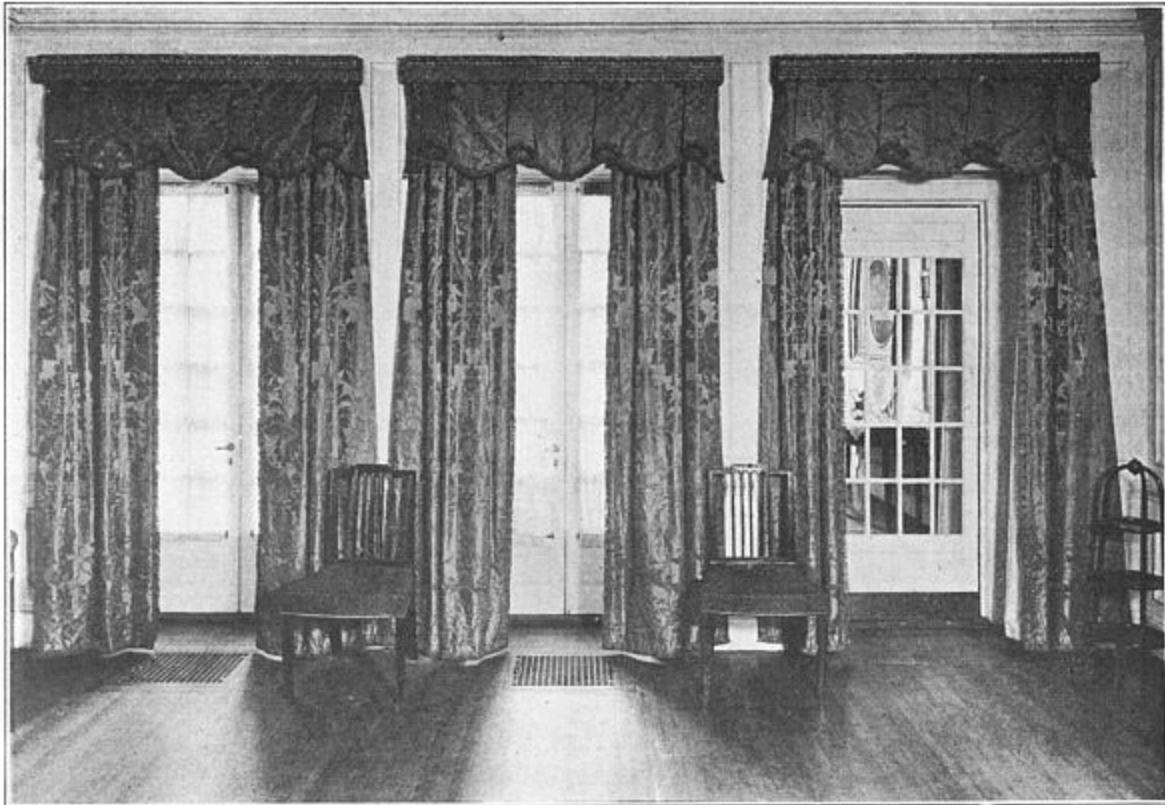
**GROUP WINDOWS ON
STAIRWAY**

Little drapery is needed in casement windows where they are divided by mullions. The English draw curtain is admirable for this purpose. It can be made of casement cloth with narrow side curtains and valance of bright material. A charming combination was worked out in a summer cottage. The glass curtains were of black and white voile with tiny figures introduced. This was trimmed with a narrow black and white fringe, while the overdrapery had a black background patterned with old rose.



**GROUPED WINDOWS WITH SQUARE PANES, LACE
GLASS CURTAINS AND CRETONNE OVER
CURTAINS**

In the field of architectural progress, more especially during the last few years, there have arisen vast possibilities for the development of odd windows. These, if properly placed, showing correct grouping, are artistic, not only from the outside, but from the inside as well. The artistic woman, realizing the value of color, will fill a bright china bowl with glowing blossoms and place it in the center of a wide window sill, where the sun, playing across them, will carry their cheerful color throughout the room. She also trains vines to meander over the window pane, working out a delicate tracery that is most effective, suspending baskets of ferns from the upper casement, that she may break the length of her Colonial window. Thus through many artifices she causes her simple room to bloom and blossom like a rose.



**FOR FRENCH DOORS, USE MUSLIN WITH SILK-LINED
OVERHANG**

The progress made in window architecture is more apparent as we study the early types. Then small attention was paid to details, the windows placed with little thought of artistic grouping. Their only object to light the room, often they stood like soldiers on parade, in a straight row, lining the front of the house.

Out of the past has come a vast array of period windows, each one of which is of interest. They display an unmistakable relationship to one another, for while we acknowledge that they differ in detail and ornamentation, yet do they invariably show in their conception some underlying unity. There is no more fascinating study than to take each one separately and carefully analyze its every detail, for thus only can we recognize and appreciate the links which connect them with the early American types.

We happen upon them not only in the modified Colonial structures, but in houses in every period of architecture. It may be only a fragment,

possibly a choice bit of carving; or it may be a window composed in the old-fashioned manner of from nine to thirty panes, introduced in Colonial days for the sake of avoiding the glass tax levied upon them if over a certain size. A charming example of a reproduction of one of these thirty-paned windows may be seen in a rough plaster house built in Salem, after the great fire. The suggestion was taken from an old historic house in a fine state of preservation in Boxford, Mass.

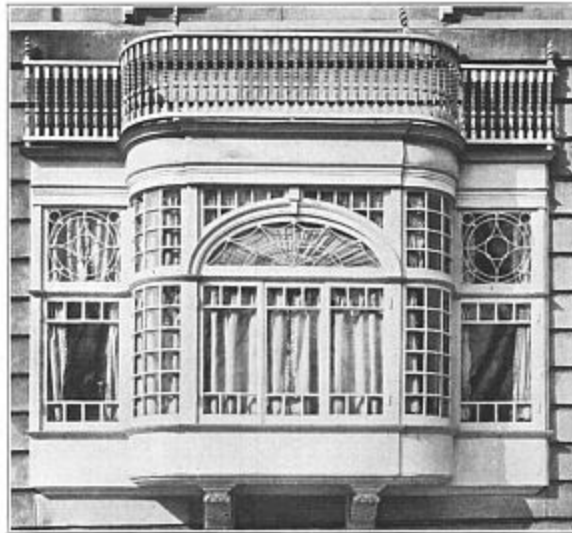
The first American homes derived their plans and their finish from medieval English tradition. They were forced to utilize such materials as they were able to obtain, and step by step they bettered the construction and ornamentation of their homes. As increasing means and added material allowed, they planned and executed more elaborately, not only in size and finish, but in the adding of window casings, caps, and shutters.

The acme of Colonial architecture was reached with the development of the large square houses with exquisitely designed entrances and porticos. These often showed recessed and arched windows, also those of the Palladian type. At the Lindens, Danvers, Mass., a memory-haunted mansion, may be seen one of the finest examples of these recessed windows. This famous dwelling, the work of an English architect, who built it in about 1770, is linked with American history through its use by General Gage as his headquarters during the Revolution.

The recessed windows that are found here reveal delicate mouldings in the classic bead and filet design, and are surmounted by an elaborate moulded cornice, which lends great dignity to the room. This is supported by delicate pilasters and balanced by the swelling base shown below the window seats. Such a window as this is no mere incident, or cut in the wall; on the contrary, it is structural treatment of woodwork. Another feature of pronounced interest may be noted on the stair landing, where a charming Palladian window overlooks the old-fashioned box-bordered garden that has been laid out at the rear.

We have dwelt, perhaps, too much on the old Colonial types, neglecting those of the present day, but it has been through a feeling that with an intimate knowledge of their designs we shall be better able to appreciate the

products of our own age, whose creators drew their inspiration from the past. A modern treatment of windows appears in our illustration.



75 BEACON STREET, BOSTON



**THATCHED-STYLE COTTAGE FOR AMERICAN
SUBURBS**

The Tiny House

By Ruth Merton

(Concluded from October)

If, some fine day, all housewives awoke to the fact that most of the trouble in the world originates in the kitchen, there would shortly be a little more interest in kitchen problems and not so much distaste for and neglect of this important part of the house.

Of course, women will cry out that we have never in our lives been so intent on just that one subject, kitchens, as we are today.

I admit that there is a good deal of talk going on which might lead one to believe that vacuum cleaners and electric-washing machines, etc., are to bring about the millennium for housekeepers; and there is also a good work going forward to make of housework a real profession.

But, until in the average home there comes the feeling that the kitchen—the room itself—is just as much an expression of the family life and aims and ideals as the living room or any other room, we shall be only beating about the bush in our endeavor to find a remedy for some of our perplexing troubles.

Nowadays, women who are doing much work out in the big world—the so-called "enfranchised" women—are many of them proving that they find housework no detriment to their careers and some even admit that they enjoy it.

But so far most of them have standardized their work and systematized it, with the mere idea of doing what they have to do "efficiently" and well, with the least expenditure of time and energy. And they have more than succeeded in proving the "drudgery" plea unfounded.

Now, however, we need something more. We need to make housework attractive; in other words, to put charm in the kitchen.

There is one very simple way of doing this, that is to make kitchens good to look at, and inviting as a place to stay and work.

For the professional, scientifically inclined houseworker, the most beautiful kitchen may be the white porcelain one, with cold, snowy cleanliness suggesting sterilized utensils and carefully measured food calories.

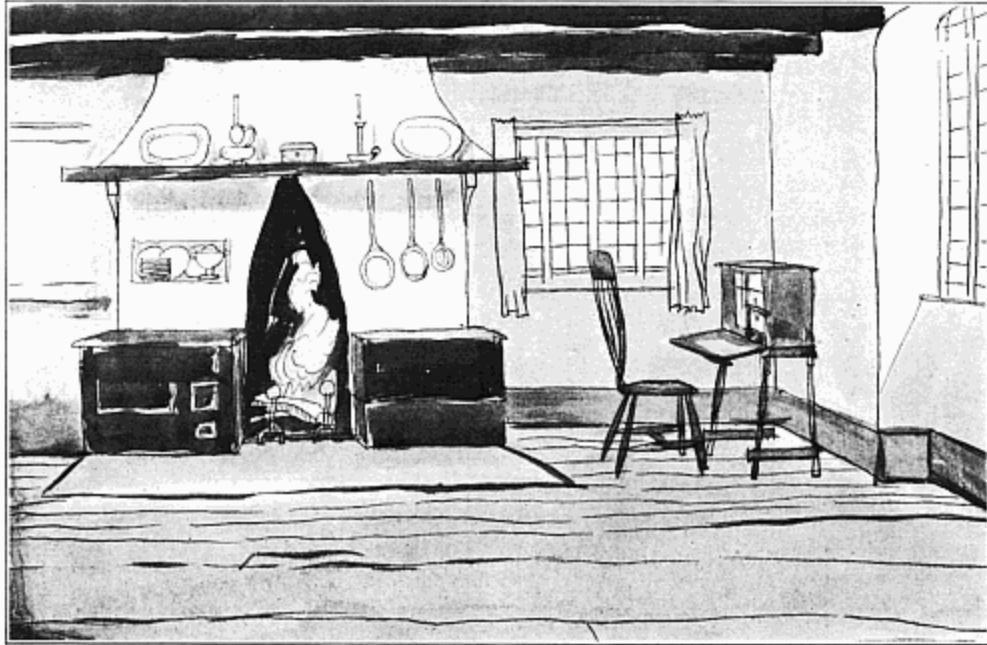
But to the woman whose cooking and dishwashing are just more or less pleasant incidents in a pleasant round of home and social duties, the kitchen must suggest another kind of beauty—not necessarily a beauty which harbors germs, nor makes the work less conveniently done, but a beauty of kindly associations with furniture and arrangements.

Who could grow fond of a white-tiled floor or a porcelain sink as they exist in so many modern kitchens! And as for the bulgy and top-heavy cook stoves, badly proportioned refrigerators, and kitchen cabinets—well, we should have to like cooking *very* well indeed before we could feel any pleasure in the mere presence of these necessary but unnecessarily ugly accompaniments to our work.

We have come to think of cleanliness as not only next to godliness, but as something which takes the place of beauty—*is* beauty.

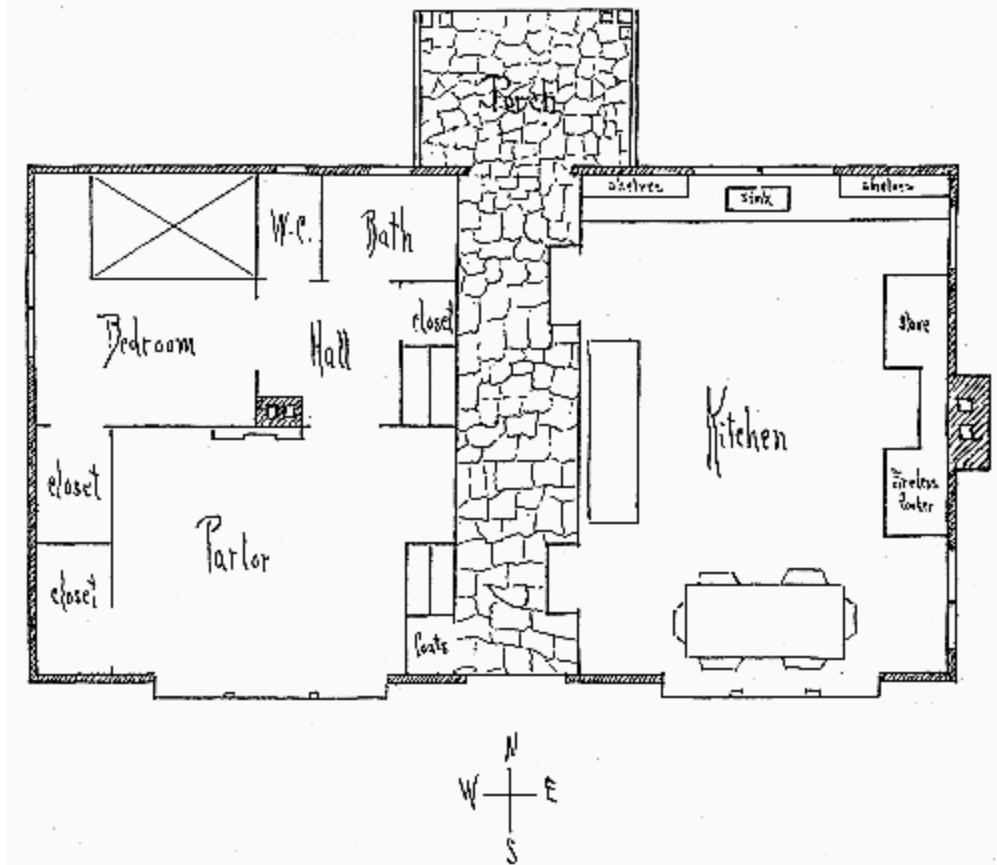
This attitude is laziness on our part, for we need sacrifice nothing to utility and convenience, yet may still contrive our kitchen furniture so that it, also, pleases the senses. With a little conscientious reflection on the subject we may make kitchens which have all the charm of the old, combined with all the convenience of the new; and woman will have found a place to reconcile her old and new selves, the housewife and the suffragist, the mother-by-the-fireside and the participator in public affairs. The family will have found a new-old place of reunion—the kitchen!

Granted then that our tiny house has a kitchen-with-charm, and an "other room," the rest of the available space may be divided into the requisite number of bed and living rooms, according to the needs of the family.



KITCHEN FOR THATCHED-STYLE COTTAGE

There is only one other very important thing to look out for; that is the matter of closets. There is no rule for the number of closets which will make the tiny house livable, but I should say, the more the merrier. If there is ever question of sacrificing a small room and gaining a large closet, by all means do it, for absolute neatness is the saving grace of small quarters, and storage places are essential, if one does not wish to live in a vortex of yesterday's and tomorrow's affairs with no room to concentrate on the present.



FIRST-FLOOR PLAN OF THATCHED COTTAGE

Inside and outside the tiny house must conform to one law—elimination of non-essentials; and the person who has a clear idea of his individual needs and has also the strength of will to limit his needs to his circumstances, will find in his tiny house a satisfaction more than compensating for any sacrifices he may have made.

No one doubts that it *is* a sacrifice to give up a lesser pleasure even to gain the "summum bonum" and that it *does* take will power to keep oneself from weakly saying in the face of temptation, "Oh, well! what does it matter! My little house would perhaps be better without that, but I have grown accustomed to it, let it stay!"

Such weakness is fatal in a tiny house.
But how much more fatal in a tiny garden!

Oh! the waste lands which lie beneath the sun trying to call themselves gardens! Oh! the pitiful little plots, unfenced, unused, entirely

misunderstood by people who stick houses in the middle of them and call them "gardens"!

No amount of good grass seed, or expensive planting, or well-cared-for flowers and lawns will ever make the average suburban lot anything but a "lot," and most of them might as well, or *better*, be rough, uncultivated fields for all the relation they bear to the houses upon them or the use they were intended for.

(Continued on [page 289](#))

"You're Not Supposed To, Jimmie"

By Eva J. DeMarsh

"Huh!" exclaimed Jennie, "there comes Aunt Rachel! Wonder what she wants now? Last time it was—no, it wasn't—that was the time when Jimmie Upson and his wife were here. How scandalized Aunt Rachel looked! Said I'd ruin my husband, and a lot of such tommyrot. As though Jimmie and I couldn't afford a spread now and then! I didn't, and I won't, tell Aunt Rachel that it was a special party and a special occasion. Of course, I know Jimmie isn't a millionaire, but—it's none of Aunt Rachel's business, so there!" she finished defiantly.

Aunt Rachel plodded blissfully up the walk. "Jennie'll be glad to see me, I know," she mused. "She's high-headed, but she knows a good thing when she sees it, and I help her a lot."

Jennie received her aunt with cordiality, but not effusiveness. To be discourteous was something she could not be. Besides, she liked Aunt Rachel and pitied her idiosyncrasies. "Why can't she be as nice when she goes to people's houses as she is when she is at home?" she mused. "I love to go there, and everything is just perfect, but the minute she steps outside the door—well, we all know Aunt Rachel! And she doesn't go home early either. Jimmie'll be furious. She always calls him 'James' and asks after his health and—and everything. I do so want him to like her, but I'm afraid he never will. I do wish I could get her interested in something. I have it!" she exclaimed triumphantly. "The very thing!"

Aunt Rachel looked up in surprise. "What's the matter, Jennie?" she inquired.

"Oh, nothing much, Auntie! I was just thinking aloud."

"Don't!" said Aunt Rachel. "It's a bad habit, Jennie—though I do do it myself, sometimes."

"Sometimes!" Jennie turned away to hide her smile. Why, Aunt Rachel made a business of talking aloud!

As luck would have it, the dinner went off to Aunt Rachel's satisfaction. It was good, but conservative.

"Jennie is learning," thought the old lady to herself. "After I've been here a few times more, she'll get along all right."

Aunt Rachel hadn't noticed that every idea Jennie has used was, strictly, either Jennie's own or her mother's.

"How long does your aunt expect to stay?" asked Jimmie, casually, while Jennie was clearing the table. Aunt Rachel was in the kitchen. She prided herself on never being "a burden on any one." Doubtless, some of her friends would have preferred that she be. Most of us have a skeleton we do not wish to keep on exhibition.

"Oh, I don't know, maybe a week or two," said Jennie, mischievously. "She hasn't told me yet."

"Oh!" replied Jimmie, in a disappointed voice. "Business down town"? "Dinner at the Club"? No, he couldn't keep that up indefinitely. Besides, what did a man want of a home, if he wasn't going to live in it? Covertly, Jennie watched him. She knew every expression of his face. It amused her, but she was sorry, too. "Jimmie wants awfully to flunk—and dassent," was her mental comment.

"Anything on for this evening, Jimmie?" inquired Jennie, sweetly, too sweetly, Jimmie thought. He had heard those dulcet tones before.

"Yes—no!" stammered Jimmie. How he wished he had! However, as Jennie said no more, he dismissed the subject from his mind. She probably didn't really mean anything, anyway.

When James Atherton reached home that evening, he found the house lighted from top to bottom. Beautifully dressed women were everywhere, and in their midst—Aunt Rachel, at her best!

"Ladies," she exclaimed, and Jimmie paused to listen, "I am honored—more so than you can guess—at the distinction conferred upon me. This

afternoon you have seen fit to make me one of your leaders in a most important movement for civic betterment—an honor never before accorded a woman in this city—and I need not assure you that you shall not regret your choice. As a member of the Civic Betterment Committee of Loudon, I shall do my duty." ("I bet she will!" commented Jimmie, *sotto voce*.) "Again I thank you!" went on Aunt Rachel. "There's a work for you and for me now to do, and—" she paused impressively, "we will do it." ("I'll bet on you every time, Auntie," commented Jimmie to himself.)

"Jimmie Atherton, what in the world are you doing?" whispered an exasperated voice. "Hurry, Jimmie, hurry—do!" urged Jennie. "Dinner is almost ready to serve, and you haven't even made the first move to dress. Hurry, Jimmie, please!" And Jimmie did. He fairly sprinted into his clothes, appearing presently fully clad and good to look upon.

"Bet you a nickel Jennie couldn't have done that," he reflected, complacently. "Women never can get a move on them, where clothes are concerned."

That was the best evening Aunt Rachel had ever spent. She was the center of attraction; she had found a mission—not a desultory one, but one far-reaching in scope, so it seemed to her; and like a war-horse, she was after the charge.

Jennie's plans went through without a hitch. Aunt Rachel became, not only a member of the Committee on Civic Betterment, but, as well, its head and, in due season, mayor of the little city itself. Under her active management, Loudon became noted as a model city of its size, one good to look upon and good to live in. Crime fled, or scurried to cover, and Aunt Rachel blossomed like a rose. One day when Jimmie came home something seemed to please him greatly.

"What do you think, Jennie," he said, "Aunt Rachel is going to be married! Yes, she is! I've got it on the best of authority—the groom himself."

"Who?" gasped Jennie. "Why, Jimmie, she just HATES men! She's always said they were only a necessary evil."

"Yes, I know," smiled Jimmie, "that's what she used to say, but she'd never met Jacob Crowder then."

"Jacob Crowder!" exclaimed Jennie. "Why, Jimmie, he's as rich as Croesus, and he's always hated women as much as Aunt Rachel has hated men!"

"Yes," said Jimmie, "but that was before he met Aunt Rachel. He has been her righthand man for some time now, and they've seemed to hit it off pretty well. Guess they'll get along all right in double harness."

"When the girls and I steered Aunt Rachel into politics," said Jennie, "little we thought where it would all end. I'm glad, glad, though! Aunt Rachel is really splendid, but I've always thought she was suffering from something. Now I know what—it's ingrowing ambition. She will have all she can do now to take care of her own home and we won't see her so often."

"Oh, ho! So that's it?" smiled Jimmie. "Well, you girls, as has happened to many another would-be plotter before now, have found things have gotten rather out of your hands, haven't you?"

Jennie shrugged her shoulders.

"We can have the wedding here, can't we, Jimmie?" she asked, somewhat wistfully.

Jimmie wondered if she had heard him. Perhaps—and then again, perhaps not.

"I don't see where we come in on it," he remarked. "It's a church affair, you know."

"Oh!" said Jennie. "But there'll be a reception, of course, and if she'll let us have it here, I'll have every one of us girls she has helped so much in the past."

Jimmie stared. "Consistency—" he muttered.

"What's that you said, Jimmie? Are you ill?" inquired Jennie, anxiously.

"No!" replied Jimmie, "it's you women! I can't understand you at all!"

"You're not supposed to, Jimmie, dear," answered Jennie sweetly.

Somebody's Cat

By Ida R. Fargo

I never thought I should come to like cats. But I have. Perhaps it is because, as my Aunt Amanda used to say, we change every seven years, sort of start over again, as it were; and find we have new thoughts, different ideas, unexpected tastes, strange attractions, and shifting doubts. Or, it may be, we merely come to a new milestone from which, looking back, we are able to regard our own personality from a hitherto unknown angle. We discover ourselves anew, and delight in the experiment.

Or, it may all be, as my husband stolidly affirms, just the logical result of meeting Sir Christopher Columbus, a carnivorous quadruped of the family *Felidæ*, much domesticated, in this case, white with markings as black and shiny as a crow's wing, so named because he voyaged about our village, not in search of a new world, but in search of a new home. He came to us. It is flattering to be chosen. He stayed. But who could resist Sir Christopher?

My husband and my Aunt Amanda may both be right. I strongly suspect they are. I also strongly suspect that Sir Christopher himself has much to do with my change of mental attitude: He is well-mannered, good to look upon, quite adorable, independent and patient. (Indeed, if people were half as patient as my cat this would be a different world to live in.) More: He has taught me many things, he talks without making too much noise; in fact, I have read whole sermons in his soft purrings. And I verily believe that many people might learn much from the family cat, except for the fact that we humans are such poor translators. We know only our own language. More's the pity.

Had I known Sir Christopher as a kitten, doubtless he might have added still more to my education. But I did not. He was quite full grown when I first laid my eyes upon him. He was sitting in the sun, on top of a rail fence, blinking at me consideringly. The fence skirted a little trail that led from my back yard down to Calapooia Creek. It seemed trying to push back a fringe

of scrubby underbrush which ran down a hillside; a fringe which was, in truth, but a feeler from the great forest of Douglas fir which one saw marching, file upon file, row upon row, back and back to the snows of the high Cascades.

And the white of Sir Christopher's vest and snowy gauntlets was just as gleamingly clean as the icy frosting over the hills. Sir Christopher, even a cat, believed firmly in sartorial pulchritude. I admired him for that, even from the first glance; and, afterward, I put me up three new mirrors: I did not mean to be outdone by my cat, I intended to look tidy every minute, and there is nothing like mirrors to tell the truth. Credit for the initial impulse, however, belongs to Christopher C.

But that first morning, I merely glanced at him, sitting so comfortably on the top rail of the fence, blinking in the sun.

"Somebody's cat," said I, and went on down to the creek to see if Curlylocks had tumbled in.

Coming back, the cat was still there. Doubtless he had taken a nap between times. But he might have been carved of stone, so still he lay, till my youngest, tugging at my hand, coaxed:

"Kitty—kitty—kitty. Muvver, see my 'ittle kitty?"

And I declare, if Sir Christopher (my husband and ten-year-old Ted named him that very evening) didn't look at me and wink. Then he jumped down and followed, very dignified, very discreet.

I attempted to shoo him back. But he wouldn't shoo. He merely stopped and seemed to consider matters. Or serenely remained far enough off to "play safe."

Meanwhile, my youngest continued to reiterate: "Kitty—kitty—kitty! *My 'ittle kitty!*"

"No, Curlylocks," said I, "it isn't your little kitty. It is somebody's cat."

Which merely shows that I knew not whereof I spoke. Sir Christopher proceeded to teach me.

Of course, at first I thought his stay with us was merely a temporary matter; like some folk, he had decided to go on a visit and stay over night. But when Sir Christopher continued to tarry, I enquired, I looked about, I advertised—and I assured the children that some one, somewhere, must surely be mourning the loss of a precious pet; some one, sometime, would come to claim him.

But no one came.

Days slid away, weeks slipped into months, winter walked our way, and spring, and summer again. Sir Christopher C. had deliberately adopted us, for he made no move toward finding another abiding place. He was no longer Somebody's cat, he was our cat; for, indeed, is not possession nine points of the law?

Then one day when heat shimmered over the valley, when the dandelions had seeded and the thistles had bloomed, when the corn stood heavy and the cricket tuned his evening fiddle, when spots in the lawn turned brown, where the sprinkler missed, when the baby waked and fretted, and swearing, sweating men turned to the west and wondered what had held up the sea breeze—Sir Christopher missed his supper. He vanished as completely as if he had been kidnapped by the Air Patrol. Three weeks went by and we gave him up for lost, although the children still prowled about looking over strange premises, peeping through back gates, trailing down unaccustomed lanes and along Calapooia Creek, for "We *might* find him," they insisted. Truly, "Hope springs eternal."

"Perhaps, he has gone back where he came from," said Daddy. "Perhaps, he has grown tired of us."

But My Man's voice was a little too matter-of-factly gruff—indeed, he had grown very fond of Sir Christopher—and as for the children, they would accept no such explanation.

It was Curlylocks who found Sir Christopher—or did Sir Chris find Curlylocks? Anyway, they came walking through the gate, my youngest declaiming, "Kitty—kitty—kitty! *My 'ittle kitty!*"

And since that time, every summer, Sir Christopher takes a vacation. He comes back so sleek and proud and happy that he can hardly contain

himself. He rubs against each of us in turn, purring the most satisfied purr—if we could but fully understand the dialect he speaks!—as if he would impart to us something truly important.

"I declare," said Daddy, one day, "I believe that cat goes up in the hills and hunts."

"Camps out and has a good time," added daughter.

"And fishes," suggested Ted. "Cats *do* catch fish. Sometimes. I've read about it."

Daddy nodded. "Seems to agree with him, whatever he does."

"Vacations agree with anybody," asserted my oldest. And then, "I don't see why we can't go along with Sir Chris. At least we might go the same *time* he does."

"Mother, couldn't we?"—it was a question that gathered weight and momentum like a snowball rolling down hill, for I had always insisted that, with a big family like mine, I could never bother to go camping. I wanted to be where things were handy: running water from a faucet, bathtubs and gas and linoleum, a smoothly cut lawn and a morning postman. Go camping with a family like mine? Never.

But the thought once set going would not down. Perhaps, after all, Sir Christopher was right and I was wrong. For people did go camping, most people, even groups to the number of nine (the right count for our family), and they seemed to enjoy it. They fought with mosquitoes, and fell into creeks; they were blotched with poison oak, black from exposure, lame from undue exercise, and looked worse than vagrant gipsies—but they came home happy. Even those who spent days in bed to rest up from their rest (I have known such) seemed happy. And every one sighs and says, "We had such a good time! We're planning to go back again next summer."

So at last I gave up—or gave in. We went to the mountains, following up the trail along Calapooia Creek; we camped and hunted and fished to the hearts' content. We learned to cook hotcakes out-of-doors, and how to make sourdough biscuit, and to frizzle bacon before a bonfire, and to bake ham in a bread pan, such as our mothers fitted five loaves of bread in; we learned

to love hash, and like potatoes boiled in their jackets, and coffee with the cream left out. We went three miles to borrow a match; we divided salt with the stranger who had forgotten his; we learned that fish is good on other days than Friday and that trout crisps beautifully in bacon grease; we found eleven uses for empty lard pails and discovered the difference between an owl and a tree toad. We gained a speaking acquaintance with the Great Dipper, and learned where to look for the north star, why fires must be put out and what chipmunks do for a living. We learned—

Last night we came home.

"Now, mother, aren't you really glad you went?" quizzed Daddy.

"Yes-s," said I, slowly, "I'm glad I went. It has been a new experience. I feel like I'd gained a degree at the State University."

My understanding mate merely chuckled—and went on unpacking the tinware. But Ted spoke up:

"Gee! Bet I make good in English III this year. Got all sorts of ideas for themes. This trip's been bully."

"We'll go again, won't we, Mother?" asked my oldest.

"I think we'll always go again," answered I—some sober thinking I was doing, as I folded away the blankets.

"Let me get supper"—it was Laura, my middle girl, speaking—"surely I can cook on gas, if I can over a campfire." And Laura had never wanted to cook! Strange tendencies develop when one lives out in the open a space of time.

But Curlylocks was undisturbed. "Kitty—kitty—kitty! *My 'ittle kitty!*" he reiterated. And truly, so my neighbor told me, Sir Christopher had beat us home by a scant twenty-four hours. He rubbed about us in turns, happily purring.

"He's telling us all what a good time he had," said I, understanding at last, "but he is adding, I think, that the best part of going away is getting home again."

"But if we didn't go we couldn't get home again," said Somebody.

And somebody's cat purred his approval. Perhaps, after all, he finds us a teachable family. Or perhaps he knows that once caught by the lure of the hills, once having tasted the tang of mountainous ozone, we will always go back—he has rare intuitions, has Sir Christopher. For, already, I find myself figuring to fashion a detachable long handle for the frying pan: Yes, next time, we shall plan to conserve both fingers and face. Next time! That is the beauty of vacation days: We think of them when the frost comes, when the snow drifts deep, when the arbutus blooms again—and we plan, plan, plan! And are very happy—because of memory, and anticipation. We have opened barred windows, and widened our life's horizon. Does Sir Christopher guess? Wise old Sir Chris!

Homing-It in an Apartment

By Ernest L. Thurston

There were four of them—all girls employed in great offices. Alone, far away from their home towns and families, they were all suffering from attacks of too-much-boarding-house. Each was longing for a real, home-y place to live in. And out of that longing was born, in time, an idea, which developed, after much planning, figuring and price-getting, into a concrete plan and a course of action. They were good friends, of congenial tastes, and so they decided to "home-it" together.

Now this is nothing new, in itself. It was the thorough way they went about it that was not so common. They applied the rules of their business life, and studied their proposed path before they set foot in it. They looked over the field, weighed the problems, decided what they could do, and then arranged to put themselves on a sound financial basis from the start.

All had occupied separate rooms in sundry boarding houses. Each had experience in "meals in" and "meals out." Each could analyze fairly accurately her expenses for the preceding six months. After study, they decided that, without increasing their combined expense, they could have comfortable quarters of their own and more than meet all their needs. "Freedom, food, furniture, fixing and *friends*," said Margaret, "without the boarding house flavor."

They longed for a little house and garden of their own. But they were busy people, and this would mean extra hours of care and labor, more demands on their strength, and a longer travel distance—a load they felt they could not carry. So they sought an apartment.

The search was long but they found it. It was in a small structure, on a quiet street, and several flights up, without elevator. But, as Peggy said, "Elevators have not been in style in our boarding houses, and flights of stairs have—so what matters it?" The suite, when you arrived up there, was airy and comfortable. It provided two bedrooms, a cheery living room, a

dining room and a kitchenette. Clarice remarked, "The 'ette' is so small we can save steps by being within hand's reach of everything, no matter where we stand."

The rent was less than the combined rental of their four old rooms. Heat and janitor service were provided without charge, but they were obliged to meet the expense of gas for the range and of electric lights.

They might have lived along happily in their new nest without a budget, and without specific agreements as to expense. But they were business girls. So they sat right down and decided every point, modifying each, under trial, to a workable proposition. Then they stuck to it and *made* it work.

There was the matter of furnishing. Each partner, while retaining personal title to her property, contributed to general use such articles of furniture she possessed as met apartment needs. From one, for example, came a comfortable bed, from another, chairs and a reading lamp, from a third a lounge chair, and from the fourth her piano and couch. Of small rugs, sofa pillows, pictures and miscellaneous small furnishings there were sufficient to make possible a real selection.

Then the four determined on further absolute essentials to make the rooms homelike. There were needed comfortable single beds for each, dressing tables, bed linen, dining-room equipment, kitchen ware, a chair or two, and draperies. Their decisions were made in committee-of-the-whole, and nothing was done that could not meet with the willing consent of all.

To meet the first cost they each contributed fifty dollars from their small savings, and assessed themselves a dollar and a quarter per week thereafter. They then bought their equipment, paying part cash and arranging for the balance on time. And be sure it was fun getting it!

Then there was the question of meals. It was determined to prepare their breakfasts and dinners and to put up lunches. To allow a certain freedom, it was agreed that each should pack her own lunch, and that regular meals should be cooked and served, turn and turn about, each partner acting for a week. A second member washed the dishes and took general care of the apartment. Thus a girl's general program reduced to,

First week	Cooking
Second week	Free
Third week	Dishes, etc.
Fourth week	Free
Fifth week	Cooking
	Etc.

During an experimental period, the cost of provisions and ice was summed up weekly and paid by equal assessment. Later a fixed assessment of seven dollars, each, was agreed to, and proved sufficient. There were even slight surpluses to go into the mannikin jar on the living room mantel, which Clarice called the "Do Drop Inn", because it provided from its contents refreshment for those who dropped in of an evening.

Naturally there was a friendly rivalry, not only in making the most of the allotment, but in providing attractive meals and dainty special dishes. Clarice's stuffed tomatoes won deserved fame, and Margaret made a reputation on cheese soufflé. Peggy, too, was a wizard with the chafing dish.

Consideration was given the matter of special guests, either for meals, or for over-night. The couch in the living room provided emergency sleeping quarters. As for meals, separate fixed rates were set for breakfasts and for dinners. This was paid into the regular weekly provision fund by the girl who brought the guest, or by all four equally, if she were a "general" guest. The girl who brought a guest also "pitched in" and helped with the work.

Whenever the group went out for a meal, as they did now and then for a change, or for amusement, or recreation, each girl paid her own share at once.

Finally, there was the factor of laundry. After a little experimenting, household linen was worked out on an "average" basis, so that a regular amount could be assessed each week. Of course each girl met the expense of her own private laundry.

As a result of this planning, each member of the household found herself obligated to meet a weekly assessment containing the following items: Rent, furniture tax, household laundry, extras (\$1.00) and personal laundry.

Of these, the only item not positively fixed, as to amount, was the last. Each girl, naturally, paid all her strictly private expense, including clothes, and medical and dental service.

One of the number was chosen treasurer for a three-months' term, and was then, in turn, succeeded by another, so that each of the four served once a year. The treasurer received all assessments, gave the weekly allotment to the housewife, and paid other bills. Minor deficiencies were met from "surplus." Moreover, she kept accurate accounts.

Once settled comfortably in their quarters, with boarding-house memories receding into the background, it took but little time for a happy, home-y atmosphere to develop. Of course, with closer intimacy, there were temperamental adjustments, as always, but they came easily. The household machinery ran smoothly, almost from the first, because there *was* a machine, properly set up, operated and adjusted—rather than an uncertain makeshift.

To Express Personality

By Dana Girrioe

"Keep house? I should say not!" answered Anne, who had journeyed out into the suburbs to "tell" her engagement to Burt Winchester to the home folks before she "announced" it. "I'm going to retire to the Kensington, or some nice apartment hotel, at the ripe old age of twenty-four. What'd you think, we're back in the dark ages, B. F.?"

"B. F.?" repeated Aunt Milly.

"Before Ford," said Anne, laughing. "Oh, it was the thing for you, Auntie, you couldn't have brought up your own big family in a city apartment, to say nothing of stretching your wings to cover Little Orphant Annie, besides, everybody kept house when you were married!"

"And now nobody does, except a few Ancient Mariners?" inquired Cousin Dan.

Anne blushed. "Of course it suits some people, now," she amended, hastily. "Perhaps it's all right to keep house, if you have a big family, or lots of money and can hire all the fussing done."

"You don't need to hire fussing, if you've a big family," said Aunt Milly, her eyes twinkling behind the gold-bowed spectacles. "You'll keep on with the drawing—illustrating?"

"Surely," answered Anne. "Burt will keep right on being a lawyer."

"I see," said George. "Well, Queen Anne, I suppose when we want to visit you we can hire a room in the same block, I mean, hotel. I thought, perhaps, having so far conformed to the habits of us Philistines as to take a husband, you might go the whole figure and take a house!"

"Please!" begged Anne. In that tone, it was a catchword dating back to nursery days which the elf-like Anne had shared with a whole brood of

sturdy cousins, and meant, "Please stop fooling; I want to be taken seriously."

"I love to draw—but my people don't look alive, somehow," said little Milly, wistfully.

Cried Anne: "Keep trying, Milly; there is nothing so lovely as to have even a taste for some sort of creative work, and to develop it; to express your own personality in something tangible, and to be encouraged to do so. Do understand me, Auntie and the rest; it isn't that I want to shirk, but I do want to specialize on what I do best! I'll wash dishes if it's ever necessary, but why must I wish a whole pantry on myself when either Burt or I could pay our proportionate share of a hotel dish-washer, or butler, or whatever is needed?"

At the studio it was much easier.

"Some time in the early fall," Anne told her callers, who arrived by two's, three's and four's, as the news began to circulate among her friends.

"No, I won't keep this," with a jerk of her thumb towards the big, bare room which had been hers since she left Aunt Milly and the little home town. "There's a room at the top of the Kensington I can have, with a light as good as this, and that settles the last problem. I'd hate to have to go outdoors for meals, when I'm working."

"Nan Gilbert!" exclaimed her dearest friend. "You have the best luck! You can do good work, and get good pay for it, and be happy all by yourself; and now you're going to be happier, with a husband who'll let you live your own life; you'll be absolutely free, not even a percolator to bother with, nothing to take your mind from your own creative work, free to express your own personality!"

"Mercy," said Anne, closing the door upon this last caller. "If I don't set the North River, at least, on fire, pretty soon, they'll all call me a slacker."

She hung her card, "Engaged," upon the door leading into the hall (some one had scrawled "Best Wishes" underneath the printed word), and proceeded to get her dinner in a thoughtful frame of mind. The tiny kitchenette boasted ice-box, fireless, and a modest collection of electric

cooking appliances; in a half-hour Anne had evolved a cream soup, a bit of steak, nearly cubical in proportions, slice of graham bread, a salad of lettuce and tomato with skilfully tossed dressing, a muffin split ready to toast, with the jam and spreader for it, and coffee was dripping into the very latest model of coffee-pots. Anne had never neglected her country appetite, and was a living refutation of the idea that neatness and art may not dwell together. She moved quietly and with a speed which had nothing of haste; her mind was busy with a magazine cover for December, she believed she'd begin studying camels.

After dinner came Burt Winchester, a steady-voiced, olive-skinned young man, in pleasant contrast to Anne's vivacious fairness, and together they journeyed uptown and then west to the Kensington, for a final decision upon the one vacant apartment. The rooms were of fair size, they were all light, and the agent had at least half a yard of applicants upon a printed slip in his pocket.

Burt studied the apartment not at all, but his fiancée with quiet amusement. He was much in love with Anne, but he understood her better than she had yet discovered.

"I don't think we'll ever find anything better," she was saying to him. "Perhaps he'd have it redecorated for us, with a long lease—"

The agent coughed discreetly. "The leases are for one year, with privilege of renewal," he said to Burt. "It has just been redecorated; is there anything needed?"

"It would all be lovely, if one liked blue," murmured Anne. "Just the thing for some girl, but not for me, all that pale blue and silver, it doesn't look a bit like either of us, Burt. I had worked out the most stunning scheme, cream and black, with a touch of Kelly green—"

Another cough, somewhat louder, and accompanied by an undisguised look of sympathy for Burt. "The owner prefers to decide the decorations, Madame," said the agent. "Tastes differ so, you understand."

"Please hold the suite for me until tomorrow night," said Burt, decisively. "I suppose we'll take it; if not, I'll make it right with you."

"I should say, 'tastes differ,'" laughed Anne, tucking her arm into Burt's, as they began the long walk down-town. "Do you know, Aunt Milly and the girls thought, of course, we'd keep house, and Dan and George are going to pick out girls that will keep house, I saw it in their eyes. You—you're going to be satisfied, Burt?"

"I think so," answered Burt, judiciously, and then with a change of tone, "Nan, you precious goose, you've always told me you were not domestic."

"And you've always said you were no more domestic than I was," finished Anne, happily. She entirely missed the quizzical expression of the brown eyes above her. "Nuff said.—Are we going to Branton tomorrow, Burt, with the crowd? Can you take the day?"

Anne's "crowd," the half-dozen good friends among the many acquaintances she had formed in the city, were invited for a day in the country. She and Burt now talked it over, agreeing to meet in time to take the nine-thirty train, with the others.

But at nine, next morning, Burt had not appeared at the studio; instead, Miss Gilbert had a telephone message that Mr. Winchester was delayed, but would call as soon as possible. It was unlike Burt, but Anne, sensibly, supposed that business had intervened, and, removing her hat, was glad to remember that she had not definitely accepted the invitation when it was given. The "crowd" were sure enough of each other and of themselves to appear casual: Burt and she could take a later train, and have just as warm a welcome.

At nine-thirty Burt appeared, explaining briefly, "Best I could do. There's a train in twenty minutes, we'll catch it if we hurry."

Anne hurried, which proved to be unnecessary, as the train seemed late in starting; during the trip there was little conversation, as Anne was tactful, and Burt preoccupied.

"Branton!" called the conductor, at least it sounded like Branton, Burt came out of his reverie with a start, and Anne followed him down the aisle. They stood a moment upon the platform of the quiet little station and watched the train pull out; as they turned back into what seemed the

principal street, Anne craned her neck to look around an inconvenient truck piled with baggage, and made out the sign, Byrnton.

"Oh, Burt, what were we thinking of?" she exclaimed. "This isn't the right place at all! We were to take the road up past a brick church—and there isn't any here—this is Byrnton, and we wanted Branton. What shall we do—why don't you say something?"

"Fudge!" said Burt, soberly, but in his eyes the dancing light he reserved for Anne. "I'll ask the ticket-agent."

He came out of the station, smiling. "This isn't the Branton line at all, but a short branch west of it," he informed her. "We took the wrong train, but he says lots of people make the same mistake, and they are going to change one name or the other, eventually. I am to blame, Nan, for I know this place, Byrnton; I have, or used to have, an Aunt Susan here, somewhere—shall we look her up? We have nearly three hours to kill. It will be afternoon before we can get to Branton—and Aunt Susan will give us nourishment, at least, if she's home."

"Very well," Anne assented. If Burt's business absorbed him like this, she must learn to take it philosophically.

"What a pretty place, Burt! Do see those wonderful elms!"

Byrnton proved to be an old-fashioned village, which had had the good fortune to be remodelled without being modernized. Along the main street many of the houses were square, prim little boxes, with front yards bright with sweet williams, marigolds, and candytuft; these had an iron fence around the garden, and, invariably, shutters at the front door. An occasional house stood flush with the brick or flagged sidewalk; in that case there were snowy curtains at the window, and a glimpse of hollyhocks at the back. The newer houses could be distinguished by the wide, open spaces around them; the late comers had not planned their homes to command the village street, and neighbors, as an older generation had done, but these twentieth century models did not begin until one had left the little railway station well behind.

"What a homely, homey place," said Anne, noting everything with the eye of an artist. "I don't see how you could forget it, if you have an aunt living here."

"That's the question," answered Burt. "Have I an aunt living here? She may be in California; however, in that case, the key will be under the mat."

Anne continued to look about her, with sparkling eyes. "If Aunt Milly had lived in a place like this, I'd be there yet," she told him. "The factories spoiled the place for me, but they made business good for Uncle Andy and the boys, and Aunt Milly likes the bustle, she'd think this was too quiet.—Isn't it queer how people manage to get what they want—in time?"

"It is, indeed," smiled Burt. "There, Nan, that low white cottage at the very end, the last before you come to open fields. That's Aunt Susan's."

They quickened their pace; Anne was conscious of an intense wish that Aunt Susan might be home. She wanted to see the inside of the white house, bungalow, it might almost be called, if one did not associate bungalows with stucco or stained shingles. This cottage was of white wood, with the regulation green blinds. There was an outside chimney of red bricks; a pathway of red bricks in the old herringbone pattern led up to the front door, with its shining brass knocker. A row of white foxgloves stood sentinel before the front of the house, on each side the entrance, their pointed spires coming well above the window-sills; before them the dark foliage of perennial lupins, tossing up a white spray of flowers, and then it seemed as if every old-fashioned flower of white, or with a white variety, ran riot down to a border of sweet alyssum. Above all the fragrance came the unmistakable sweetness of mignonette.

"Oh, Burt!" called Anne, "I do hope she's home. What a woman she must be, I can guess some things about her, just from the outside of her house. I hope she'll show me the inside of it."

Burt shook his head. "She'd have seen us before this and been out here," he suggested. "Come 'round to the back."

The back of the premises proved no less fascinating; there was the neatest of clothes-yards, a vegetable garden, and a small garage, after which Anne regarded the silent cottage with wistful eyes.

"Those beautiful, old-fashioned flowers, no petunias but the white frilled kind,—she's an artist—and has the wash done at home," she enumerated, "and runs her automobile herself, I am sure, for she's a practical person as

well; if she were just a sentimental flower-lover, she'd have had something or other climbing up the house, and it spoils the woodwork."

"It's safe to say Aunt Susan's in California," said Burt, disregarding this. "No joke, Nan, she has a married daughter who has been trying to get her out there for years, and Aunt Susan's always threatening to go. Never thought she would, but we can soon find out; I know who'll have the key."

He left Anne and walked back to the house just passed, and presently reappeared with the key. "Here you are. Aunt Susan left it with Mrs. Brown, who is to look after the place, and to use her judgment about letting people in. Aunt Susan has only been gone two days, she went hurriedly at the last, and Mrs. Brown is to close the house for her, but she hasn't got 'round to it yet. Lucky for us, there'll be everything we need for lunch; I brought eggs—see?"

Laughing like a boy. Burt unlocked the back door, and then produced four eggs, from as many pockets. He laid them carefully down upon the kitchen table.

"Now, Nan, we can use anything in the kitchen or pantry, and Mrs. Brown has a blueberry pie in the oven which she'll give us, she'll bring it over when it's done.—Want to go over the house?—Give you my word it's all right, in fact Aunt Susan told Mrs. Brown she wished she could rent it, as is, if she only knew somebody who would love it—that was her word. You can love it until the afternoon train, can't you?"

If Anne heard, she made no reply, she was exploring.

Downstairs, a wide hall occupied a central third of the house; it was well lighted by the windows each side the front door, and by double doors of glass, which opened on to the back porch. On one side the hall were kitchen and pantry, nearly equal in size, and glistening with white paint, aluminum, and blue and white porcelain. With a hasty glance over these treasures, to which she was coming back, Anne stepped out into the hall again, and around to the front of the winding staircase, and entered what she knew at once for the "owner's bedroom." There were windows on two sides, as this was a front room, and each broad sill bore its own pot of ferns. The furniture here was all old-fashioned, of some dark wood that had been

rubbed to a satin finish, the floor was of plain surface, with braided mats, and a blue and white counterpane provided the only bit of drapery in the room. Anne's bright head nodded with satisfaction. Here was character; to win Aunt Susan's respect would be no light task, her personal and intimate belongings showed an austere sense of values and an almost surgical cleanliness. Yet Aunt Susan could not be a martinet; her hall, furnished for other people, showed due regard for their comfort; the living room, which took the entire western side of the cottage, bore unmistakable signs of much occupancy, with wide and varied interests. A set of dark shelves, at the lower end, held china, and suggested that one might also eat at the refectory table, which was furnished as a desk and held a few books, many writing materials, and a foreign-looking lamp. There was also a piano, well littered with music, a sewing bag thrown down upon a cretonned window seat, and the generous fireplace was flanked by two huge baskets, one heaped with magazines, the other a perfectly round mound of yellow fur, which suddenly took form and life as a yellow tabby cat fastened hopeful topaz eyes upon them, blinked away a brief disappointment, and then yawned with ennui.

"His missie left him all alone," said Anne, bending to stroke the smooth head. "What's upstairs, Burt?"

"Go and look, I'll take your place with the Admiral until you come back," offered Burt, and at sound of his name the yellow cat jumped out and began rubbing against a convenient table leg. Anne found them in the same relative positions when she returned from her inspection of the upper floor.

"Your Aunt Susan must use it for sewing," she told Burt, dreamily. "With that big skylight—it could be a studio, couldn't it?"

"It is," Burt informed her. "Aunt Susan is an artist—with her needle. She gives, or gave, dressmaking lessons, in her idle moments. She gave up dressmaking, when she bought this house and settled here, but now she teaches the daughters of her old customers, they come out in automobiles every Wednesday, in winter. Saturday afternoons she has some of the young girls in the village, here,—without price—and without taste, too, some of them! And Nan, I hate to mention it, but—Aunt Susan is a pretty good cook, too!"

"Feed the brute!" quoted Nan, with a gay laugh. "Will the Admiral drink condensed milk?"

Mrs. Brown came over with her blueberry pie as Burt was summoned to luncheon. She surveyed the table, which Nan had laid in the kitchen, and then the Admiral, who was making his toilette in a thorough manner that suggested several courses, with outspoken approval.

"My, I wish Susan Winchester could pop in this minute. You found the prepared flour, and all—baked 'em on the griddle! Wa'n't that cute! I never did see an omelet like that except from Susan Winchester's own hands, and she learned from a Frenchwoman she used to sew with. Some folks can pick up every useful trick they see."

Turning to Burt, she continued:

"With all the new fangle-dangles of these days, women voting and all, you're a lucky boy to have found an old-fashioned girl!"

"I know it," said Burt, brazenly, but he did not meet Anne's astonished eyes. "My girl has learned the best of the new accomplishments, without losing what was worth keeping of the old."

Anne's judgment told her it was a good luncheon—no better than she served herself at home, though. She stared at her own slim, capable fingers. Was she domestic, after all?

"We've been looking at apartments in the city," Burt went on—"apartments in a hotel, you know.—Try the omelet, Mrs. Brown—Nan's don't fall flat as soon as other omelets do.—But we haven't found what really appeals to us."

"I should think not," declared Mrs. Brown, vigorously. "I always say a person hasn't a spark of originality that will go and live in a coop just like hundreds of others, all cut to the same pattern. Look at your Aunt Susan, now. This house belonged to old Joe Potter, he built it less'n ten years ago an Mis' Potter she had it the way she wanted it, and that was like the house she lived in when she was a girl, little, tucked-up rooms, air-tight stoves, a tidy on every chair, and she made portières out of paper beads that tickled 'em both silly—yes, and tickled everybody in the ear that went through 'em,

though that wan't what I meant to say. When she died, Joe wouldn't live here, said he wouldn't be so homesick for Julia in another house, this one was full of her. So, your Aunt Susan bought it, and what did she do?

"She knocked out partitions, took down fire-boards, threw out a good parlor set and lugged in tables and chairs from all over, put big panes of glass where there was little ones—in some places, she did, and only the good angels and Susan Winchester knows why she didn't change 'em all, they're terrible mean to wash—made the front hall into a setting room and the parlor into a bedroom, got two bathrooms and no dining room—well, to make a long story short, this house is now Susan Winchester. Anybody that knows Susan would know it was her house if they see it in China.

"Did you learn to keep house with your mother?"

The transition was so abrupt that Anne started. "I—my aunt brought me up—and nine cousins," she answered. "My aunt is as unlike Burt's as you can imagine, but just as dear and good. She had a big family, and there was never time enough to have her home as she wanted it—so she thought—and I thought so, too—but yet—Aunt Milly's home was always full of happy children, and, perhaps, that's what she really wanted, more than dainty furnishings or a spotless kitchen."

"Folks, mostly, get what they want, even if they don't know it," confirmed Mrs. Brown. "Look at the Admiral, here. He don't want to come over and live with me, same as Susan meant he should. He wants to stay right in his own home, and have his meals and petting same as usual, and here you come along today and give them to him. Trouble is, folks don't always know what it is they want."

When Mrs. Brown went back to her own dinner, she left Anne with something to think about. Washing the dishes in Aunt Susan's white sink, which was fitted to that very purpose, drying them upon a rack which held every dish apart from its neighbors, and, finally, polishing the quaintly shaped pieces upon Aunt Susan's checked towel, which remained dry and spotless; opening every drawer and cupboard to see that all was left in the dainty order she had found there, Anne had a clear vision of the blue and silver furnishings at the Kensington. What had she told Burt: "It doesn't look like either of us"?—while Aunt Susan's home—

"Burt," she called, "come and answer this question. Did you come to Byrnton instead of Branton on purpose?"

"What's this?" said Burt. "Cross-examination?"

"It's an examination, surely, but I won't be cross," replied Anne, with a rare dimple. "You must answer my question truly."

"Yes, Your Honor," said Burt. "I did, Your Honor."

"Did you know your Aunt Susan wouldn't be home?"

"Our Aunt Susan," corrected Burt.—"No, Your Honor—that is, I thought —"

"You knew she was going to California?"

"Yes, Your Honor."

"This summer?"

"I didn't know exactly when—honestly, Nan, I did want you to meet her."

"Why?"

"I knew you'd like the way she keeps house. I didn't realize that the house could speak for itself, without her.—You do like it, Nan?"

"I don't have to answer questions, because I'm the Judge," Nan told him. "I'll ask you one more. Do you want me to ask you to take this cottage, for us, in the fall, and stay in it until Aunt Susan comes back?"

"Not unless Your Honor pleases."

"Case dismissed, for lack of evidence," said Nan.—"Burt, could we live here?"

"We could. I'll admit it's what I'd like, if you do. The difference in rents would buy gasoline. Could you work here, and keep house, too?"

"I can if I'm smart," answered Nan, soberly. "I wonder if I'm smart."

"Dear," said Burt. "What have you done since you came to New York but work and keep house, too, in less convenient quarters than this, and with no one to help you—no good husband like me—?"

"That's so!" she turned a radiant face upon him.

"If we like, we can begin another home, of our very own, when Aunt Susan wants hers back," Burt smiled quizzically. "No one else's house would suit you for always, Nan. Ask me why."

"Why?"

"Because," said Burt in triumph, "personality, like the measles, will out!"

AMERICAN COOKERY

FORMERLY THE

BOSTON COOKING-SCHOOL MAGAZINE

OF
Culinary Science and Domestic Economics

SUBSCRIPTION \$1.50 PER YEAR, SINGLE COPIES 15C
POSTAGE TO FOREIGN COUNTRIES, 40C PER YEAR

TO SUBSCRIBERS

The date stamped on the wrapper is the date on which your subscription expires; it is, also, an acknowledgment that a subscription, or a renewal of the same, has been received.

Please renew on receipt of the colored blank enclosed for this purpose.

In sending notice to renew a subscription or change of address, please give the *old* address as well as the *new*.

In referring to an original entry, we must know the name as it was formerly given, together with the Post-office, County, State, Post-office Box, or Street Number.

ENTERED AT BOSTON POST-OFFICE AS SECOND-CLASS MATTER

LOVE'S DAY

When the morning on the hill crest snuffs the candles of
the night,
And the wide world blooms in beauty with the coming
of the light,
With the morn awakens, ever sweet and ever new,
The happiness of knowing I share the dawn with you.

When the morning shadows shorten on the sunny slopes
of noon,
And the roads of earth are humming with toil's deep,
insistent tune,
Fragrant as a sea wind, blowing from an island blue,
Through moiling hours of toiling comes my memory of
you.

When the shadows of the twilight like long lashes dim
and gray
Close in slumber softly o'er the weary eyes of day,
Calling through the twilight like harbor lights from sea,
Your love becomes a beacon that shines with cheer for
me!

Arthur Wallace Peach.

LIMITATION OF ARMAMENTS

"On Armistice Day, November 11, at the hour when the twenty-four men representing the six participating nations first face each other across the council table, a nation-wide demonstration will be under way in the United States. Organized labor announces that in every town and city the workers will join with other citizens in mass-meetings and parades and that the keynote of Armistice Day should be, 'It is time to disarm.' It will help in impressing upon our own government and upon other governments that the people are weary of war-made tax burdens; that they are deeply in earnest in their demands that these burdens be removed. It will strengthen the purpose of the four men who are to represent America to know that they have the support of the workers and the voters. The action of organized labor will help in liberating and directing these 'moral forces'; but Labor cannot do it alone. There are others of these 'forces' that cannot be tapped or directed by Labor, and these must come into action. The time is drawing nigh for their mobilization."

Philadelphia Public Ledger.

"Without the crowding, persistent, fighting force of the masses the crusade cannot be won. This is the people's salvation and it is, therefore, the people's fight. It is now up to the people of this country to make their wishes known and their opinions felt. It should be constantly in mind that, without the mobilized moral force of those upon whom these crushing burdens are now falling, there is little hope that the load will ever be lifted. If it is not lifted, no one can prophesy what lies beyond. There can be no relief from taxes, no relief from expenditures and no relief from war, except through disarmament."

W. E. BORAH.

"One more war, fully prepared for, prepared for with all the diabolical perversions of science, will reduce Europe and America to what Russia is

today."

Churchman.

Certainly we believe in the closest limitation of armament. In this matter we would go to the extreme limit. We are tired of militarism and tired of war and the rumors of war. While we need and desire a merchant marine, we have no use for fighting ships or submarines. Years ago we began to dream that America would never engage in another war, but we have witnessed the most horrid conflict that ever devastated the earth. How can any one ever want war again? The nation that makes an aggressive attack on another should be regarded as an outlaw and treated as such by the rest of the world. Dissensions are sure to arise, but these can be settled by conference and agreement or by arbitration.

Prosperity is dependent on peace. No other world-wide saving can equal that which can be gained through limitation of armament. The wealth of the world consists of just what the world produces. The one master word of the day is Production. People are not producing enough to satisfy all their wants; there is not stuff enough to go round. As a nation we need less of politics and more of production. Our main contention should be a moral appeal for unity in the industrial world. "The field for constructive, imaginative, and creative minds is the field of commerce."

A PIONEER IN HOME ECONOMICS

From a recent report by Mr. Eugene Davenport, vice-president of the University of Illinois, we draw the following:

Miss Isabel Bevier retired this year from her work in Home Economics at the University of Illinois. She entered the service of the University in 1900. During the twenty-one years of its existence, Professor Bevier has given herself unsparingly to the development and conduct, day by day, of the department of Home Economics. The field was almost entirely new, as a university subject. The courses have been outlined and conducted with a double purpose in mind. First, the presenting of home economics as a part of a liberal education; and second, the development of courses leading to a profession in teaching, dietetics, and cafeteria management.

The first graduating class in 1903 numbered three. The number rapidly increased, reaching ninety-four in 1918. The total number of students coming under the instruction of the staff of teachers for the last twenty-one years is approximately 5,000.

If efforts are to be judged by their results, whether in respect to alumnae or the present registration of undergraduate students, it is not too much to say that the purposes of this department have been in the main accomplished, by which is meant that the department has trained hundreds of competent executives and teachers without such exclusive attention to the professional as to break the contact with that great mass of university women who are to become, not teachers or professionals of any kind, but the heads of American homes. To achieve this double purpose has been the great ambition of the department, in which it has eminently succeeded.

It is not too much to say that at present, no department of the university enjoys more of the confidence and respect of the institution than does the department of Home Economics.

At the Recognition Service in honor of Professor Bevier, in May, 1921, the alumnae presented the University with an excellent portrait of Miss

Bevier.



"FEEDING-THE-FAMILY" CLUB

Women are waking up to the fact that upon their shoulders rests the responsibility of having a healthier nation. Too many people are dying of avoidable diseases. Rich foods have taken more toll of life than war and pestilence, dietitians tell us. More and more stress is being placed upon diet—not for the sick only, but for those in good health, that they may preserve it. By diet we mean the proper combinations of foods and the scientific uses of vitamins, starches, proteins and acids. What we need is more than a reading acquaintance with those subjects.

A certain group of women in Long Beach, Calif., have decided that the acquisition of knowledge concerning food properties is the only way to better living for their families. They have grouped together under the name of the "Feeding-the-Family" Club, and, under the leadership of the head of the department of domestic science of the public schools, they meet on Wednesday evening each week for two hours to learn how to prepare healthful, nourishing meals for the average family. There are sixteen women in the group, representing fifty-six persons, most of whom are children in school. Think what it means to those children to have mothers who are vitally interested in seeing them grow up to be strong, virile men and women. "Knowledge makes Power," ay, the knowledge of the mothers of today makes for the powerful citizens of tomorrow.

R. C. C.

DO YOUR OWN WORK AND SAVE MONEY

If you are one of the people who are "sick unto death" of these thrift articles and are utterly weary of reading how to clean your porcelain gas-stove and keep your electric washer in repair.

The magazines are so full of helpful hints to the \$5,000 and upwards class, that it seems as though a mere person like myself might inquire, "How about poor us? Won't somebody write something for us? How can we, who make up most of the world, live within our incomes?"

As nobody has responded as yet, I am going to tell how we manage and, possibly, some one else may be helped thereby.

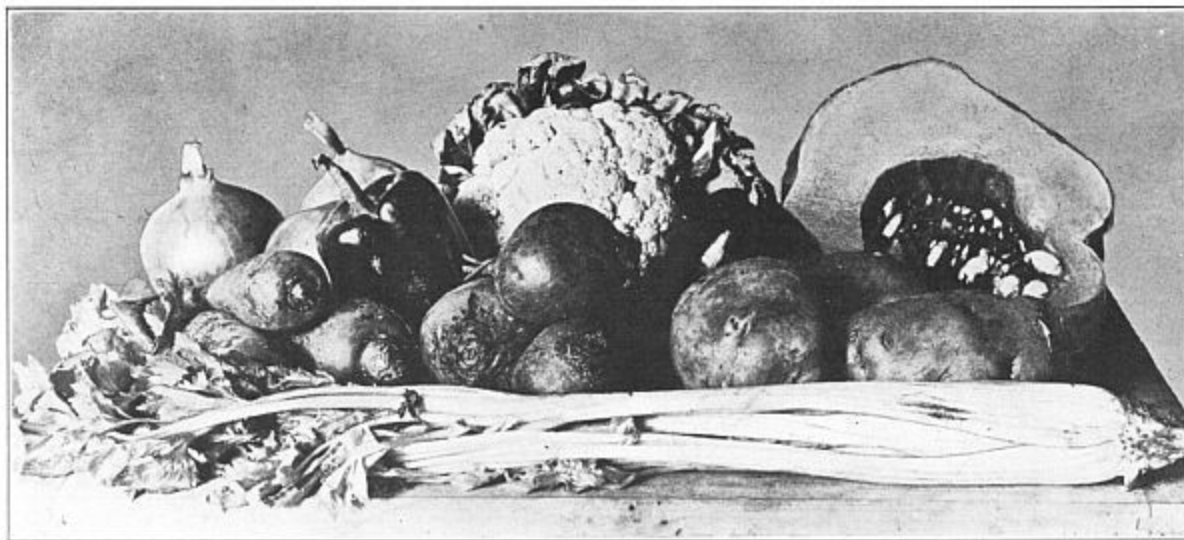
Six years ago, when my husband and I awoke from our honeymoon trance, we found ourselves in California, strangers in a lone land, penniless and jobless. My husband was blessed with neither college education nor profession, but we were both young and undaunted—therefore we pulled through. We rented an apartment, furnished, at \$15 per month and buckled in. I might say that the rent didn't have to be paid in advance or we wouldn't have moved in. My soul mate—otherwise husband—worked as a truckman, a taxi driver, a cement lamp-post worker, a chauffeur, a night watchman, a salesman, a cook and a dish-washer. In five years we moved twenty different times, an average of once every three months (not because we wished to skip our rent, but because my husband found jobs in so many different parts of the city).

The end of the sixth year has found us located, at last. We get \$150 per month and live on that alone. We are buying our own home, a flivver stands in the garage, our house is nicely furnished (a good deal of the furniture we have made ourselves) and we dress and live respectably. I do all my own cooking, washing, ironing, sewing, cleaning, baking and gardening, with a little writing thrown in as a spare-time occupation. No electric machine, \$300 gas stove, \$700 bedroom set, nor blue-geese stenciled kitchen yet

graces our home. No little tea-wagon runs our food to the table. We don't lay by 35 cents in one envelope, \$1.25 for electricity in another, nor 63 cents per week for meat in another. We merely save a small portion each month. First, toward our home and the rest we spend or save as we see fit. Our twenty chickens help out a little in meat and eggs, but one whole year passed by before we bought linoleum for kitchen or bath-room. At present we are working on a \$7 second-hand writing desk with varnish remover and putty knife and in the end we shall have a very modern, pretty, little, fumed-oak desk for one-seventh the cost of a new one.

So, Ladies, get in and do your own work. Forget the servant problem and the money question. Make things yourselves and see how much fun there is in Life. Don't be afraid to soil your hands—cold cream will fix them. Get as much fun out of each day as possible.

H. W. P.



SOME HOMELY THANKSGIVING VEGETABLES

Seasonable-and-Tested Recipes

By Janet M. Hill and Mary D. Chambers

In all recipes where flour is used, unless otherwise stated, the flour is measured after sifting once. Where flour is measured by cups, the cup is filled with a spoon, and a level cupful is meant. A tablespoonful or a teaspoonful of any designated material is a LEVEL spoonful. In flour mixtures where yeast is called for, use bread flour; in all other flour mixtures, use cake or pastry flour.

Potage Parmentier

Cook the well-washed, white stalks of two or three leeks, sliced lengthwise, in two tablespoonfuls of fat in a saucepan, and allow to remain over the fire for five or six minutes, or until slightly colored. Add four large potatoes, pared and sliced, one quart of cold water, and two teaspoonfuls of salt, cover, and cook for twenty minutes after the water boils. Strain out the potatoes and leeks and press through a colander. Thicken the water by adding one-fourth a cup of flour, blended with two tablespoonfuls of butter or a substitute; stir until it has boiled for one minute; add one-half a teaspoonful of white pepper, stir into it the potato purée, and let the whole come to a boil. Pour into the tureen, and add one-half a cup of rich cream, a cup of well-browned croûtons, and a few chervil leaves, or the green leaves of cress or any preferred herb. The addition of the half-cup of rich cream is essential to the soup "parmentier."

Potato-and-Peanut Sausages

Mix one cup of roasted and fine-ground peanuts with one cup and one-half of highly seasoned mashed potatoes. Add one beaten egg, and form the mixture into small sausage-shaped rolls, rolling each one in flour. Roll on a hot pan, greased with bacon fat, or bake in a very hot oven, until the outside

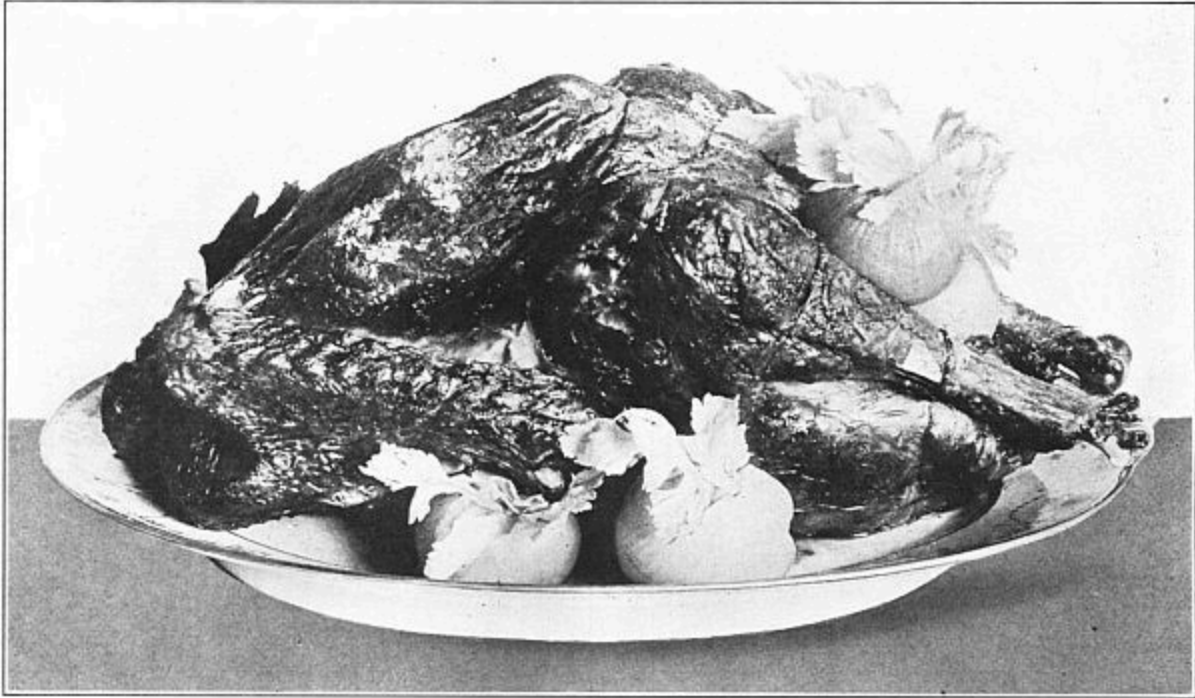
of the sausages is lightly browned. Pile in the center of a dish, and garnish with curls of toasted bacon, placed on a border of shredded lettuce.

Roast Turkey

Clean, stuff and truss a twelve-pound turkey, that, when cooked, may rest on the wings level on the platter, the drumsticks close to the body. Rub all over with salt and dredge with flour. Cover the breast with thin slices of salt pork. Set on a rack in a baking-pan (a "double roaster" gives best results). Turn often, at first, to sear over and brown evenly. For the first half hour the oven should be hot, then lower the heat and finish the cooking in an oven in which the fat in the pan will not burn. Cook until the joints are easily separated. It will require three hours and a half. Add no water or broth to the pan during cooking. For basting use the fat that comes from the turkey during cooking.

Turkey Stuffing

Add one teaspoonful of salt, one-fourth a teaspoonful of pepper and one tablespoonful and one-half of poultry seasoning to three cups of cracker crumbs; mix thoroughly and add three-fourths a cup of melted butter.



ROAST TURKEY

Garnish the Roast Turkey with Stuffed Onions

Parboil eight choice onions about one hour. Remove from the water and cut out a circular piece from the top of each to form cups. Chop, fine, the pieces of onion; add an equal measure of cold, cooked ham, salt and pepper to season, one-fourth a cup, each, of fine, soft crumbs and melted butter and mix thoroughly. Season the inside of the cups with salt, then stuff with the prepared mixture. Bake slowly about half an hour, basting with melted butter. Serve decorated with celery tips.

Oyster-and-Onion Purée

Steam one pound of white onions, and when tender sift through a colander. Cook one quart of oysters in their liquor until the gills separate; strain, and chop the oysters in a chopping bowl. Return the liquor to the saucepan, and cook with three tablespoonfuls of flour and three tablespoonfuls of softened butter, rubbed together, stirring constantly until

well thickened and smooth. Season with one teaspoonful and one-half of salt and one-half a teaspoonful of pepper. Sift into the onion-pulp one-fourth a cup of flour, and stir until blended; add one-fourth a teaspoonful of celery seed and one bayleaf, and mix with the thickened oyster liquor. Stir until the whole comes to a boil and the purée is thick as porridge. Add the chopped oysters and one pint of thin cream, let heat through, and serve with oysterettes, saltines or other plain crackers.

Salmon à la Creole

Clean and scale a small salmon, stuff with one-half a loaf of stale bread moistened with hot water, seasoned with one-fourth a cup of butter, salt and pepper to taste, and one-half a cup of capers. Mix all well, and bind with one beaten egg. Place the salmon on the rack of a baking-pan in a very hot oven, cover with thin slices of bacon, and let cook until done. Serve on a bed of chopped fresh mushrooms, cooked in a little bouillon, and garnish the dish with small fresh tomatoes.

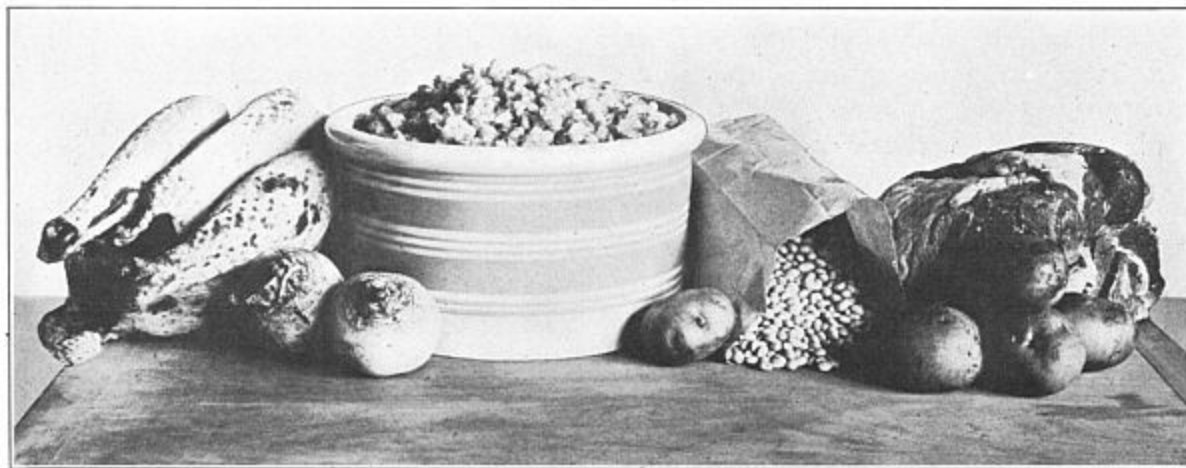
Brother Jonathan

Make a mush of yellow cornmeal, and mould in cylindrical moulds, such as baking powder boxes or brown bread moulds. Let stand until next day, and cut into slices. Arrange the slices on a large porcelain pie-plate in pyramidal form, sprinkling each layer with some sharp, hard cheese, grated, and seasoned with a very little red pepper. Sift buttered crumbs freely over the whole; brown in a hot oven, and serve as a vegetable with fish, with sour grape jelly melted and poured over it.

Plymouth Succotash

Boil, separately, one chicken and four pounds of corned beef. The next day remove meat and fat from both kettles of liquid, combine liquids, season with salt (if needed) and pepper; when boiling add five quarts of

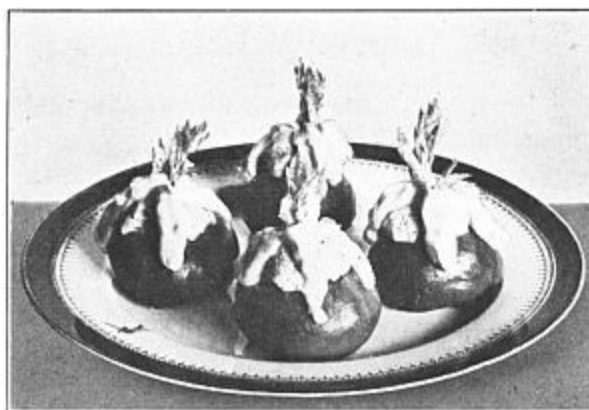
hulled corn; remove to slow fire and let simmer three hours. Have ready three pints of New York pea beans that have been soaked twelve hours, boiled until soft and strained through a sieve; add to soup (for thickening). Boil one yellow turnip (or two white turnips), and six potatoes; when done add to succotash. This recipe makes eight quarts.



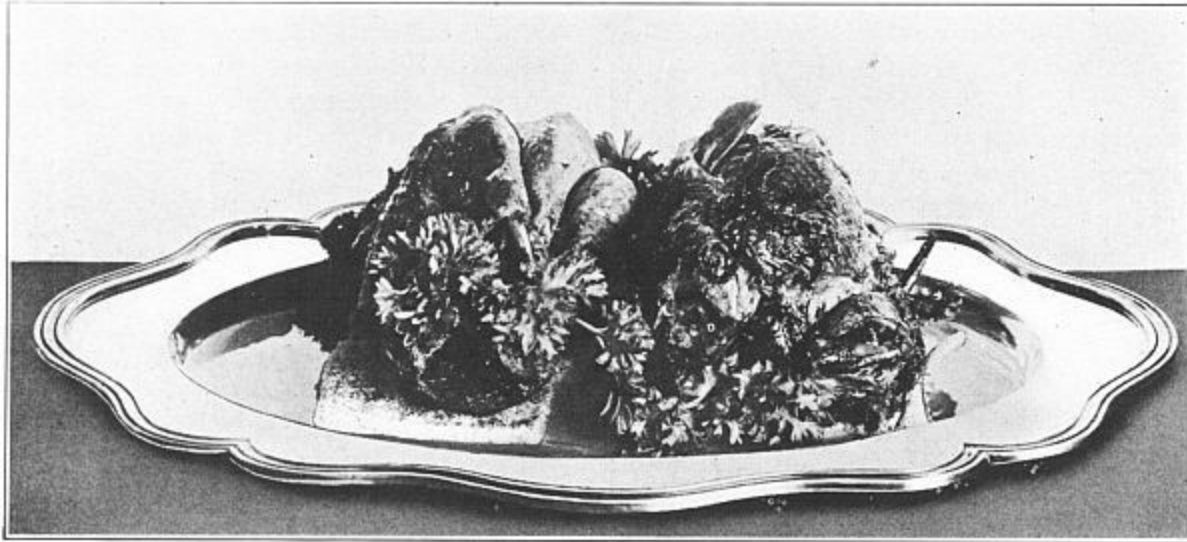
PLYMOUTH SUCCOTASH

New England Salad

Dress flowerets of cold, cooked cauliflower with oil, salt, pepper and vinegar. From cold, cooked beets remove the top and center portions to make beet cups. Arrange the prepared cauliflower to fill cups, pour over boiled salad dressing and arrange a heart of celery in each filled beet-cup.



NEW ENGLAND SALAD



GUINEA CHICKENS

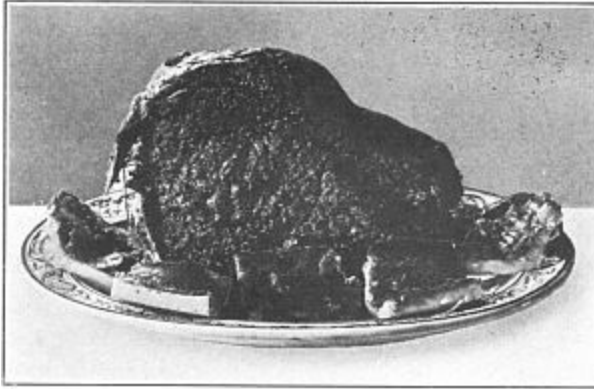
Guinea Chickens

Clean and truss two guinea chickens; place on a bed of sliced, uncooked carrots, potatoes and celery, arranged in the bottom of a casserole—(a large bean-pot serves as well). Sprinkle the chicks with salt and pour over them melted butter; set the cover in place. Bake in a moderate oven one hour and one-quarter, basting every fifteen minutes with melted butter. Add no water to the casserole.

Rib Roast of Beef with Yorkshire Pudding

Place a rib roast of beef on a rack in a dripping pan; dredge with flour and sear over the outside in a hot oven, then add salt and pepper and drippings and let cook at a low temperature until done, basting every ten minutes. Remove to a platter and serve with Yorkshire pudding.

Yorkshire Pudding



RIB ROAST WITH YORKSHIRE PUDDING

Sift together one cup and a half of flour, and one-third a teaspoonful of salt; gradually add one cup and one-half of milk, so as to form a smooth batter; then add three eggs, which have been beaten until thick and light; turn into a small, hot dripping pan, the inside of which has been brushed over with roast beef drippings; when well risen in the pan, baste with the hot roast beef drippings. Bake about twenty minutes. Cut into squares and serve around the roast.

Apple Mint Jelly for Roast Lamb

Cut the apples in quarters, removing imperfections. Barely cover with boiling water, put on a cover and let cook, undisturbed, until soft throughout. Turn into a bag to drain. For a quart of this apple juice set one and one-half pounds of sugar on shallow dishes in the oven to heat. Set the juice over the fire with the leaves from a bunch of mint; let cook twenty minutes, then strain into a clean saucepan. Heat to the boiling point, add the hot sugar and let boil till the syrup, when tested, jellies slightly on a cold dish. Tint with green color-paste very delicately. Have ready three to five custard cups on a cloth in a pan of boiling water. Let the glasses be filled with the water; pour out the water and turn in the jelly. When cooled a little remove to table. (English recipe.)

Marinated Cutlets

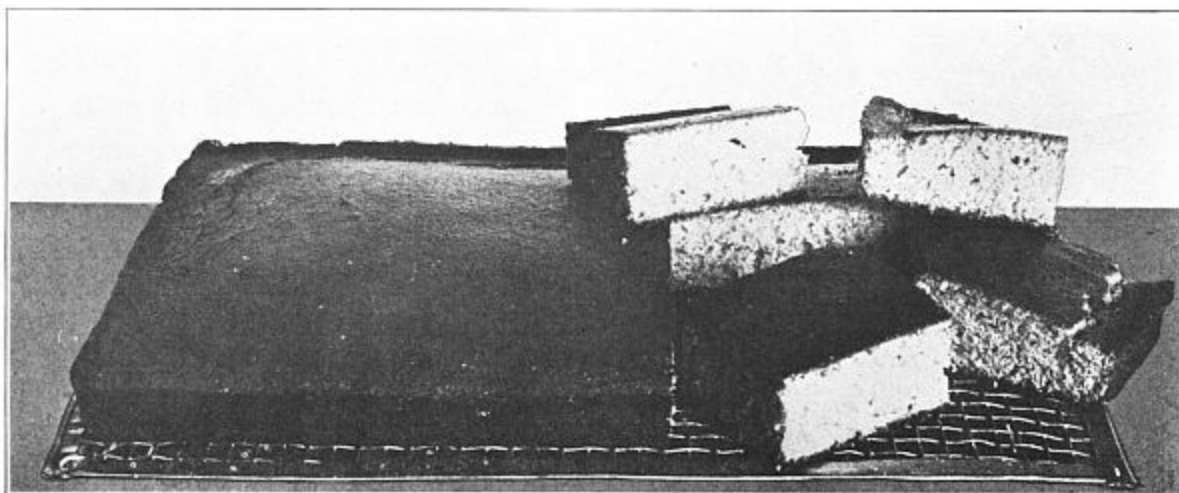
Cut a pound of the best end of neck of mutton into cutlets, allowing two cutlets for each bone, beat them with a cutlet bat and trim them neatly. Let them soak for an hour in a marinade made by mixing six tablespoonfuls of red wine vinegar, one tablespoonful of olive oil, half a teaspoonful of salt,

six bruised peppercorns, a minced onion, a sprig of thyme, and a bayleaf. At the end of the hour drain the cutlets, and dredge them with flour to dry them. Brush over each one with beaten egg, and roll it in bread-crumbs; repeat the egging and breadcrumbing a second time, and, if possible, leave them for an hour for the crumbs to dry on. Half fill a deep pan with frying-fat, and when it is heated, so as to give off a pale blue vapor, place the cutlets carefully in the pan, and when they float on top of the fat and are of a rich brown color, they are sufficiently cooked, and must be taken from the fat and drained on kitchen paper before being served *en couronne*, or on a mound of mashed potatoes, green peas, French beans, or Brussels sprouts.

Veal cutlets, fillets of beef, fillets of white fish, or cutlets of cod or hake, are excellent when prepared by the same method. (English recipe.)

Thanksgiving Corn Cake

Sift together two cups of corn meal, two cups of white flour, four *heaping* teaspoonfuls of baking powder, one LEVEL teaspoonful of soda, one teaspoonful of salt, and one-half a cup of sugar. Add one cup of sour milk (gradually), three-fourths cup of sour cream, four eggs and one-third a cup of melted butter.



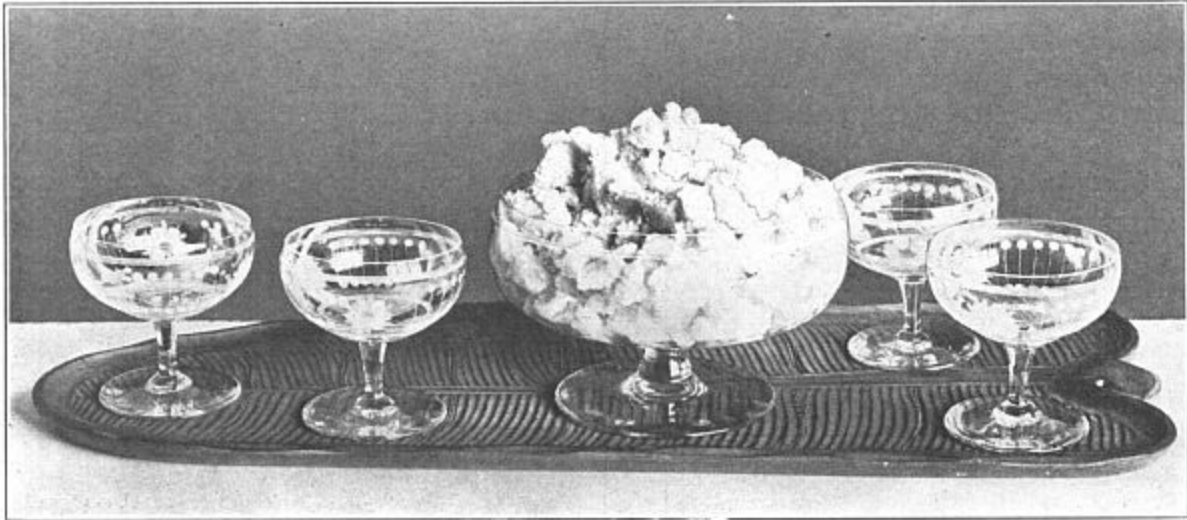
THANKSGIVING CORN CAKE

Thanksgiving Pudding

Beat the yolks of four eggs; add one pint of soft bread crumbs, one cup of sugar, the grated rind of a lemon, one teaspoonful of salt, and one cup of large table raisins from which the seeds have been removed; mix all together thoroughly, then add one quart of rich milk. Bake in a very moderate oven until firm in the center. When the pudding has cooled somewhat, beat the whites of four eggs dry; beat in half a cup of sugar and spread or pipe the meringue over the pudding; dredge with granulated sugar and let cook in a very moderate oven about fifteen minutes; the oven should be of such heat that the meringue does not color until the last few minutes of cooking.

Coffee Fruit Punch

Add one-half a cup of fine-ground coffee to one cup of cold water, bring very slowly to a boil, and let simmer for ten minutes. Strain, allow grounds to settle, decant, and add one cup of sugar. Mix one-half a cup of sifted strawberry preserve with the juice of two lemons, the juice of three oranges and the grated rind of one, and half a cup of pineapple juice. Let the whole stand together for half an hour; then strain, add the coffee, a quart or more of Vichy, or any preferred sparkling water, and serve in tall glasses filled one-third full with shaved ice; garnish each with a thin strip of candied angelica.



SWEET CIDER FRAPPÉ

Sweet Cider Frappé

Make a syrup by boiling one cup of sugar and two cups of water fifteen minutes; add one quart of sweet cider and one-half a cup of lemon juice; when cool freeze—using equal parts of ice and salt. Serve with roast turkey or roast pork.

Fig-and-Cranberry Pie

Chop one-half a pound of figs and cook until tender in a pint of water. Add a pint of cranberries, and cook until they pop. Mix one cup of sugar with four tablespoonfuls of flour and stir into the fig-and-cranberry mixture; let boil, remove from fire, and stir in two tablespoonfuls of butter and the juice of one-half a lemon. Put into a pastry shell, arrange strips of paste in a basket pattern over the top, and bake until these are browned.

Dry Deviled Parsnips

Wash and scrape—not pare—three large parsnips; cut in halves, lengthwise, and place, cut side uppermost, on the grate of a rather hot oven

to bake for thirty to forty minutes, or until soft and lightly browned. Soften one-half a cup of butter, without melting it, and rub into it the following mixture: Two teaspoonfuls of salt, four tablespoonfuls of dry mustard, one-half a teaspoonful of cayenne, one teaspoonful of white pepper, and flour enough to stiffen the paste. When the parsnips are cooked make four slanting cuts in each of the halves, and fill each with as much of the paste as it will hold. Spread over the flat side with the remainder of the paste, arrange on the serving dish, sift fine buttered crumbs over them, and place under the gas flame, or on the upper rack of an oven until crumbs are brown.

King's Pudding With Apple-Jelly Sauce

Soak, over-night, one-half a cup of well-washed rice, and cook in one pint of milk in double boiler until very tender. Mix this with three cups of apple sauce, well-sweetened and flavored with cinnamon. Add the beaten yolks of two eggs, one ounce, each, of candied citron and orange peel, very fine-chopped, and one-half a cup of raisins. Add, the last thing, the whites of the eggs, beaten to the stiffest possible froth. Line a deep dish with a good, plain paste, pour in the pudding, bake until both paste and pudding top are brown, invert on serving dish and pour the sauce over it.

Apple-Jelly Sauce

Beat one-half a cup of apple jelly until it is like a smooth batter; gradually add two tablespoonfuls of melted butter, the juice of one lemon and one-half the grated rind, and a few gratings of nutmeg. Set into a saucepan of boiling water until ready to use, then beat well and pour over the pudding.

Cranberry Tart

Spread a round of paste over an inverted pie plate, prick the paste with a fork eight times. Bake to a delicate brown. Remove the paste from the plate, wash the plate and set the pastry inside. When cold fill with a cold, cooked cranberry filling and cover the filling with a top pastry crust, made by cutting paste to a paper pattern and baking in a pan. Arrange tart just before serving.



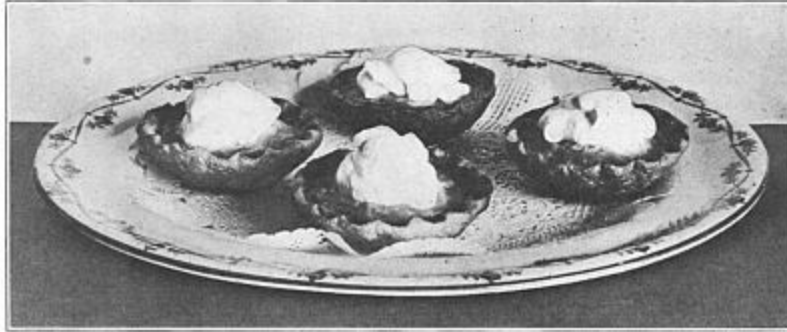
CRANBERRY TART

Cooked Cranberry Filling

Mix together three level tablespoonfuls of cornstarch, three-fourths a teaspoonful of salt and one cup and one-half of sugar; pour on one cup and one-half of boiling water and stir until boiling, then add one-third a cup of molasses, two teaspoonfuls of butter and three cups of cranberries, chopped fine. Let simmer fifteen minutes.

Pumpkin Fanchonettes

Mix together one cup and a half of dry, sifted pumpkin, half a cup of sugar, two eggs, two tablespoonfuls of molasses, one tablespoonful of ginger, two tablespoonfuls of melted butter, one teaspoonful of cinnamon, one-fourth a teaspoonful of salt, and one cup of rich milk. Pour into small tins lined with pastry, and bake about twenty-five minutes. Serve cold; just before serving decorate with whipped cream.



PUMPKIN FANCHONETTES

Pilgrim Cookies

Let soak overnight one cup of seedless raisins, then drain and dry on a cloth. Cream one-third a cup of butter; beat in one cup of brown sugar, one tablespoonful of milk, and two eggs, beaten light. Add the raisins, and one cup of flour, sifted with one-half a teaspoonful, each, of nutmeg and cinnamon and two teaspoonfuls and one-half of baking powder. When thoroughly mixed, add one-half a cup of graham flour, unsifted, and one-half a cup of bran, unsifted.

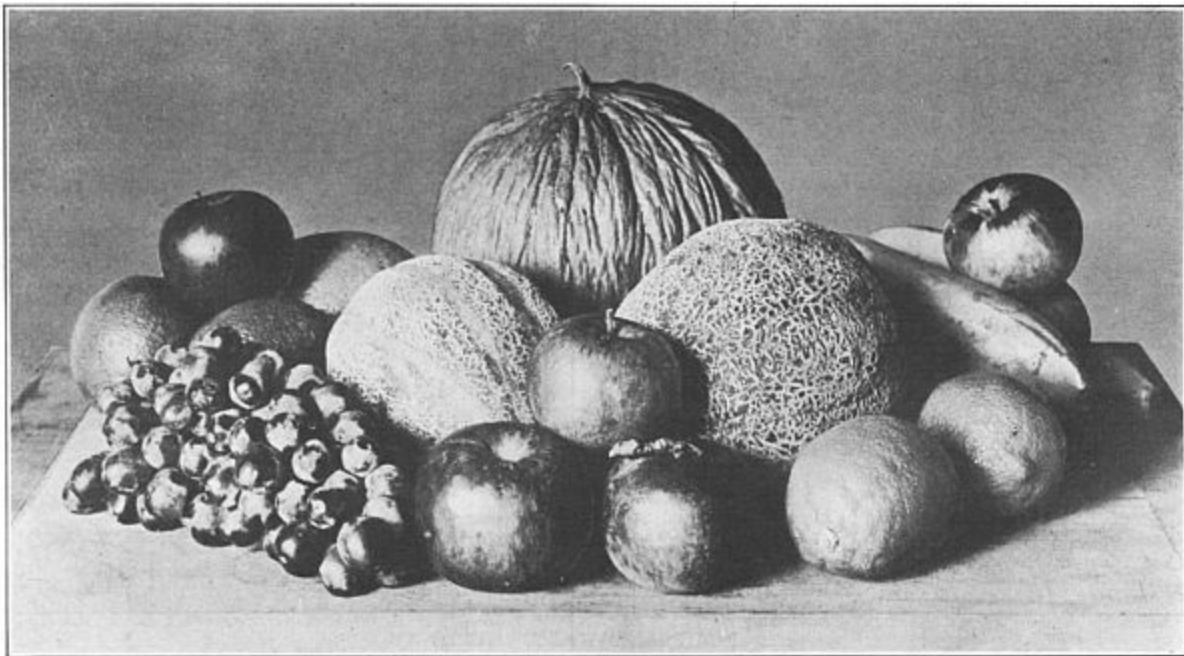


PILGRIM COOKIES

Pyramid Birthday Cake

Bake any good layer cake or other simple cake mixture in one or two thin sheets, in a large pan. When done cut into as many graduated circles as the child is years old. Ice each circle, top and sides, with any good cake icing, either white or tinted, and lay one above the other with layers of jelly or preserves between slices. Around each layer arrange a decoration of fresh or candied fruits of bright colors, glacéed nuts, candied rose petals or violets, bits of angelica, or any other effective decoration. Let the cake

stand on a handsomely decorated dish, and small flags be inserted in the topmost layer.



FRUIT AND MELONS

Stirred Brown Bread

Measure three cups of graham flour into a large mixing-bowl; add one cup of bran, and sift on to these one cup and one-half of white flour, to which one and one-fourth a teaspoonful of salt has been added. Stir together until mixed. Dissolve one teaspoonful of baking soda in a tablespoonful of hot water, and add to two cups of buttermilk. Melt two tablespoonfuls of butter and one of any preferred substitute, mix with one-half a cup of molasses, stir into the buttermilk, and add all to the dry ingredients, stirring vigorously. Lastly, add one-half a compressed yeast cake to the batter, and stir again until the yeast is thoroughly incorporated with the batter, which should be very stiff. Place in a greased bread pan, cover, set in a warm place until batter has risen to top of pan or doubled in bulk. Bake one hour in an oven with gradually increasing heat. This bread keeps fresh for a long time, and is particularly good sliced thin for sandwiches.

Swedish Pancakes With Aigre-Doux Sauce

Beat, until light, the yolks of six eggs; add one-half a teaspoonful of salt, one teaspoonful of soda, dissolved in one tablespoonful of vinegar, then two cups of sifted flour, alternately, with the beaten whites of the eggs, and if necessary add enough milk to make a thin batter. Pour a small ladleful at a time on the griddle; spread each cake, when cooked, with raspberry jam, roll up like a jelly roll, pile on a hot platter, dust over with powdered sugar, and serve with each one a spoonful of Aigre-Doux Sauce.

Aigre-Doux Sauce

Add to two cups of sour cream the juice and fine-grated rind of one large lemon. Stir in enough sugar just to develop a sweet taste, one-half a cup or more, and beat hard and long with a Dover beater until the sauce is quite light.

Sautéed Cucumbers and Tomatoes

Pare four large cucumbers and cut in quarter-inch slices; season by sprinkling with salt and pepper, then dip in beaten egg, and afterwards in fine, sifted crumbs. Proceed in the same manner with two firm tomatoes, removing the skin by dipping first into boiling water, then into cold, and rubbing the skin off. The tomatoes should be cut in half-inch slices. Heat a large spider until very hot; add two or more tablespoonfuls of dripping or other fat, and sauté in this, first the cucumbers, then the tomatoes, turning the slices when browned on one side, and cooking until crisped. Serve in a hot vegetable dish.

Skirt Steak, with Raisin Sauce

Make a rich stuffing by chopping together three-fourths a pound of veal, one-half a pound of ham, and an ounce of beef suet or other fat. Add the grated rind of a small lemon, and a teaspoonful of dried, mixed herbs, or of kitchen bouquet, two beaten eggs, a grate of nutmeg, and one cup of cream. Cook all together over hot water until mixture is the consistency of custard; thicken further with fine bread crumbs, and let cool. Divide a two-pound skirt steak into halves, crosswise, spread the stuffing over both parts, roll up each one and tie. Let steam for half an hour, then put into a hot oven to finish cooking and brown. Serve with Raisin Sauce.

Raisin Sauce for Skirt Steak

Add one-half a cup of seeded raisins to one pint of cold water, set over fire, bring slowly to a boil and let simmer, gently, for fifteen minutes. Blend two tablespoonfuls of flour with one-half a teaspoonful of salt and one-fourth a teaspoonful of white pepper, and stir this into two scant tablespoonfuls of melted butter or butter substitute; add to the raisins and water, and let boil, keeping stirred, for three minutes. Remove from fire and add the juice of one-half a lemon or two tablespoonfuls of vinegar.

Boudin Blanc

Cook a dozen small onions, sliced, in a saucepan with one cup of sweet leaf-lard. While cooking put through the meat chopper one-half a pound, each, of fresh pork and the dark and white meat of a fowl or chicken. Add to saucepan containing onions and lard, and stir in enough fine bread crumbs to make the whole the consistency of a soft dough. Add seasoning of salt and pepper with a spoonful of mixed dried herbs. Lastly, add one cup of sweet cream and three well-beaten eggs, and stir the whole until the eggs are set. Stuff this into pig entrails, making links six inches long. Keep stored in a cool place, and cook like sausage. Or the boudin may be packed into jars, and sliced or cut into dice and sautéed when cold.

Seasonable Menus for Week in November

SUNDAY

Breakfast

Oranges
Corn Flakes with Hot Milk
Codfish Balls Buttered Toast
Marmalade
Coffee

Dinner

Roast Leg of Lamb Mashed
Potatoes
Spinach with Egg Creamed
Turnips
Celery Salad
Date Soufflé
Coffee

Supper

Oyster Stew Crackers
Lettuce-and-Peanut Butter
Sandwiches
Soft Gingerbread
Cocoa

MONDAY

Breakfast

Malt Breakfast Food, Top Milk
Scrambled Eggs with Tomato
Graham Muffins
Coffee

Luncheon

Potage Parmentier

WEDNESDAY

Breakfast

Winter Pears
Wheatena, Milk
Pork-and-Potato Hash
Raised Pancakes, Syrup
Coffee

Luncheon

Oyster-and-Onion Purée
Crusty Rolls
Apple-and-Nut Salad
Cocoa

Dinner

Skirt Steak with Raisin Sauce
Dry Deviled Parsnips
Baked Sweet Potatoes
Cherry Pie
Coffee

THURSDAY

Breakfast

Cream of Wheat, Cream
Tomato Omelet
Stirred Brown Bread
Coffee

Luncheon

Potato-and-Peanut Sausages

Savory Hash, Meat and Potatoes
Tea Tarts
Russian Tea

Dinner

Planked Steak, Parkerhouse Style
Head Lettuce
King's Pudding, with Apple Jelly
Sauce
Black Coffee

TUESDAY

Breakfast

Dates
Gluten Grits, Cream
Baked Potatoes Bacon
Graham Toast, Butter
Coffee

Luncheon

Salmon à la Creole
Pulled Bread
Sweet Potato Croquettes
Pears in Syrup
Milk or Tea

Dinner

Stuffed Leg of Pork
Mashed Potatoes Apple
Sauce
Fig-and-Cranberry Pie
Coffee

Cabbage-and-Celery Salad, with
Cheese
Strawberry Gelatine Jelly
Tea

Dinner

Boiled Tongue Steamed
Potatoes
Creamed Carrots Brussels
Sprouts
Apple Pie à la Mode
Coffee

FRIDAY

Breakfast

Grapefruit
Cracked Wheat, Milk
Creamed Finnan Haddie
Hashed Brown Potatoes
Popovers
Coffee

Luncheon

Frumenty with Cream
Escaloped Chipped Beef and
Potatoes
Chocolate Layer Cake
Café au Lait

Dinner

Halibut Steaks
Brother Jonathan
Creamed Cabbage Chow-
Chow
Apricot Puffs with Custard Sauce
Coffee

SATURDAY

Breakfast

Gravenstein Apples
Quaker Oats, Milk
Scrambled Eggs with Bacon
Steamed Brown Bread
Coffee

Luncheon

Purée of Baked Beans
Castilian Salad (Pineapple, Nuts, Apples, Grapes, Celery)
Swedish Pancakes with Aigre-Doux Sauce
Chocolate

Dinner

Veal Stew
Browned Sweet Potatoes
Lima Beans in Tomato Sauce
Leaf Lettuce with Fr. Dressing
Brown Betty with Foamy Sauce
Coffee

Menus for Thanksgiving Dinners

I

Three-Course Dinner for Small Family in Servantless House

Roast Chicken, stuffed with Chopped Celery and Oysters
Baked Sweet Potatoes
Boiled Onions

Salad
(Fine chopped apples and nuts in red apple cups)
Cream Dressing

Mince or Squash Pie à la mode
Sweet Cider
Coffee

II

A Simple Company Dinner of Six Courses

Celery
Clam Bouillon, Saltines
Ripe Olives

Roast, Chestnut-Stuffed Turkey, Giblet Sauce
Buttered Asparagus
Glazed Sweet Potatoes
Moulded Cranberry Jelly

Chicken Salad in Salad Rolls

Thanksgiving Pudding
Hard Sauce

Chocolate Ice Cream
Strawberry Sauce

Assorted Fruit
Coffee

III

A Formal Company Dinner. Eight Courses

Curled Celery
Oyster Soup, Bread Sticks
Radish Rosettes

Turbans of Flounder
Hollandaise Sauce
Potato Straws
Olives
Crusty Rolls
Salted Nuts

Capon à la Creme
(Stuffing of Potatoes, Mushrooms, Chestnuts, etc.)
Mashed Potatoes
Green Pea Timbales
Cranberry Sauce

Sweet Cider Frappé

Venison Steaks
Currant Jelly Sauce
Baked Parsnips

Apple-and-Grape Salad

Macaroon Pudding
Frozen Mince Pie
Hot Chocolate Sauce

Glacéed Walnuts
Fruit
Black Coffee

IV

Elaborate Formal Dinner. Ten Courses

Fruit Cocktail
Oysters on Half-shell
Brown Bread-and-Butter Sandwiches
Quartered Lemons

Clear Bouillon, Oysterettes
Radishes
Celery

Boiled Halibut
Potato Balls in Parsley Sauce
Sweet Pickles

Cauliflower au Gratin

Braised Turkey or Capon
Bread Stuffing
Giblet Gravy
Duchesse Potatoes
Spinach

Crystallized Ginger

Salted Pecans
Pineapple Fritters, Lemon Sauce

Granite of Cider and Apples

Cutlets of Duck, with Chopped Celery

Orange Salad

Pumpkin Pie
Raisin and Cranberry Tarts
Chocolate Parfait
Almond Cakes

Nuts
Raisins
Bonbons
Candied Orange Peel
Black Coffee



Concerning Breakfasts

By Alice E. Whitaker

A certain Englishman who breakfasted with the Washington family in 1794 wrote of the occasion: "Mrs. Washington, herself, made tea and coffee for us. On the table were two small plates of sliced tongue and dry toast, bread and butter, but no broiled fish, as is the general custom." However sparing the mistress of Mt. Vernon might have been, it was the usual custom in old times to eat a hearty breakfast of meat or fish and potato, hot biscuits, doughnuts, griddle cakes and sometimes even pie was added. A section of hot mince pie was always considered a fitting ending to the winter morning meal in New England, at least.

When Charles Dickens was in the United States, in 1842, he stopped at the old Tremont house in Boston. In his "American Notes," which followed his visit to this country, he wrote critically of the American breakfast, as follows: "And breakfast would have been no breakfast unless the principal dish were a deformed beefsteak with a great flat bone in the center, swimming in hot butter and sprinkled with the very blackest of pepper."

For a time my household included a colored cook, who, according to local custom, went to her own home every night. Invariably before leaving she came to me with the short and abrupt question, "What's for?" This experience taught me the difficulty of planning breakfasts off hand. More than one beginner in housekeeping wonders whether a light breakfast of little but a roll and coffee is more healthful than one of several courses. It is an old American idea that luncheon or supper may be light, dinner varied and heavier, but breakfast must be wholesome and nourishing. This is based on the belief that it is natural for man and beast to wake up in the morning with a desire for food and unnatural to try to do the hardest work of the day with but a pretence at eating.

About twenty years ago there was much talk of the alleged healthfulness of going without breakfast entirely. For a time this plan was the object of

much discussion and experiment by medical and scientific men and workers in general. The late Edward Everett Hale was a strong opponent to abstinence from breakfast by brain workers, while those who labored with hand and muscle looked with little favor on the morning fast. Finally the no-breakfast idea went the way of most fads in food.

As a compromise between the extremes of going without any breakfast, and the old-time, over-hearty meal of several courses, there came into fashion the simple meal of fruit, cereal and eggs. This is to be commended, if the egg, or its substitute in food value, is not omitted. Too often a sloppy cereal is washed down rapidly with a cup of coffee and called sufficient. Sometimes the ready-to-eat cereal and the milk bottle left at the kitchen door include the entire preparation for the morning meal.

The adaptability of this quick breakfast, and its ease of preparation, keep it in favor, but filling the stomach with a cereal, from which some of its best elements have been taken, means, for women folks at home, placing the coffee pot on the range to warm up the cup that will stop that "gone" feeling so common after a near-breakfast. The man at work might once have found solace in a glass of beer; now, perhaps, he smokes an extra cigarette. It is well understood that children grow listless and dull before noon, when an insufficient breakfast is eaten. One who has breakfast leisurely at nine o'clock may be satisfied with a roll and a cup of hot drink, but a commuter with a trip ahead to office or shop, and the farmer who must make an early start in the day, cannot rely on light, quickly digested food in the morning. Their energy and working capacity will slow down long before noon.

Objection is sometimes made to a good, sustaining breakfast because of a distaste for food in the morning. In such a case, look to the quality or quantity of the night meal; it may be too heavy or indigestible.

Between a breakfast with warmed-over meats, and one without meat, especially if eggs are substituted, the choice should be given to the latter. Twice-cooked meats, however pleasing they may be to the palate, are not easy to digest. They serve merely as a way to use left-overs, which good management will keep to the minimum.

When selecting fruits for breakfast, the fact must not be overlooked that the starch of cereals and acid fruits, like a sour orange, often disagree.

When apples are plentiful nothing is better than this fruit when baked, but in cities the banana frequently costs less and it stands at the head of all fruits in food value. When perfectly ripe it has about 12 per cent of sugar, but as it is picked green, the fruit sold in the markets is often but partially ripe and is more easily assimilated, if baked like the apple; it then becomes a valuable breakfast food.

It is a common mistake in a meatless breakfast to use too large a proportion of cereal. While the standard cereal foods, when dry, are from two-thirds to three-quarters starch, with the balance made up of a little protein, fat, water, fibre and a trace of mineral matter, it should not be forgotten that while cooking they absorb several times their bulk of water, which reduces the food value of the product. Oatmeal and corn meal are best adapted for winter use because they contain a little more fat than wheat or rice, which are suitable for summer diet.

Eggs are the most available substitute for meat at breakfast and it is doubtful economy to omit them, except in times of extreme high prices. They are not essential in all desserts and saving in their use should begin at that point. Eggs may be cooked in many ways so that they need never become a monotonous fare. All kinds of fish are an excellent substitute for meat, and, as prepared for the table, nearly equal beef and mutton, in the amount of protein, which is the element missed in a non-meat diet, unless it be carefully planned.

Breakfasts without Meat

The following are adapted to different seasons and the beverage may be selected to suit the taste.

1. Strawberries, eggs baked in ramekins, oatmeal muffins.
2. Fruit, cheese omelet, rice griddle cakes.
3. Oranges, codfish balls, wheat muffins.
4. Oatmeal, baked bananas, scrambled eggs, rice muffins.

5. Cereal, hashed browned potatoes, date gems.
6. Oranges, soft boiled eggs, lyonnaise potatoes, dry toast.
7. Cereal with dates, whole wheat muffins, orange marmalade.
8. Stewed prunes, French omelet, creamed potatoes, dry toast.
9. Grapefruit, broiled salt codfish, baked potatoes, corn muffins.
10. Fresh pineapple, broiled fresh mackerel, creamed potatoes, French bread.
11. Sliced bananas, omelet with peas, rusked bread.

Breakfasts with Meat

1. Fresh apple sauce, pork chops, stewed potatoes, graham muffins.
2. Dried peaches, stewed, broiled honeycomb tripe, escaloped potatoes, reheated rolls.
3. Fruits, minced mutton, potato puffs, rice griddle cakes, lemon syrup.
4. Baked apples, baked sausages, hashed potatoes, corn cakes.
5. Baked rhubarb and raisins, ham omelet, bread-crumble griddle cakes, caramel syrup.
6. Melon or berries, broiled ham, shirred eggs, creamed potatoes.
7. Oranges, broiled beef cakes, French fried potatoes, toast.
8. Steamed rice, sliced tomatoes, bacon and eggs, rye muffins.
9. Berries, broiled chicken with cream sauce, fried potato cakes, muffins.
10. Cereal with syrup, scalded tomatoes with melted butter, baked hash, dry toast.
11. Melon, veal cutlet, cream sauce, baked potatoes, corn bread.

Some Recipes for Preparing Poultry

By Kurt Heppe

Fowls should be divided into four classes, according to their uses. The uses are controlled by the age of the fowl.

What is suitable for one dish is not suitable for others. In fowls the age of the bird controls the use to which it can be put. This is something the caterer and the housewife must remember.

A young bird can be distinguished from an old one by the pliability of the tip of the breastbone. When this tip bends under pressure, then the bird is young. If it is hard and unyielding, then it is old.

Very old birds are used for soup and for fricassée.

Medium-aged birds are used for roasts.

Spring chickens are used for broilers and for sautéed dishes.

Very young chicks are used for frying in deep fat; for this purpose they are dipped in a thin batter, or else in flour, and in eggs mixed with milk and afterward in breadcrumbs. These chicks, and also spring chickens, are used for casserole dishes and for cocottes (covered earthen ware containers, in which the fowls are roasted in the oven).

The liver of fowls is used in different ways; it makes an excellent dish. It is best when sautéed with black butter. Some of the fine French ragouts consist mostly of chicken livers.

With omelettes they make an incomparable garnish.

In very high-class establishments the wings and breast are often separated from the carcass of the fowl and served in manifold ways. Sometimes the entire fowl is freed of bones, without destroying the

appearance of the bird. These latter dishes are best adapted for casserole service and for cold jellied offerings.

Capons are castrated male fowls. They fatten readily and their flesh remains juicy and tender, owing to the indolence of the birds. The meat of animals is tenderest when the animal is kept inactive. For this reason stall-feeding is often resorted to. When the animal has no opportunity to exercise its muscles the latter degenerate, and nourishment, instead of being converted into energy, is turned into fat. Range birds and animals are naturally tough; this is especially true of the muscles.

Large supply houses now regularly basket their fowls for about two weeks before putting them on the market. During this time they are fed on grain soaked in milk. This produces a white, juicy flesh.

When a bird is to be roasted it should be trussed. This is done by forcing the legs back against the body (after placing the bird on its back); a string is then tied across the bird's body, holding the legs down. The wings are best set firmly against the breast by sticking a wooden skewer through the joint and into the bony part of the carcass, where the skewer will hold against the bones.

In preparing birds for the oven their breasts should be protected by slices of bacon. Otherwise they will shrivel and dry before the birds are cooked.

For broiling, the birds are cut through in the back, in such a manner that they quasi-hinge in the breast; they are then flattened so they will lie evenly in a double broiling iron; for this purpose the heavy backbone is removed.

Stuffed Poularde

After trussing the bird rub it with lemon so it will keep of good color; now cover the breast with thin slices of bacon (these can be tied on). The poularde is put into a deep, thick saucepan and cooked with butter and aromatics in the oven. When it is nearly done it is moistened with poultry stock. If this stock reduces too fast, then it must be renewed. It is finally added to the sauce.

These fowls may be stuffed with a pilaff of rice. This is prepared as follows: Half an onion is chopped and fried in two ounces of butter. Before it acquires color half a pound of Carolina rice is added. This is stirred over the fire until the rice has partly taken up the butter; then it is moistened with consommé (one quart); and covered and cooked in a moderate oven for fifteen minutes. It is now combined with a little cream, a quarter a pound of dice of goose liver and some dice of truffles.

The rice should not be entirely cooked by the time it is stuffed into the bird; the cooking is completed inside the bird. The cream is added to provide moisture for the rice to take up.

Instead of cream one may use consommé, and the truffles and fat liver may be left out, if too expensive.

The bird is served with a suitable sauce.

The best sauce for this purpose is Sauce Suprême, and is prepared as follows: Put two pints of clear poultry stock and some mushroom-liquor into a sauté-pan. Reduce two-thirds.

While this is going on prepare some poultry velouté by bringing some butter in a pan to bubble, and adding some flour. This is brought to a boil while stirring constantly. The flour must not be allowed to color. Now, gradually, add some poultry-stock, stirring all the while with a whisk. Salt, pepper and nutmeg are added. This is simmered on the side of the fire, and then strained.

Now add one pint of this velouté to the suprême sauce; reduce the whole on an open fire, while constantly stirring. Gradually add half a pint of good cream and finish with a little butter.

Sautéed Chicken

Young chickens should be used for this purpose. Feel the breast bone; if it bends beneath pressure the bird is right.

Empty, singe and clean, and disjoint the bird. This is done by cutting the skin at the joints and loosening the bones with a knife.

The wings are cut off in such manner that each holds half of the breast; the pinions are entirely cut off; the different pieces are seasoned with salt and pepper; now heat some clarified butter in a sauté-pan; when it is very hot insert the pieces of chicken and let them color quickly; turn them over, from time to time, so as to get a uniform color; cover the utensil and put it in a fairly hot oven. The legs are cooked for about ten minutes more than the breast and wings. The latter are kept hot separately.

When all pieces are done, they are dished on a platter and kept hot in the oven; the pan is now moistened with mushroom-liquor, or chicken stock, and again put on the fire; only a very little moistening is put in the pan. As soon as it boils swing it around the pan and then add to it, gradually, the sauce that is to be served. This swinging in the pan dissolves the flavor, which solidifies in the bottom of the pan; it greatly improves the sauce.

A simple sauce for sautéed chicken is nut butter, that is, butter browned in the pan. This may be varied by flavoring it with a crushed garlic-clove. An addition of fine herbs will further improve it. A dark tomato sauce may also be served.

A good garnish for sautéed chicken is large dice of boletus mushrooms, sautéed in garlic butter; also dice of raw potatoes sautéed in clarified butter, and again fresh tomatoes cut up and sautéed in butter. Egg-plants are also excellent for a garnish.

Sautéed chicken may be baked and served in the cocotte.

Poulet en Casserole Bourgeoise

The chicken is trussed; the breast is covered with strips of bacon and put into a deep, thick saucepan. It is colored in the oven, and when nearly done is transferred to a casserole. It is now moistened with some chicken-stock and a little white wine. This moistening is used in the basting, and after being freed of fat, added to the sauce.

A few minutes before the fowl is done bouquets of fresh vegetables are added to the chicken, in individual heaps, and the chicken is then served, either with a sauce, or else with an addition of butter. It should be carved in sight of the guests.

Chicken Pie

A fowl is cooked (boiled) with flavoring vegetables until done, and is then cut up as for fricassée; the pieces are seasoned with salt and pepper and sprinkled with chopped onions, a few mushroom-buttons and some chopped parsley. The pieces are now put into a pie-dish, legs undermost, some thinly-sliced bacon is added and some potatoes Parisienne (spooned with the special potato spoon). The pie-dish is now filled two-thirds with chicken velouté (chicken-stock thickened with flour and egg-yolks), and a pie crust is laid over all, pressed to the edges of the dish and trimmed off. The crust is slit open (so the steam can escape), it should be painted with egg-yolk, and be baked for one and a half hours in a moderate oven.

Suprême de Volaille Jeanette

Of a poached cold fowl the suprêmes (boneless wing and breast in one piece) are loosened and trimmed to oval shape. They are covered with white chaudfroid sauce, by putting the pieces on a wire tray and pouring the sauce over while still liquid. They are decorated with tarragon leaves.

In a square, flat pan a half-inch layer of aspic is laid. On this slices of goose liver are superimposed (after having been trimmed to the shape of the suprêmes); the suprêmes are now put on top of the fat liver, and then covered with half-melted chicken jelly.

When thoroughly cooled and ready to serve, a square piece is cut out of the now solid jelly around the suprêmes. The suprême is thus served incrusté in a square block of thick jelly; the dish is decorated with greens.



(Continued from [page 257](#))

It is to be supposed that when a man gives up the comforts of town apartments and hies him to the country, it is the garden, the outdoors, which lures him.

Why is it, then, that he seems to take particular pains to arrange his garden so that it is about as much his own as Central Park is?

It might give the average man a great deal of pleasure to be able to say to all the passersby on the Mall, "This little bit of the Park belongs to me! I cut that grass, I weed those flower beds in the evening when I come home from the office; and every Saturday afternoon I take the hose and thoroughly soak that bit of lawn there, you may see me at it any week in the summer."

But then, we are not dealing with the fictitious average man, and we firmly believe that many "commuters" wonder deep down in their hearts why it is they get from their gardens so little of the pleasure they anticipated when they came to live out of the city.

Any one who has traveled abroad, has admired and perhaps coveted the gardens of England, France, and Italy. Their charm is undeniable, and thought to be too elusive for reproduction on American soil without the aid of landscape gardeners and a fair-sized fortune.

Just why we, as a nation, are beset by the idea of reproducing instead of originating beautiful gardens is a question apart from this discussion. But as soon as we try to develop, to their fullest extent, the advantages of our climate, and soil, in combination with our daily life as a people, we shall produce gardens which will equal, without necessarily resembling, those of other countries.

In every case we must, however, follow the same procedure which every successful garden is built upon, whether it be in Mesopotamia or in Long Island City. That is, we must study the place, the people, and the circumstances.

The most general fault in American gardens is their lack of privacy.

No one claims that the high walls of Italy and France or the impenetrable hedges of England would invariably suit the climate here. But there are many ways to obtain seclusion without in any way depriving us of much-needed air in summer and sun in winter. One way is by placing the house rationally upon its lot. Our custom has been to invariably build so that we had a "front yard," "back yard," and two side yards, all equally important, equally uninteresting, unbeautiful and useless.

Of course, we have the porch which in a way takes the place of the outdoor living room, always so attractive in foreign gardens. And recently some laudable efforts are being made to incorporate the porch into the house, where it belongs, as a real American institution, instead of leaving it disconsolately clinging to the outside and bearing no resemblance to the house either in shape or detail.

But after all, a porch is a porch, and a garden is a garden, and one does not take the place of the other.

Especially is this true of the tiny property.

If you have only ten feet of ground to spare outside your tiny house, plan it so that every foot contributes to your joy at being in the country. Arrange it so that on a warm summer evening when the porch seems a bit close and dark, you wander out into your garden and sit beneath the stars in quiet as profound as on the Desert of Sahara. And in the winter, let your garden provide a warm corner out of the wind, where on a bright Sunday morning you may sit and blink in the sun.

Once you have got the desire for a room outdoors, a real garden, which is neither flower beds, nor lawns, nor hedges, nor trees, but a place for your comfort, with all these things contributing to its beauty, you will know as by divine inspiration where to put each flower and bush and path. Your

planting will be no longer a problem for landscape architects, but a pleasant occupation for yourself and family.

So then will your successful tiny house stand forth in its real garden, an object of pride to the community and a tribute to one man who has refused to be the impossible average, and has dared to build and plant for his own needs.

May he live forever and ever happy in his tiny house!

Polly's Thanksgiving Party

By Ella Shannon Bowles

The idea for the party came to Polly one night as she was washing the dinner dishes, and that very evening she waved away the boys' objection that Thanksgiving was a family affair pure and simple.

"I'm not planning to have any one in for dinner," she said, "though there's nothing that would suit me better, if the apartment boasted a larger dining room. But there are three girls in my Sunday School class that can't possibly go home this year, and I've no doubt you boys could find somebody that won't be invited anywhere. Thanksgiving is such a cheerless place in a boarding house! If we ask a few young people in for a party in the evening, it will liven things up a bit for them, and I think it will be pretty good fun for us, don't you?"

In the end Polly had her way, and just a week before Thanksgiving, she sent invitations to three girls and to two boys whom Rupert and Harry suggested.

Polly searched the shops for a card of two-eyed white buttons of the size of ten cent pieces. She carefully sewed a button on the upper part of a correspondence card, added eyebrows, nose and mouth with India ink, copied a body and cap from Palmer Cox's "Brownie Book," painted the drawing brown, and behold, a saucy brownie grinned at her from the invitation. Underneath the picture, she carefully printed a jingle.

"This Thanksgiving Brownie brings a
message so gay,
To visit our house on Thanksgiving Day,
To help celebrate with all kinds of good cheer
The 'feast of the harvest' at the end of the
year."

The boys took a walk into the country on Thanksgiving morning and came laden with sprays of high-bush cranberries. These, with the bunches of chrysanthemums which they bought, and Polly's fern and palm, gave the small living room a festive appearance.

Assisted by her brothers, Polly served the dinner early. After clearing the dining room table, she placed a pumpkin jack-o-lantern in the center, and arranged around it piles of apples, grapes, and oranges.

After the guests had been introduced to each other, Polly passed each one a paper plate containing a picture, cut and jumbled into small pieces, and a tiny paper of paste and a toothpick. Each girl and boy was asked to put the "pi" together and paste it on the inside of the plate. When arranged, the pictures were found to be of Thanksgiving flavor. "Priscilla at the Wheel," "The Pilgrims Going to Church," "The First Thanksgiving," and others of the same type. To the person making his "pi" first a small and delicious mince pie was awarded.

Pencils and paper were then passed. On one slip was written, "What I have to be thankful for," on the other, "Why I am thankful for it." The slips were collected, mixed up, and distributed again. Each guest was asked to read the first slip handed him with the answer. The result caused much laughter.

This was followed by a modification of the famous "donkey game." Polly had painted a huge picture of a bronze turkey, but minus the tail, and this was pinned to the wall. Real turkey feathers with pins carefully thrust through the quills were handed about, and each guest was blindfolded and turned about in turn. To the one who successfully pinned a feather in the tail was given a turkey-shaped box of candy, and the consolation prize was a copy of "Chicken-licken."

A pumpkin-hunt came next. Tiny yellow and green cardboard pumpkins were concealed about the apartment. The yellow pumpkins counted five and the green two points. At the end of the search a small pumpkin scooped out, and filled with small maple sugar hearts, was presented to the guest having the highest score, and a toy book of, "Peter, Peter, Pumpkin Eater" was awarded to the unfortunate holding the lowest score.

Polly had determined to keep the refreshments very simple. The day before Thanksgiving she made an easy salad dressing by beating two eggs, adding one-half a cup of cider vinegar, two tablespoonfuls of sugar, one teaspoonful of mustard and one-half a teaspoonful of salt, and a tablespoonful of melted butter. She placed the ingredients in a bowl, set in a dish of water on the front of the stove, and when they thickened she removed it from the fire and thinned with cream. To make sandwiches, she mixed the dressing with minced turkey, added half a fine-chopped pepper, and spread the mixture between dainty slices of bread.

The sugared doughnuts she made by beating two eggs, adding one cup of sugar, one cup of sour milk, three tablespoonfuls of melted butter and flour, sifted with one-half a teaspoonful of soda and two teaspoonfuls of baking powder, to make the mixture thick enough to roll without sticking to the moulding board. They were cut with a small cutter, fried in deep, hot fat, and sugared plentifully.

Rupert contributed "Corn Popped in a Kettle." A large spoonful of lard and a teaspoonful of salt were placed in the bottom of a large kettle over a hot fire. A cup of shelled popcorn was added and stirred briskly with a mixing spoon. When the kernels began to pop, the kettle was covered and shaken rapidly, back and forth, until filled with fluffy, white popcorn.

With the fruit and "grape-juice lemonade," the sandwiches, doughnuts and popcorn made a pleasing "spread," Polly felt. She served everything on paper plates and used paper napkins, decorated with Thanksgiving designs.

To Make a Tiny House

Oh, Little House, if thou a home would'st be
Teach me thy lore, be all in all to me.
Show me the way to find the charm
That lies in every humble rite and daily task within thy
walls.
Then not alone for thee, but for the universe itself,
Shall I have lived and glorified my home.

Ruth Merton.



Contributions to this department will be gladly received. Accepted items will be paid for at reasonable rates.

Vegetable Tarts and Pies

Elizabeth Goose of Boston bestowed a great blessing upon American posterity when she induced her good man, Thomas Fleet, to publish, in 1719, "The Mother Goose Melodies," many of which rhymes dated back to a similar publication printed in London two hundred years before. Is it strange that, with this ancestral nursery training, the cry against the use of pastry goes unheeded, when as children, we, too, have sung to us, over and over, the songs of tarts and pies?

The word tart comes from the Latin word *tortus*, because tarts were originally in twisted shapes, and every country seems to have adopted them into their national menus. That they were toothsome in those early days is shown in these same nursery rhymes, and, that tarts seemed to have been relished by royalty and considered worthy of theft is evinced in the rhymes,

"The Queen of Hearts she made some tarts."

and,

"Little King Boggen he built a fine hall,
Pie-crust and pastry-crust that was the
wall."

Again this ancient lore speaks of "Five and twenty blackbirds baked in a pie," and, too, there was that child wonder, "Little Jack Horner" who, with the same unerring instinct of a water wizard with a willow twig, could, by the sole means of his thumb, locate and extricate, upon the tip of the same, a plum from the Christmas pie.

American tarts and pies are in a class of their own. Pies were very closely allied to pioneer, and the Colonial housewife of early days was forced to concoct fillings out of sweetened vegetables, such as squash, sweet potatoes, and even some were made of vinegar. Yet the children still doted on these tempting tarts, pies and turnovers, for were they not trotted in babyhood on a

"Cock horse to Banbury Cross,
To see what Tommy can buy:
A penny white loaf, a penny white cake,
And a two-penny apple pie."

The next time you have a few varieties of vegetables left over, or wish a dainty luncheon side dish, try making a tray of vegetable tarts with various fillings, and they will prove as fascinating to choose from as a tray of French pastries.

While I have worked out these modern recipes in tempting ways of serving left-overs using common vegetables, I will lay all pastry honors to our fore-mothers, who passed on to us the art of pie-making. Proof as to the harmlessness of pies in diet is shown in the fine constitution of our

American doughboy, who is certainly a great credit to the heritage of pastry handed down by the Daughters of the American Revolution.

The moral of this discourse is that, "The child is father of the man," and men dote on pies.

Potato Tarts à la Gratin

Line round muffin pans with pastry circles as for other preserve tarts, and fill with the following:

Dice cold-boiled potatoes, season with salt and pepper, moisten with white sauce, made of two tablespoonfuls of flour, two tablespoonfuls of lard, one cup of milk, one-half a teaspoonful salt. Mix with this grated cheese. Fill the shells and sprinkle grated cheese on top. Bake a light brown.

Baked Onion Dumplings

Parboil medium-sized onions in salted water. Cut half way down in quarters, add salt, butter, and pepper. Place each on a square of biscuit dough or pastry, rolled thin. Bring together opposite corners, twist, and place in a moderate oven to bake the onion tender. Serve with white sauce.

Fresh Tomato Tart Salad

With a round cookie cutter make rounds of pastry. Cut an equal number with the doughnut cutter. Prick, sprinkle lightly with grated cheese and bake a light brown. Place a plain shell on a crisp lettuce leaf, add a slice of tomato, not larger, on top. Then pour on a little mayonnaise and place on top the tart shell with a hole in the center. Serve at once.

Green Tomato Mince Pie

One peck of green tomatoes, put through a food chopper. Boil, drain and add as much water as juice drained out. Scald and drain again. Add water as before, scald and redrain. This time add half as much water, then the following:—

3 pounds brown sugar
2 pounds raisins
2 tablespoonfuls nutmeg
2 tablespoonfuls cinnamon
2 tablespoonfuls cloves
2 tablespoonfuls allspice
2 tablespoonfuls salt

Boil all together, and add one cup of vinegar. Cook till thick as desired. Put in jars and seal.

To one pint of this mixture add one cup of chopped apple and the juice and rind, grated or ground. Sweeten to taste, fill crust and bake as the usual mince pie.

Evaporated apples may be used, but grind before soaking and do not cook.

These pies will not harm children, and are very inexpensive, as compared to those made of mincemeat.

Plum Tomato Preserves Turnovers

Make a circle as big as a saucer, or a square equal in area. Fill the center with plum tomato preserve and fold over matching edges, either as a half circle, or a triangle. Prick and bake.

Turnovers are especially ideal as pies for fitting into lunch boxes, and may be made of any sweetened vegetable preserve for school lunches.

King Cabbage Tarts

Use cabbage, which has been boiled in salted water and seasoned with salt and pepper to taste. Make a white sauce and pour over, mixing well with the cabbage. Fill round muffin pans lined with pastry circles, sprinkle with cheese over the top and bake. Carrots may be used the same way, omitting the cheese and using latticed strips of pastry over the top. These will be hardly recognizable as such common vegetables.

M. K. S.

New Ways of Using Milk

While probably the best way of using milk is to drink it in its raw or pasteurized state, many children and adults will not use it in that form. In that case, the problem is to disguise or flavor the milk in some way so that the food value will not be changed or destroyed, and yet be more palatable than the natural product.

It has been found that children will drink flavored, sweetened milk when they will simply not touch pure milk. In order to demonstrate how universal the craving for sweetened, cold drinks has become, and how easy it is for the milkmen to cater to this demand, Prof. J. L. Sammis of the Wisconsin College of Agriculture conducted a booth at the 1921 Wisconsin state fair and dispensed milk in twenty-five new, pleasing, and attractive ways over a soda fountain.

Thousands of these milk drinks were consumed, and a report from a Tennessee county fair also revealed that 10,000 similar drinks were sold there by an enterprising dairyman. There is nothing elaborate about the proposition. If these drinks are to be prepared in the home, and the whole question is largely one of increasing the home consumption of milk, Professor Sammis declares:

"Take any flavor that happens to be on the pantry shelf, put a little in a glass, add sugar to taste, fill the glass with milk, and put in some ice. That is all there is to it. Be sure that the milk is drunk very cold, when it is most palatable. Vanilla is a very good flavor."

It is not even necessary that whole milk be used, as condensed milk will do very well. Simply dilute the condensed milk with an equal volume of water, and use as whole milk. Condensed milk, however, has a cooked flavor found objectionable by many, and, in that case, a suitable substitute is powdered milk, which has no such cooked flavor.

To prepare a powdered milk drink, put the flavor into the receptacle first, then the sugar, and then the powdered milk with a little water. Beat the

powdered milk with an egg beater until it is wet through, and then add the rest of the water, finishing with the ice.

By adding fruit colors these various milk drinks can be given a changed external appearance, and wise is the mother who will prepare them often when her children show an inclination not to drink enough milk. Served at the table, they attract every member of the family. These milk drinks are no more expensive than many of the more watery and less useful compounds, so often substituted.

Soda fountains might well consider these various forms of sweetened and flavored milk to attract new trade. At the fountains the various flavoring syrups would naturally be used, and no sugar is necessary. And instead of clear water, carbonated water is used. The variety of these drinks is limited only by the ingenuity of the dispenser.

W. A. F.

Old New England Sweetmeats

Crab-Apple Dainty

Wash seven pounds of fruit and let boil with a little water until soft enough to press through a colander. Add three pounds of sugar, three pints of vinegar, and cloves and cinnamon to taste, and let the mixture boil, slowly, until it is thick and jelly-like.

Pumpkin Preserve

Pare a medium-sized pumpkin and cut into inch cubes. Let steam until tender, but not broken. Or cut the pumpkin into large pieces and let steam a short time and then cut the cubes.

Prepare a syrup of sugar and water, about three pounds of sugar and a pint-and-a-half of water, in which simmer the juice and rind (cut into strips) of two lemons. Drop the pumpkin cubes into the syrup and let simmer, carefully, until the pumpkin is translucent. Dip out the pumpkin and pack in ordinary preserve jars; pour over the syrup and lemon and close the jars.

S. A. R.

Apple-Orange Marmalade

Take seven pounds of apples, all green, if possible; wash and remove any imperfections, also the blossom and stem. Cut, but do not core nor peel. Cut in very small pieces. Three oranges; wash and remove peel, which put

through finest knife or food-chopper, after discarding the inner white peeling, also seeds. Put the apple on to boil, adding water till it shows among the fruit, and boil to quite soft; mash fine and put in jelly bag to drain over night. Boil the juice with the orange pulp, cut in very small pieces; add the orange peel and cook for twenty minutes, or till the orange is cooked. Add five (5) pounds of granulated sugar and let boil until a little in a cold saucer will jell.

This recipe has never been in print to my knowledge and will prove very satisfactory to the majority of people.

B. F. B.



This department is for the benefit and free use of our subscribers. Questions relating to recipes and those pertaining to culinary science and domestic economics in general, will be cheerfully answered by the editor. Communications for this department must reach us before the first of the month preceding that in which the answers are expected to appear. In letters requesting answers by mail, please enclose address and stamped envelope. Address queries to Janet M. Hill, Editor. AMERICAN COOKERY, 221 Columbus Ave., Boston, Mass.

QUERY NO. 4241.—"I wish you would let me have a good recipe for Caramel Icing, the kind that does not call for the whites of eggs."

Caramel Icing

Add two cups and one-half of dark brown sugar to three-fourths a cup of milk, and let boil thirteen minutes. When nearly done add three tablespoonfuls of butter and one teaspoonful of vanilla. Beat until nearly cold, then spread on top of cake. It may also be used between the layers. If a sugar thermometer be used, the syrup should be boiled to the soft-ball stage, or between 235 deg. Fah. to 240 deg. Fah.

QUERY NO. 4242.—"Please let me have a recipe for Spiced Pineapple."

Spiced Pineapple

Weigh six pounds of pineapple, after paring, coring, and cutting in rather small pieces. Cook in a porcelain kettle with three cups of the best white vinegar, until the pineapple is softened, keeping the kettle closely covered, and turning the fruit once in a while so that the pieces may be equally exposed to the action of the vinegar. Tie in cheesecloth or netting one ounce, each, of whole cloves, previously bruised, and stick cinnamon, broken into small pieces; add these to the kettle with five pounds of granulated sugar, and let cook until the mixture is of the consistency of marmalade, being careful to avoid burning. The spices may be removed as soon as they have given the flavor desired.

QUERY No. 4243.—"Will you kindly answer the following in your Department of Queries and Answers? Should Boiled Potatoes be started in cold or boiling water? Should Corn on the cob be put on in cold water and allowed to simmer for several minutes after it comes to a boil, or be put on in boiling water and boiled five minutes? Should Chicken, Turkey, or other Fowl be covered during roasting? Can you give a clear and up-to-date article on correct Table Service?"

To Boil Potatoes

Very young, new potatoes—the kind hardly bigger than walnuts, should be put on in cold water and brought quickly to a boil, for potatoes so young as to be immature contain more or less of a bitter principle, which is desirable to get rid of in the cooking. Potatoes in their prime, as from September to March, are best put on in boiling, salted water. Later in the spring, when the potatoes begin to sprout and shrivel they ought to be put on in cold water and brought, as slowly as possible, to a boil, or allowed to stand in cold water for some hours before cooking.

To Boil Corn

It is usually preferred to put on the corn in cold water, bring to a boil, and let simmer until done. But to steam the ears will give, in our opinion, the best results.

Should Chicken Be Covered While Roasting?

Decidedly not; it spoils the flavor not only of chicken and turkey, but of any prime joint of meat to bake it in a covered pan. The covered pan is properly used for braising only, for the tough cuts which have to be braised call for the combination of baking and steaming which results from the covered pan. All kinds of poultry, and all prime joints of meat should be placed on a rack in an uncovered roasting pan, put into a very hot oven for the first ten or fifteen minutes, and then have one or two cups of water poured over them, mixed with fat if the meat is lean, this water to be used for basting every ten or fifteen minutes. The rack in the pan serves both to allow a circulation of air around the meat, and to keep it from touching the water. It is this circulation of air that gives the fine flavor of the properly roasted meat, and the frequent opening of the oven door for the basting serves to supply the fresh air needed for the best results.

Instructions on Table Service

The Up-to-Date Waitress, by Janet M. Hill, or Breakfasts, Luncheons, and Dinners, by Mary D. Chambers, both contain clear and up-to-date directions for table service. We can supply these books if you wish to have either of them.

QUERY No. 4244.—"Will you tell me in your paper why my Lemon Pies become watery when I return them to the oven to brown the meringue? Also give me some suggestions for Desserts for Summertime, other than frozen dishes."

Why Lemon Pies Become Watery

A lemon pie may become watery when put in the oven to brown the meringue, if it be left in the oven too long; or it may water because the filling was not sufficiently cooked before putting into the pastry shell; or it may be from an insufficiency of flour being used in making the filling. If you had told us just how your pies are made, we would be better able to solve your problem.

In future we hope to answer queries as soon as they reach us, and by direct reply to each individual questioner; but up to the present we have answered most of them in this department of the magazine, and since it takes two or three months to get the manuscript into print many of the questions are answered too late. So it happens with your inquiry regarding desserts for Summertime. Any of the cold desserts, such as gelatines, custards, blancmanges, or fresh fruits with cream, are suitable for summer and are easily prepared.

QUERY NO. 4245.—"Will you oblige me by an answer to the following in the pages of AMERICAN COOKERY? How shall I make Tartare Sauce? What should be the temperature of the fat for French Fried Potatoes or for Potato Chips? Mine are never crisp, can you tell me why? Also tell me how to Broil Fish, how to make a good Cream Dressing for fish, meat, or croquettes, and how to make Soft Gingerbread with a sauce to put over it."

Tartare Sauce

A Tartare Sauce or Sauce Tartare is merely a mayonnaise dressing with pickles chopped into it, a tablespoonful, each, or more, of chopped cucumber, cauliflower, and olives, with a tablespoonful of capers and two teaspoonfuls of red pepper to a pint of the mayonnaise. There is, however, a hot Tartare Sauce which is made by adding to one cup of thick white sauce the following ingredients: One tablespoonful, each, of chives, parsley, pickled gherkins, olives, and capers, all put through the food chopper. Stir into the white sauce; heat while stirring constantly, but do not allow the mixture to boil, and add one tablespoonful of vinegar just before serving.

Crisp Fried Potatoes

We think your trouble is not so much the temperature of the fat, which should be about 350 deg. to 375 deg. Fah., as it is that potatoes, to be crisped by deep frying, should first be soaked in cold water for twenty to thirty minutes, then dried perfectly before immersing in the fat. Also, they should be removed from the fat the moment they are done, and drained dry.

To Broil Fish

Wipe the fish dry, and brush it lightly with oil or melted butter. Place it in a double wire broiler, and cook over a clear fire, turning every other minute until both sides are a light, even brown. Remove carefully from the

broiler, using a sharp boning knife to free it from adhesions. If the fish is thoroughly oiled, it should not adhere to the broiler.



I never knew what prunes and apricots could do until—

I came to analyze the flavor-and-health values of these two fruit-foods. At first their use seemed rather limited but with each new dish others immediately suggested themselves.

The chief nutritive element in both prunes and apricots, of course, is fruit sugar. But you derive great value, too, from their mineral salts and organic acids. These improve the quality of the blood and counteract the acid-elements in meat, eggs, cereals and other high-protein foods.

Also, they are rich in tonic iron and other mineral and vitamine elements needed for body tone. Nor should I forget to mention that prunes especially provide a natural laxative made in Nature's own pharmacy.

But aside from these essential health values, I found that Sunsweet Prunes and Apricots offer wonderful possibilities—varying from the most delicate soufflé to the more substantial cobbler, pie or pudding.

—Belle DeGraf

The new 1922 Sunsweet Recipe Packet—edited by Mrs. Belle DeGraf—will be nothing less than a revelation to you. The recipes are printed on *gummed slips* [5×3"] for easy pasting in your cook book. And it's free! California Prune & Apricot Growers Inc., 1196 Market St., San Jose, Cal.

SUNSWEET

CALIFORNIA'S NATURE-FLAVORED

PRUNES & APRICOTS

Buy advertised Goods—Do not accept substitutes

Cream Sauce

Blend together butter and flour, and add to hot milk; keep stirring until the whole has boiled for at least one minute. Add seasonings to taste, at the beginning of cooking. The proportions for a thin, a medium, and a thick sauce are, respectively: One, two, and four tablespoonfuls of flour to one cup of milk. And an equal volume of butter, or one-third less than the flour, is called for.

Soft Gingerbread

To two beaten eggs in a mixing-bowl add two tablespoonfuls of butter, melted, three-eighths a cup of sour milk, and one cup of molasses. Beat all together; add two cups of flour, sifted with one-half a teaspoonful of salt and one teaspoonful of baking powder, and one tablespoonful of ginger. Lastly, add one teaspoonful of baking soda, dissolved in two teaspoonfuls of water. Bake in a sheet, and serve with whipped cream for a simple dessert.

QUERY NO. 4246.—"Can you give me a recipe for Deep-Dish Apple Pie? It has a thick top covering, I cannot call it a crust, for it is something between a cake and a biscuit dough—not at all like pie crust."

Deep-Dish Apple Pie

This is the genuine English Apple Pie—they would call ours an apple tart. It is made in oval baking-dishes of thick yellow ware, about two and one-half or three inches deep, and with flat rims an inch in width. The first thing to do is to invert a teacup—preferably one without a handle—in the bottom of the dish, then core and pare sour, juicy apples—any number, from six to a dozen, depending on the size of the family and the dish—and divide them in eighths. Arrange these in alternate layers with sugar in the dish, with a generous sprinkling of whole cloves over each layer, and pile, layer on layer, until not another bit of apple can go in anywhere without toppling out. The apples are piled up as high again as the depth of the dish, or higher. Now lay over all a very rich biscuit dough, lightly rolled out to one-fourth inch in thickness. Decorate this with leaves, or other cut-out designs, and arrange them over the covering and moisten the under sides with water, to make them adhere during the baking. Place long strips of the dough over the brim of the pie-dish, and press with the bowl of a spoon in concentric designs. Bake in a moderate oven for an hour. Pieces of the crust are cut off for serving, and spoonfuls of the apple pulp are served with them on the plate, then, as soon as convenient the inverted cup is removed, and the rich liquid collected under it is spooned over each serving of crust and apples.

QUERY No. 4247.—"I wish very much to know the right temperature for Baking both layer and loaf, white, butter Cakes, also for chocolate Cake. Should the Baking begin with a cold or a warm oven? How long should each kind of cake bake?"

Temperature for Cake Baking

The usual time and temperature for baking layer cakes is 400 deg. Fah., for twenty minutes. Loaf cakes, made with butter, with or without

chocolate, take a temperature of from 350 deg. to 375 deg, Fah. for from forty minutes to an hour. These temperatures are approximate, and are in accordance with the general rules for oven temperature, but this has to be adapted to the recipe. The more sugar used the lower should be the temperature, to avoid burning, and especially when molasses is used does the need to decrease temperature become imperative. The more butter used the higher should be the temperature, at least, until the cake is "set," to keep it from falling. Cakes with much butter need the greatest heat at first, and then a reduced temperature. So do all cakes of small size. Large cakes are better at a uniform temperature, not so high as the average. A different flavor is produced, especially in very rich cakes with a good many eggs, when put into a cool oven and baked with gradually increasing heat, from that developed by a high initial temperature and then a decreased heat. The quality of the flour and shortening also affect the temperature and time needed in baking. It is a good safe thing to follow the rules, and to temper them with judgment. When the cake is just firm in the center, and has shrunk from the sides of the pan, it is done, no matter what the temperature has been or how long it has baked. But you will always get your cake at this condition, more surely and safely, by following the rules, though you must be on the alert to use them with flexibility.



Another Mystery Cake

Can You Name It?

The first Royal Mystery Cake Contest created a countrywide sensation. Here is another cake even more wonderful. Who can give it a name that will do justice to its unusual qualities?

This cake can be made just right only with Royal Baking Powder. Will you make it and name it?

\$500 For The Best Names

For the name selected as best, we will pay \$250. For the second, third, fourth, and fifth choice, we will pay \$100, \$75, \$50, and \$25 respectively. Anyone may enter the contest, but only one name from each person will be considered. All names must be received by December 15th. In case of ties, the full amount of the prize will be given to each tying contestant. Do not send your cake. Simply send the name you suggest With your own name and address, to the

ROYAL BAKING POWDER CO: 158 William Street, New York

HOW TO MAKE IT

Use level measurements for all materials

1/2 cup shortening	2 1/3 cups flour
1 1/2 cups sugar	1/4 teaspoon salt
Grated rind of 1/2 orange	4 teaspoons Royal Baking Powder
1 egg and 1 yolk	1 cup milk

1 1/2 squares (1 1/2 ozs.) of unsweetened chocolate (melted)

Cream shortening, add sugar and grated orange rind. Add beaten egg yolks. Sift together flour, salt and Royal Baking Powder and add alternately with the milk; lastly fold in one beaten egg white. Divide batter into two parts. To one part add the chocolate. Put by tablespoonfuls, alternating dark and light batter, into three greased layer cake pans. Bake in moderate oven 20 min.



FILLING AND ICING

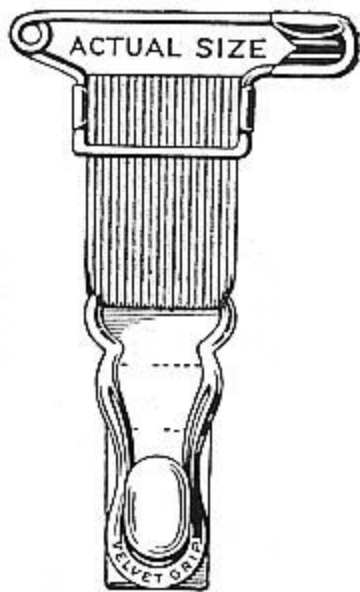
3 tablespoons melted butter
3 cups confectioner's sugar
3 squares (3 ozs.) unsweetened
chocolate
2 tablespoons orange juice
1 egg white
Grated rind of 1/2 orange and pulp of
1 orange
Put butter, sugar, orange juice and
rind into bowl. Cut pulp from orange,
removing skin and seeds, and add.
Beat all together until smooth. Fold in
beaten egg white. Spread this icing on
layer used for top of cake. While

icing is soft, sprinkle with unsweetened chocolate
shaved in fine pieces with sharp knife (use 1/2
square). To remaining icing add 2-1/2 squares
unsweetened chocolate which has been melted,
Spread this thickly between layers and on sides of
cake.



"Holds Like Daddy's"

Not only that, but it is made with the *same care*
and of the same *quality* as Daddy's.



The Baby Midget

Velvet Grip

Hose Supporter

Has taken the place of all makeshifts ever known for holding up baby's tiny socks—equipped with that exclusive feature found only on Velvet Grip garters for "grown-ups"—namely the

All-Rubber

Oblong Button

*Sold everywhere or sent
postpaid*

List 12 cents Silk 18 cents

George Frost Company

568 Tremont St., Boston

Makers of the famous

Boston Garter for Men

QUERY No. 4248.—"Will you please give me a recipe for Canned Pimientos?"

Canned Pimientos

Cut round the stem of each, and with a small, sharp knife remove the seeds and the white partitions inside. Set on a baking sheet in a hot oven until the thin outside skin puffs and cracks, then remove it with a small, sharp knife. Or they may be scalded, then dipped into cold water and the skin be carefully removed. Sometimes the skin is left on. Now press each one flat, and arrange them in layers, alternately overlapping one another, in the jars, without liquid, and process for twenty-five to thirty-five minutes at

212 deg. Fah. During the processing a thick liquid should exude, covering the pimientoes.

QUERY NO. 4249.—"I should like a recipe for New York Ice Cream."

Classes of Ice Cream

There are three distinct classes of Ice Cream: The Philadelphia, which is supposed to be made of heavy cream; the French, which is made with eggs on a soft custard foundation; and the so-called American, which is made on the foundation of a thin white sauce. All three classes are made in New York, and in every other large city, but we have never heard that any special recipe for ice cream is peculiar to New York. The less expensive forms of cream, in that and every other city, are those based on a thin white sauce, sweetened, flavored, and frozen.

It was the custom of the congregation to repeat the Twenty-third Psalm in concert, and Mrs. Armstrong's habit was to keep about a dozen words ahead all the way through. A stranger was asking one day about Mrs. Armstrong. "Who," he inquired, "was the lady who was already by the still waters while the rest of us were lying down in green pastures?"

Metropolitan.

Eatmor Cranberries

The Finest Relish with Beef as well as Poultry

Nature's own condiment—the tonic tang of health-giving cranberries gives zest to the appetite, and a piquant flavor to meats—hot or cold.

When cooked with pot-roast or cheaper cuts of meats cranberries make the meat tender and delicious. (See recipe folder for this and other recipes.)

8 lbs. cranberries and 2½ lbs. of sugar make 10 tumblers of beautiful clear jelly. Try this recipe:—

Cranberry Jelly

Cook until soft the desired quantity of cranberries with 1½ pints of water for each two quarts of berries. Strain the juice through a jelly bag.

Measure the juice and heat it to the boiling point. Add one cup of sugar for every two cups of juice; stir until the sugar is dissolved; boil briskly for five minutes; skim, and pour into glass tumblers, porcelain or crockery molds.

Always cook cranberries in porcelain-lined, enameled or aluminum utensils.

A recipe folder, containing many ways to use and preserve cranberries, will be sent free on request.

For quality and economy specify "Eatmor" Cranberries

American Cranberry Exchange, 90 West Broadway, New York City



**"Choisa"
Orange Pekoe
Ceylon Tea**

**Pre-War
Prices**

**1-lb. Cartons, 60 cents
1/2-lb. Cartons, 35 cents**



Pre-War Quality

**We invite comparison with any tea
selling under \$1.00 a pound**

**S. S. PIERCE CO.
BOSTON BROOKLINE**

**Baked Apples with
Marshmallows**





6 apples 3/4 cup boiling water
1/2 box Campfire Marshmallows
1 tablespoon butter

Wipe apples, remove core, cut through skin half way down to make points and place in baking dish. Reserve six Campfire Marshmallows, cut remainder in pieces and put in center of apples. Put bits of butter on top.

Surround apples with water and bake in hot oven until soft, basting frequently. Be very careful that they do not lose their shape. Remove from oven, put a whole marshmallow in the top of each apple, and return to oven until slightly brown.

Surround with the syrup from the pan and serve hot or cold with cream.

Campfire
WHITE
Marshmallows

The big
6 OZ.
package

Recipes on each package

Buy advertised Goods—Do not accept substitutes



*... and Cook says there's
a secret behind the flavor*

Baker's Coconut has that tempting flavor of the ripe coconut fresh from the Tropics. YOU'LL note its goodness the very first time you try it. You'll realize, too, that coconut is real food, delicious and nourishing—as well as a garnish for other foods.

There IS a secret behind the wonderful flavor of Baker's. See if YOU can find it in the can.

In the can:—Baker's Fresh Grated Coconut—canned in it's own milk.

In the package:—Baker's Dry Shred Coconut—sugar-cured—for those who prefer the old-fashioned kind.

Have YOU a copy of the Baker Recipe Booklet? If not write for it NOW—it's free.

THE FRANKLIN BAKER COMPANY, PHILADELPHIA, PA.



DELICIOUS AND SUSTAINING

DIABETIC

FOODS

QUICKLY MADE WITH

RICH IN
PROTEIN
AND FAT

Hepeco
FLOUR

CONTAINS
PRACTICALLY
NO STARCH

Twenty Cents Brings a General Sample

Thompson's Malted Food Company
17 River Drive Waukesha, Wisconsin

SERVICE TABLE WAGON



IT SERVES YOUR HOME
AND SAVES YOU TIME

Large Broad Wide Table Top—Removable Glass Service Tray—Double Drawer—Double Handles—Large Deep Undershelves—"Scientifically Silent"—Rubber Tired Swivel Wheels. A high grade piece of furniture surpassing anything yet attempted for GENERAL UTILITY, ease of action, and absolute noiselessness. Write now for descriptive pamphlet and dealer's name.

COMBINATION PRODUCTS CO.
5041 Cunard Bldg., Chicago, Ill.

Domestic Science

Home-Study Courses

Food, health, housekeeping, clothing,
children.

*For Homemakers and Mothers;
professional courses for Teachers,
Dietitians, Institution Managers,
Demonstrators, Nurses, Tea Room
Managers, Caterers, "Cooking for
Profit," etc.*

"THE PROFESSION OF HOME-MAKING,"
100 page handbook, *free*. BULLETINS:
"Free-hand Cooking," "Food Values,"
"Ten-Cent Meals," "Family Finance,"
"Art of Spending"—10c ea.

**American School of Home Economics
(Chartered in 1915) 503 W. 69th St.,
Chicago, Ill.**

Dress Designing Lessons FREE

Women—Girls—15 or over, can easily learn Dress
and Costume Designing during their spare moments
IN TEN WEEKS



**Dress and Costume Designers
Frequently Earn
\$45 to \$100 a Week Many Start Parlors in Their Own Homes**

Every woman who
now
does plain sewing
should take up
Designing

Hundreds Learn
Millinery by
Mail

Cut and Mail to
Franklin Institute,
Dept. R 640
Rochester, N.Y.

Send me AT ONCE free
sample lessons in the subject
here checked.

Dress Designing Millinery
Name

Address

Mrs. Knox's Page

Household Discoveries with Gelatine

HOUSEKEEPERS everywhere are constantly sending me new and unusual uses for gelatine. These hints are so interesting that I am giving as many as possible here, together with one of my own gelatine specialties. If you, too, have discovered some new use for Knox Gelatine, send it to me that I may publish it on this page.

A DELICIOUS THANKSGIVING DESSERT

1 envelope Knox Sparkling Gelatine	1 cup maple syrup
1/2 cup cold water	2 cups cream
White of 1 egg	1/4 pound nut meats, chopped
1 teaspoonful vanilla	1/8 teaspoonful salt

Soften the gelatine in the cold water ten minutes and dissolve over hot water. Heat the maple syrup and pour on the beaten white of the egg, beating until very light. Beat in the gelatine and, when cool, fold in the cream, beating well, and add vanilla, salt and nut meats. Line mold with lady fingers or slices of stale sponge cake. Turn in the cream and chill.

For after-dinner candies, try Knox Gelatine mints

Fruit juices, from canned or "put-up" fruits, need not be served with the fruit but poured off, saved and made into Knox Gelatine desserts and salads. The juice from canned strawberries, loganberries, or blackberries makes a most delicious jelly when combined with Knox Gelatine, or with nuts, cheese and lettuce, a delightful fruit salad.

Canned apricot juice, jellied with spices and grated orange rind, makes an appetizing relish for meat or fish.

Canned pineapple juice, molded with sliced tomatoes or cucumbers, makes a most unusual jellied salad.

In these fruit juice desserts and salads, use one level tablespoonful Knox Gelatine for every two cups of juice, or two level teaspoonfuls to a cup of liquid. First soften gelatine in cold water and add fruit juice, heated sufficiently to dissolve gelatine. Pour into wet molds and chill.

Bread crumbs, rice and nuts, combined with Knox Gelatine, make a nutritious "Vegetarian Nut Loaf." This may be used in place of meat and is appropriate for a simple home luncheon or dinner. See detailed recipe, page 5, of the Knox booklet, "Food Economy."

MANY GELATINE DISCOVERIES IN KNOX BOOKLETS

There are many additional uses for gelatine in my recipe booklets, "Dainty Desserts" and "Food Economy," which contain recipes for salads, desserts, meat and fish molds, relishes, candies, and invalid dishes. They will be sent free for 4 cents in stamps and your grocer's name.

Any domestic science teacher can have sufficient gelatine for her class, if she will write me on school stationery, stating quantity and when needed.



"Wherever a recipe calls for Gelatine—think of KNOX"



MRS CHARLES B. KNOX
KNOX GELATINE
107 Knox Avenue
Johnstown, N. Y.

Buy advertised Goods—Do not accept substitutes



A Delicious and Sustaining Breakfast

All the wholesome, nutritious food elements
of wheat and malt are combined in

MALT BREAKFAST FOOD

With cream or milk, it makes a healthful,
substantial morning meal for the whole
family. At grocers,—in the blue and yellow
package with the little Dutch girl on it.

Try it—tomorrow

**THE MALTED CEREALS CO.
Burlington, Vermont**



DELISCO



**The Most
Delicious
Substitute
for Coffee
Drinkers**

*Endorsed by
Physicians and
Professor Allyn
of Westfield*

Soothes the nerves, equals in taste
and aroma the choicest grades of
coffee, without the caffeine effects

Delisco contains 21% protein

For Children, Adults and Invalids

At your Grocer's—50 cup pkg.—48c
By Parcel Post Prepaid:
1 package 55c; 2 packages \$1.00

Sawyer Crystal Blue Co.
Sole Selling Agents
88 Broad Street, Boston, Mass.

LOCAL AGENTS WANTED

Mother: "No, Bobbie, I can't allow you to play with that little Kim boy. He might have a bad influence over you."

Bobbie: "But, mother, can I play with him for the good influence I might have over him?"—*New York Globe*.

HEBE

Some HEBE
Suggestions

Tomato Puree

Chicken Patties

Veal Fricassee

Salad Dressings

Doughnuts

Waffles

Pumpkin Pie

Puddings



**Try this recipe for Gingerbread
—delicious and economical**

2 cups flour
1/4 teaspoon salt
1 teaspoon ginger
1/2 teaspoon soda
1/2 teaspoon mace
1 egg beaten
1/2 cup HEBE diluted with 2 tablespoons water
1 cup seedless raisins
1/4 cup brown sugar
1/4 cup butter
1/2 cup corn syrup
1/2 cup molasses



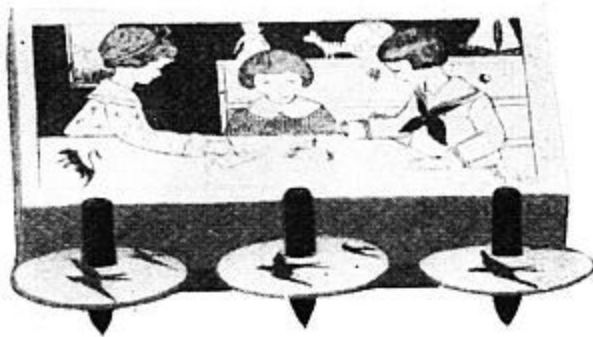
Sift flour, salt, soda and spices into bowl. Melt together HEBE, water, sugar, butter, syrup and molasses. Cool slightly and add to dry ingredients with egg and raisins. Turn into greased and floured cake tin and bake in moderate oven for an hour.

You'll love gingerbread made this way. It's a good wholesome food and an always welcome dessert. HEBE gives it that good rich flavor and the fine texture that makes it melt in your mouth—and HEBE adds nutriment too.

HEBE is pure skimmed milk evaporated to double strength enriched with cocoanut fat. In cooking it serves a threefold purpose—to moisten, to shorten and to enrich.

Order HEBE today from your grocer and write to us for the free HEBE book of recipes. Address 4315 Consumers Building, Chicago

THE HEBE COMPANY
Chicago Seattle



"WIN-A-SPIN" TOPS



Fortune may smile on the winner. White for fame, pink for gold and blue for happiness. The longest spinner is the winner. Box of 3 tops, 50c. *postpaid*. (Ask for No. 4249.) Our catalog shows hundreds of novel, inexpensive gifts for young and old. Send for a copy today and make your Christmas shopping a pleasure. See the *Pohlson* things in stores and gift shops. Look for the Pohlson seal of distinction.

POHLSON Gift Shop
Pawtucket, R. I.

We wish the following back numbers
of **AMERICAN COOKERY**

June 1915
May 1917
December 1919
June 1920



CAKE and MUFFIN TESTER

Convenient, Sanitary and Hygienic
Year's Supply for a Dime. Send 10c.
(Stamps or Coin) to

PERCY H. HOWARD
2 Central Square Cambridge,
Mass.

SALAD SECRETS

100 recipes. Brief but complete.
15c by mail. 100 Meatless
recipes 15c. 50 Sandwich
recipes 15c. All three 30c.

November 1920
March 1921

**B. R. BRIGGS, 250 Madison
St., Brooklyn, N. Y.**

and will remit one dollar to any one
sending us the above SET of SIX
numbers
*(We desire only complete sets of 6
numbers)*

**The Boston Cooking School
Magazine Co.
BOSTON, MASS.**

"Ten-Cent Meals"

42 Meals with receipts and
directions for preparing each. 48 pp.
10c.

**Am. School of Home Economics,
503 W. 69th St., Chicago**

The Silver Lining

It's Only Old Pot Liquor, After All

Respectfully dedicated to the eminent scientist, Dr. H. Barringer Cox

SOUTHERNERS have been rather amused to read lately that the favorite dish of the children and the colored people, "Pot Liquor," that is the liquid in which turnip greens, beans, etc., with bacon, have been boiled, has now been pronounced a most valuable food by scientists. "Pot Liquor" is usually eaten with "corn pone," that is, plain corn bread.

I feel advanced and erudite,
Because I recently did read
Where skilful scientist did write
A column full of learned "feed."

Oh, it was all about such things
As "vitamines" and kindred terms;
I read and read how some food brings
Eviction to the naughty germs.

I read of how we all should eat
The "essence" strong of turnip greens,
And oh, he showed in language meet
For science that he did "know beans."

My head did almost ache with weight
Of all the learning I obtained;
And when I read, through language great,
I marvelled at the knowledge gained.

Black "Mammy" would have never known
A germ. Alas! that she has died
Before her nurslings' feast, "corn pone"

In juice of greens was glorified.

Please, Mr, Scientist, so wise,
Since you "pot liquor" do so raise
To nth degree, nutrition size,
Send us another screed to praise

In learned phrase, "pot liquor's" true
And constant partner, good "'corn pone";
Oh, we "down South" do beg of you
Leave not our childhood's friend alone;

But drop in scientific stew—
Of course in language hard to read—
A "corn pone hunk"—we promise you
A noble, satisfying "feed."

Then honorable mention take
Our "side meat," then such generous share,
Such unction and such healing make
As "inner consciousness" should bear.

In earlier days we only knew
"Pot Liquor" and we did not bow
To "vitamines," Alas! 'tis true,
Bacon, a real aristocrat is now.

Oh, so advanced I feel, for I—
No science in my cranium small—
In learned dress, old friend do spy—
It's only our "Pot Liquor" after all.

BY M. E. HENRY-RUFFIN.



ere are some of—Mrs.
Rorer's Standard Books
of peculiar interest just at
this time:

HOME CANDY MAKING

Has an appealing sound. The idea of making candy is enticing. And here are ways easily understood for making all sorts of delicious confections. The directions are plain and easily followed.

Bound in cloth, 75 cents; by mail, 80 cents

CAKES, ICINGS AND FILLINGS

This is another book that has an appeal. Every housewife has pride in her knowledge of cake making, or at least likes to have them for her home and her guests. Well, here are recipes in abundance.

Bound in cloth, \$1.00; by mail, \$1.10

KEY TO SIMPLE COOKERY

A new-plan cook book. Its simplicity will commend it to housewives, for it saves time, worry and expense. By the way, there is also the layout of a model kitchen, illustrated, that will save many steps in the daily work.

Bound in cloth, \$1.25; by mail, \$1.40

DAINTIES

Contains Appetizers, Canapes, Vegetable and Fruit Cocktails, Cakes, Candies, Creamed Fruits, Desserts, Frozen Puddings, etc.

Bound in cloth, \$1.00; by mail, \$1.10

PHILADELPHIA COOK BOOK

A famous cook book, full of all the brightest things in cookery. Hundreds of choice recipes, all good, all sure, that have stood the test by thousands of housewives. The beginner can pin her faith on these tried recipes, and the good cook can find lots to interest her.

Bound in cloth, \$1.50; by mail, \$1.65

MY BEST 250 RECIPES Mrs. Rorer's own selection of the choicest things in every department of cookery, as for instance, 20 Best Soups, 20 Best Fish Recipes, 20 Best Ways for Meat, 20 Best Vegetable Recipes, and so on through the whole range of table food. **Bound in cloth, \$1.00; by mail, \$1.10**

For sale by Boston Cooking-School Magazine, Co., Department
and Bookstores, or
ARNOLD & COMPANY, 420 Sansom St., Philadelphia

Buy advertised Goods—Do not accept substitutes

No. 4244

DAINTY DORIS

Bringing 8 yards of finely-woven washable silk lingerie tape with bodkin, all ready for running. Your choice of pink or blue in delicate shades, 85c post paid. Just one of hundreds of equally attractive things shown in our catalog of Gifts for every member of the family and for every gift occasion. Select from our

catalog and make your Christmas shopping a pleasure. Send for it today. Look for the POHLSON things in stores and gift shops of your town.



POHLSON GIFT SHOP, Pawtucket, R. I.



PRACTICAL CHRISTMAS GIFT

ROBERTS

Lightning Mixer

BEATS EVERYTHING



Beats eggs, whips cream, churns butter, mixes gravies, desserts and dressings, and does the work in a few seconds. Blends and mixes malted milk, powdered milk, baby foods and all drinks.

Simple and Strong. Saves work—easy to clean. Most necessary household article. Used by 200,000 housewives and endorsed by leading household magazines.

If your dealer does not carry this, we will send prepaid quart size \$1.25, pint size 90c. Far West and South, quart \$1.40, pint \$1.00.

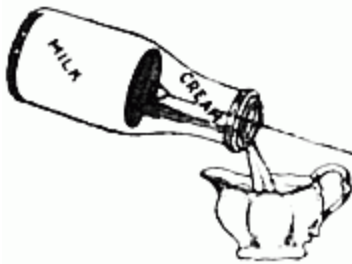
Recipe book free with mixer.

NATIONAL CO. CAMBRIDGE 39, BOSTON, MASS.

**PERSONAL BODY
DEVELOPMENT** The correct method
of obtaining a Perfect Figure, overcoming
Nervousness, Constipation, Biliousness,
Flabbiness of flesh and thinness of body.

Price, \$1.00. Fully Guaranteed.

THE NEW IDEAS CO. 14 Collins Bldg., LIMA, OHIO



FREE FOR 30 DAYS Have you
ever wanted to obtain the **CREAM**
from a bottle of **MILK**? This
SEPARATOR does it
PERFECTLY. Send this ad., your
name and address, and we will send
one. Pay postman 50 cents. Use for
30 days; if not entirely
SATISFACTORY return and we will refund
your money.

**B. W. J. COMPANY, Dept. A.C.
1996 Indianola Ave., Columbus, Ohio**

A Dishwasher for \$2.50!

Keeps hands out of the water, no wiping of
dishes, saves 1/2 the time. Consists of special
folding dishdrainer, special wire basket, 2
special long-handled brushes. Full directions
for use. Sent prepaid for \$2.50. Full refund if
not satisfactory.

Am. School of Home Economics, 503 W. 69th. St., Chicago

Foreman: "What are you doin' of, James?"

Bricklayer: "Sharpenin' a bit o' pencil."

Foreman: "You'll 'ave the Union after you, me lad. That's a carpenter's job."—*Punch*.

"Home-Making as a Profession"

HOME-MAKING is the greatest of all the professions—greatest in numbers and greatest in its influence on the individual and on society. All industry is conducted for the home, directly or indirectly, but the industries directly allied to the home are vastly important, as the food industries, clothing industries, etc. Study of home economics leads directly to many well paid vocations as well as to home efficiency.

Since 1905 the American School of Home Economics has given home-study courses to over 30,000 housekeepers, teachers, and others. The special textbooks have been used for class work in over 500 schools.

Of late years, courses have been developed fitting for many well paid positions:—Institution Management, Tea Room and Lunchroom Management, Teaching of Domestic Science, Home Demonstrators, Dietitians, Nurses, Dressmaking, "Cooking for Profit." Home-Makers' Courses:—Complete Home Economics, Household Engineering, Lessons in Cooking, The Art of Spending.

BULLETINS: Free-Hand Cooking, Ten-cent Meals, Food Values, Family Finance, Art of Spending, Weekly Allowance Book, *10c. each*.

Details of any of the courses and interesting 80-page illustrated handbook, "The Profession of Home-Making" sent on request. American School of Home Economics, 503 W. 69th Street, Chicago.

—*Adv.*



THANKSGIVING TIME

means company and lots of preparing
for the Feast

Turkey—Chicken—Roast Duck

stuffed with dressing seasoned with

**STICKNEY & POOR'S
POULTRY SEASONING**

PIES

Pumpkin—Squash—Mince

all seasoned with

**STICKNEY & POOR'S
DEPENDABLE SPICES**

Stickney & Poor's Seasonings have been used by New England Housewives in preparing Thanksgiving dishes for more than a century.

Your Mother and Grandmother learned to depend upon them, and you should, too, because they are always pure, full strength, and of uniform quality.

Ask your grocer for Stickney & Poor's Seasonings.

Your co-operating servant,

"MUSTARDPOT."



STICKNEY & POOR SPICE COMPANY

1815—Century Old—Century Honored—1921

Mustard-Spices BOSTON and HALIFAX Seasonings-Flavorings

THE NATIONAL MUSTARD POT

Buy advertised Goods—Do not accept substitutes



JUST THE THING FOR THE HOT WEATHER

Gossom's Cream Soups (in Powdered Form) Pure, Wholesome, Delicious



Quickly and Easily
Prepared.

Simply add water and
boil 15 minutes and you
have a delightful soup, of
high food value and low cost. One 15 cent package makes 3 pints
of soup.

These soups do not deteriorate, so may be continually on hand
and thus found most convenient. The contents also keep after
opening.

Split pea, Green pea, Lima, Celery, Black Bean, Clam
Chowder, Onion and (Mushroom 25c).

Sample sent prepaid on receipt of 20 cents, or one dozen for
\$1.75.

For Sale by leading grocers 15 cents a package, 20 cents in far
West.

Manufactured by
B. F. Gossom, 692 Washington St., Brookline, 46, Mass.

"Free-Hand Cooking"

Cook without recipes! A key to cookbooks, correct proportions, time, temperature; thickening, leavening, shortening, 105 fundamental recipes. 40 p. book. 10 cents coin or stamps.

Am. School of Home Economics, 503 W. 69th Street, Chicago

	Trade Mark Registered.	
	Gluten Flour	
	40% GLUTEN	
	Guaranteed to comply in all respects to standard requirements of U. S. Dept. of Agriculture.	
	Manufactured by FARWELL & RHINES	
	Watertown, N. Y.	

Buy advertised Goods—Do not accept substitutes

Cream Whipping Made
Easy and Inexpensive

CREMO-VESCO

Whips Thin Cream
or Half Heavy Cream and Milk
or Top of the Milk Bottle

It whips up as easily as heavy cream and
retains its stiffness.

Every caterer and housekeeper wants
CREMO-VESCO.

Send for a bottle to-day.

Housekeeper's size, 1-1/2 oz., .30 prepaid
Caterer's size, 16 oz., \$1.00 "
(With full directions)

CREMO-VESCO COMPANY
631 EAST 23rd ST., BROOKLYN, N. Y.
Pacific Coast Agents:
MILES MFG. CO., 949-951 E. 2nd St., Los Angeles, Cal.

Bernard Shaw: "Say, Einie, do you really think you understand yourself?"

Einstein: "No, Bernie—do you?"

As the Sunday-school teacher entered, she saw leaving in great haste a little girl and her smaller brother. "Why, Mary, you aren't going away?" she exclaimed in surprise. "Pleathe, Mith Anne, we've got to go," was the distressed reply. "Jimmy thwallowed hith collection."

DELISCO is considered by connoisseurs a most delicious, refreshing and healthful drink. It fully satisfies, by its aroma and flavor, the natural desire of the coffee drinker who has heretofore continued to take coffee because unable to find a satisfactory equivalent. When properly made, experts have been unable to distinguish DELISCO from the finer grades of coffee. —*Adv.*

Cooking for Profit

BY ALICE BRADLEY

Principal, Miss Farmer's School of Cookery Cooking Editor, Woman's Home Companion

IF YOU wish to earn money at home through home cooked food and catering—if you would like to own and conduct a food shop, candy kitchen, tea room, cafeteria or lunch room—if you wish to manage a profitable guest house or small hotel, you will be interested in this new correspondence course.

It explains just how to prepare food, "good enough to sell"; just what to cook, with many choice recipes; how to establish a reputation and a constant profitable market; how to cater for all occasions, and tells in detail how to establish and conduct successful tea rooms, etc.—how to manage *all* food service.

The expense for equipment is little or nothing at first, the correspondence instruction is under the personal direction of Miss Bradley which assures your success, the fee for the course is very moderate and may be paid on easy terms. For full details write to American School of Home Economics, 503 W. 69th Street, Chicago. —*Adv.*

DR. PRICE'S VANILLA

To know pure, delicate, full-flavored vanilla extract at its very best—try Price's Vanilla. Only the highest quality beans, carefully chosen, are used. Perfectly cured and extracted to get the true, pure flavor; this flavor is then aged in wooden casks to bring out all its richness and mellowness. That—and that alone—is Price's Vanilla.



For nearly seventy years—the quality of Price's Vanilla has never varied. It is always the best that can be made! Insist upon Price's from your grocer—don't take a substitute. If he hasn't it in stock, he can easily get it for you!



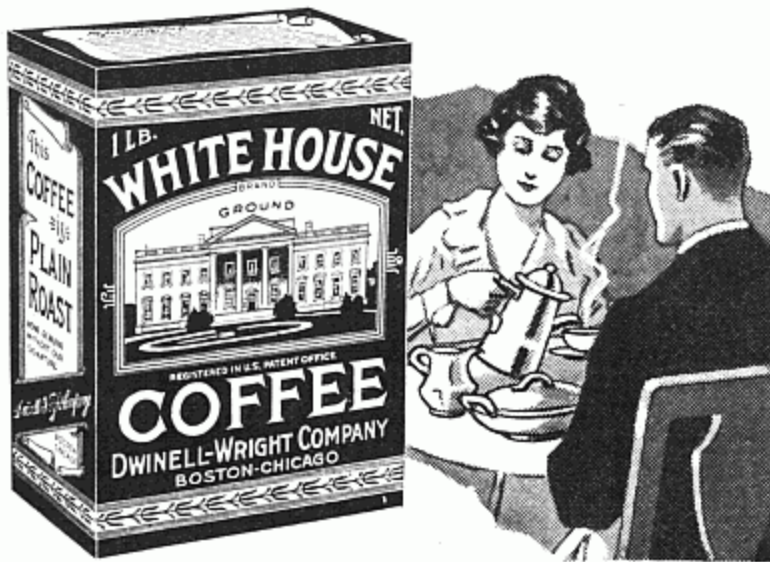
**PRICE FLAVORING EXTRACT
COMPANY**

**"Experts in Flavor" In Business 68
Years
Chicago, Ill.**

**Look for Price's
Tropikid on the
label**



WHITE HOUSE *Coffee*



For the Business Man's Breakfast

A steaming cup of *White House Coffee* at the morning meal gives, to most men, just the needed impetus which carries him through a strenuous day and brings to him the successes he strives for.

*1-3-5 lb.
Packages Only*

DWINELL-WRIGHT CO. BOSTON · CHICAGO

===== *Principal Coffee Roasters* =====

Buy advertised Goods—Do not accept substitutes

No SALAD is quite so PERFECT as when served with ROSE APPLES

Six hundred leading hotels, from Bangor to Los Angeles, are using them.

A new sweet pepper used as salad cups, garnishes, etc.—beautiful red—rich, nutty flavor—crisp—tender—melting—juicy.

If not on sale in your Fancy Grocery we will deliver, charges prepaid, east of Denver, a case of six full quarts for \$3.90. Each quart will serve 13 to 16 people.

Try them at your next dinner. Your guests will rave. The first expression is: "The lovely things, what are they?" Then at the first taste: "How delicious; where can I get them?"

If dissatisfied after using one quart, return the remainder at our expense and we will return all money paid.

A new book of SALADS in every case, or sent free on request, with the name of your retail Fancy Grocer.

KEHOE PRESERVING COMPANY, Terre Haute, Indiana

French Ivory Manicure Sets

(21 Pieces)

In black cobra grain, plush lined case.

Only **\$7.00**. Only a few left

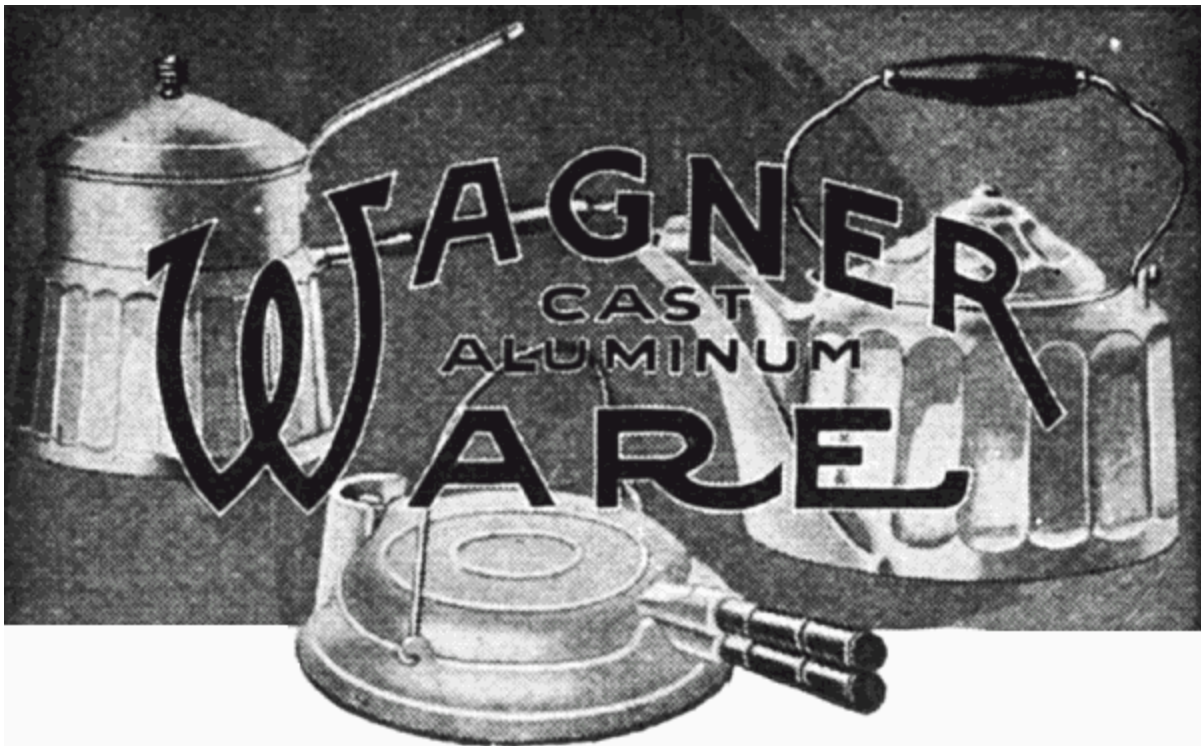
H. L. CARROLL

New Jersey Ave., S. E. Washington, D.C.

"Where My Money Goes"

Weekly Allowance Book—simple little book 32 pages, small enough for your pocketbook, easily kept; gives classified record of all personal or household expenses, *10 cents*.

**AM. SCHOOL OF HOME ECONOMICS, 503a W. 69th STREET,
CHICAGO**



Wagner Cast Aluminum utensils are cast, not stamped. Being in one solid piece there are no rivets to loosen, no seams to break, no welded parts. Wagner Cast Aluminum Ware wears longer and cooks better. The thickness of the metal is the reason—heat is retained and evenly distributed—food does not scorch or burn as is liable in stamped sheet utensils.



Wagner Ware combines durability and superior cooking quality with the most beautiful designs and finish. At best dealer's.

Don't ask for aluminum ware, ask for Wagner Ware

**The Wagner Mfg. Co.
Dept. 74 SIDNEY, OHIO**

"Household Helpers"

IF YOU could engage an expert cook and an expert housekeeper for only 10 cents a week, with no board or room, you would do it, wouldn't you? Of course you would! Well, that is all our "TWO HOUSEHOLD HELPERS" will cost you the first year—nothing thereafter, for the rest of your life.

Have you ever considered how much an hour a day, 7 days a week, 365 days a year is worth to you? Many workmen get \$1 an hour—surely your time is worth 30 cents an hour. We guarantee these "Helpers" to save you *at least* an hour a day, worth say \$2.10 a week. Will you invest the 10 cents a week to gain \$2 weekly? *Send the coupon.*

And the value our "Helpers" give you in courage and inspiration, in peace of mind, in the satisfaction of progress, in health, happiness and the joy of living,—*is above price.* In mere dollars and cents, they will save their cost twelve times a year or more. *Send the coupon.*

These helpers, "Lessons in Cooking" and "Household Engineering," were both prepared as home-study courses, and as such have been tried out and approved by thousands of our members. Thus they have the very highest recommendation. Nevertheless we are willing to send them in book form, on a week's free trial in your own home. *Send the coupon.*

In these difficult days you really cannot afford to be without our "Helpers." You owe it to yourself and family to give them a fair trial. You

cannot realize what great help they will give you till you try them—and the trial costs you nothing! *Send no money—send the coupon.*

American School of Home Economics, Chicago.

FREE TRIAL FOR ONE WEEK

A.S.H.E.—503 W. 69th Street, Chicago, Ill.

Send your two "HOUSEHOLD HELPERS," prepaid on a week's trial, in the De Luxe binding. If satisfactory, I will send you \$5 in full payment (OR) 50 cents and \$1 per month for five months. Otherwise I will return one or both books in seven days. (Regular mail price \$3.14 each).

**Name and
Address
Reference**



MILK—Nature's first food—is turned into an attractive, delicious dish that

children and adults *enjoy* when it is made into Junket.

Junket

MADE *with* MILK

is wholesome milk in tasty dessert form. It is eaten slowly and *enjoyed*—hence it is the better way of serving milk.

Junket can now be made with Junket Powder, as well as with Tablets. The new Junket Powder is already sweetened and flavored. Made in 6 different flavors.

Both Grocers and Druggists sell Junket

Send 4c. in stamps and your grocer's name, for sample (or 15c. for full size package of Junket Tablets; 20c. for full size package of Junket Powder) with recipes.

THE JUNKET FOLKS, Little Falls, N.Y.

Chr. Hansen's Canadian Laboratory,
Toronto, Ont.



8 Inches Square, 5 Inches High

You can be the best cake maker in your club or town. You can make the same Angel Food Cake and many other kinds that I make and sell at \$3 a loaf-profit, \$2, if you

Learn the Osborn Cake Making System

My methods are different. They are the result of twenty years experience as a domestic science expert. My way is easy to learn. It never fails. I have taught thousands. Let me send you full particulars FREE.

Mrs. Grace Osborn Dept. K 5 Bay City, Mich.

"The Art of Spending"

Tells how to get more for your money—how to live better and save more! How to budget expenses and record them *without household accounts*. 24 pp. illustrated, *10 cents*.

**AM. SCHOOL OF HOME ECONOMICS. 503a W. 69th ST..
CHICAGO**

**This Big 5 Pound Bag of
Delicious Shelled Peanut** **\$1.75**



**Send for Recipe
Book**

Direct from grower by Prepaid Parcels Post to your door. More and better peanuts than \$5 will buy at stands or stores. Along with Recipe Book telling of over 60 ways to use them as foods. We guarantee prompt delivery and ship at once. 10 lbs, \$3.00. Money back if not delighted.

EASTERN PEANUT CO., 10 A, HERTFORD, N.C.

Help! Help!! Help!!!

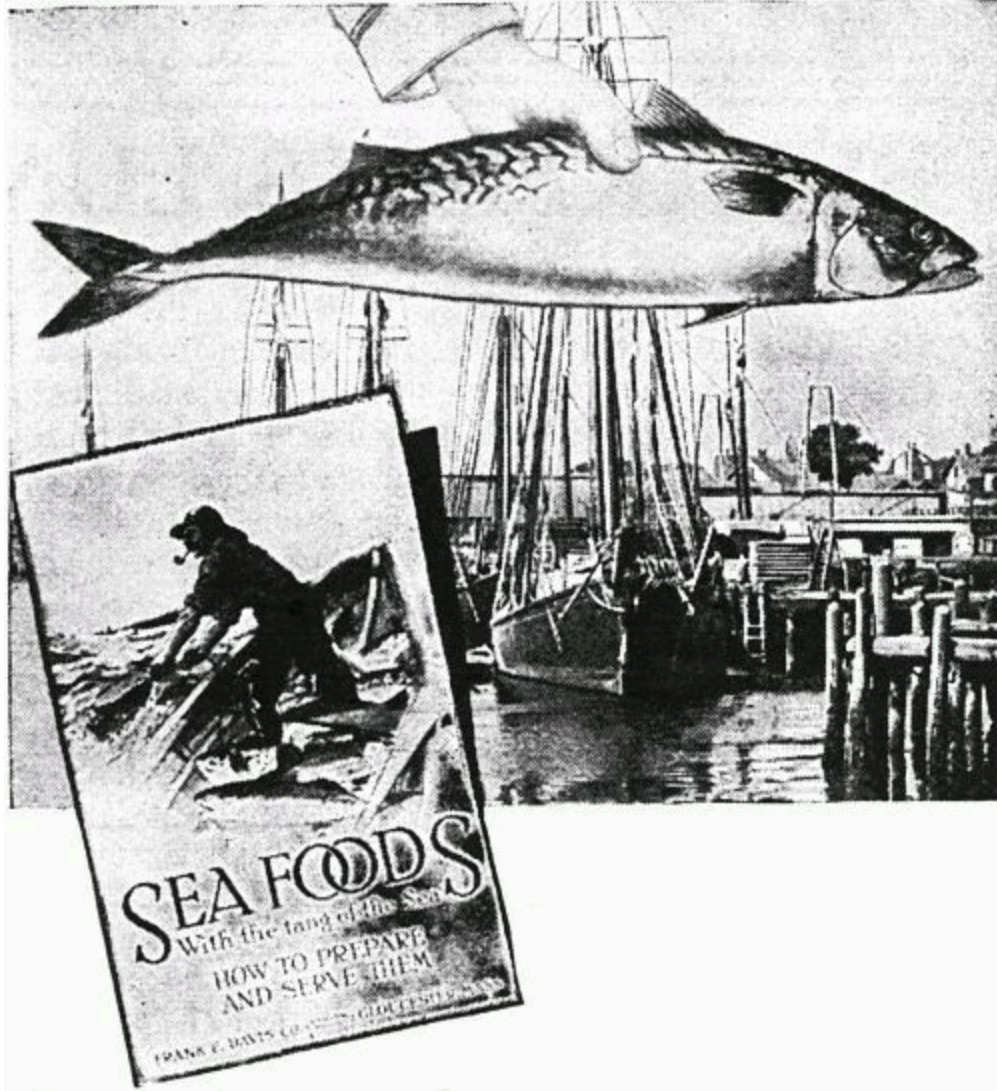
Our two new household helpers on 7 days' free trial! They save you *at least* an hour a day, worth at only 30 cents an hour, \$2.10 a week. Cost only the 10 cents a week for a year. Send postcard for details of these "helpers," our two new home-study courses, "*Household Engineering*" and "*Lessons in Cooking*," now in book form; *OR SEND* \$5.00 in full payment. Regular price \$6.28. Full refund if not satisfactory.

**AM. SCHOOL OF HOME ECONOMICS, 503a W. 69th STREET,
CHICAGO**

Salt Mackerel

CODFISH, FRESH LOBSTER

RIGHT FROM THE FISHING BOATS TO YOU



COOK BOOK FREE

Write for this book, "Sea Foods; How to Prepare and Serve Them." With it we send our list with delivered price of each kind of fish.

USE COUPON BELOW

FAMILIES who are fond of FISH can be supplied **DIRECT** from **GLOUCESTER, MASS.**, by the **FRANK E. DAVIS COMPANY**, with newly caught, **KEEPABLE OCEAN FISH**, choicer than any inland dealer could possibly furnish.

We sell **ONLY TO THE CONSUMER DIRECT**, sending by **EXPRESS RIGHT TO YOUR HOME**. We **PREPAY** express on all orders east of Kansas. Our fish are pure, appetizing and economical and we want **YOU** to try some, subject to your complete approval or your money will be cheerfully refunded.

SALT MACKEREL, fat, meaty, juicy fish, are delicious for breakfast. They are freshly packed in brine and will not spoil on your hands.

CODFISH, as we salt it, is white, boneless and ready for instant use. It makes a substantial meal, a fine change from meat, at a much lower cost.

FRESH LOBSTER is the best thing known for salads. Right fresh from the water, our lobsters simply are boiled and packed in **PARCHMENT-LINED CANS**. They come to you as the purest and safest lobsters you can buy and the meat is as crisp and natural as if you took it from the shell yourself.

FRIED CLAMS are a relishable, hearty dish, that your whole family will enjoy. No other flavor is just like that of clams, whether fried or in a chowder.

FRESH MACKEREL, perfect for frying, **SHRIMP** to cream on toast, **CRABMEAT** for Newburg or deviled, **SALMON** ready to serve, **SARDINES** of all kinds, **TUNNY** for salad, **SANDWICH FILLINGS** and every good thing packed here or abroad you can get direct from us and keep right on your pantry shelf for regular or emergency use.

FRANK E. DAVIS. CO.

61 Central Wharf

Gloucester

Mass.

**FRANK
E. DAVIS CO.**

61 Central Wharf

Gloucester, Mass.

Please send me your latest Sea
Food Cook Book and Fish Price List

Name.....

Street.....

City.....State.....

OYSTERS CLAMS

We ask you to try

DEHYDRATED

These delightful delicacies preserved with
all their salt water flavor

PRINCE BRAND

**ALWAYS READY EASILY
PREPARED**

MACARONI or
SPAGHETTI

We know it will please you because of its superior qualities. Easy to cook, delicious in taste, very high in food value. Insist on getting our quality. In powder form so that but ten minutes in hot water or milk makes them ready to serve. An oyster stew or broth; clam stew, bouillon and chowder always in the kitchen ready for instant use. Packed in bottles that make a quart of stew and in larger bottles that make 8 quarts.

**PRINCE MACARONI
MFG. CO.**
BOSTON

**OYSTERS, small bottles, 30 cents each
CLAMS, small bottles, 30 cents each**

We pay delivery costs

Enjoy a bottle of each of these delicacies
**BISHOP-GIFFORD CO., Inc., Baldwin,
L.I., N.Y.**

BREAKFASTS, LUNCHEONS *and* DINNERS

By MARY D. CHAMBERS

Should be in every home. It treats in detail the three meals a day, in their several varieties, from the light family affair to the formal and company function. Appropriate menus are given for each occasion. The well-balanced diet is kept constantly in view. Table china, glass and silver, and table linen, all are described and illustrated. In short, how to plan, how to serve and how to behave at these meals, is the author's motive in writing the book. This motive has been clearly and admirably well carried out. Table etiquette might well be the subtitle of the volume.

Cloth, 150 pages. Illustrated, \$1.25 net.

We will send this book postpaid on receipt of price, \$1.25

THE BOSTON COOKING SCHOOL MAGAZINE CO., Boston,
Mass.

A Coal and Gas Range With Three Ovens That Really Saves



**Coal, Wood, and Gas
Range**

See the cooking surface when you want to rush things—five burners for gas and four covers for coal.

The illustrations show the wonderful pearl grey porcelain enamel finish—so neat and attractive. No more soiled hands, no more dust and smut. By simply passing a damp cloth over the surface you are able to clean your range instantly. They certainly do Make Cooking Easy.

Although it is less than four feet long it can do every kind of cooking for any ordinary family by gas in warm weather, or by coal or wood when the kitchen needs heating. **There are two separate baking ovens**—one for coal and one for gas. Both ovens may be used at one time—or either one singly. In addition to the two baking ovens there is gas broiling oven.



**The Range that "Makes
Cooking Easy"**

Gold Medal

Glenwood

Write to-day for handsome free booklet 118 that tells all about it, to
Weir Stove Co., Taunton, Mass. Manufacturers of the Celebrated Glenwood
Coal, Wood and Gas Ranges, Heating Stoves and Furnaces.



Suggestions for Christmas Gifts

WOULD not many of your friends to whom you will make *Christmas Gifts* be more pleased with a year's subscription to AMERICAN COOKERY (\$1.50) than with any other thing of equal cost you could send them?



The magazine will be of practical use to the recipient 365 days in the year and a constant and pleasant reminder of the donor.

To make this gift more complete, we will send the December number so as to be received the day before Christmas, *together with a card reading as per cut herewith.*

This card is printed in two colors on heavy stock and makes a handsome souvenir.

We will make a Christmas Present of a copy of the **American Cook Book** to every present subscriber who sends us two "Christmas Gift" subscriptions at \$1.50 each.

Practical and Useful Cookery Books

By MRS. JANET M. HILL, *Editor of American Cookery*

AMERICAN COOK BOOK

\$1.50

This cook book deals with the matter in hand in a simple, concise manner, mainly with the cheaper food products. A cosmopolitan cook book. Illustrated.

BOOK OF ENTRÉES

\$2.00

Over 800 recipes which open a new field of cookery and furnish a solution of the problem of "left overs." There is also a chapter of menus which will be of great help in securing the best combination of dishes. Illustrated.

CAKES, PASTRY AND DESSERT DISHES

\$2.00

Mrs. Hill's latest book. Practical, trustworthy and up-to-date.

CANNING, PRESERVING AND JELLY-MAKING

\$1.75

Modern methods of canning and jelly-making have simplified and shortened preserving processes. In this book the latest ideas in canning, preserving and jelly-making are presented.

COOKING FOR TWO **\$2.25**

Designed to give chiefly in simple and concise style those things that are essential to the proper selection and preparation of a reasonable variety of food for the family of two individuals. A handbook for young housekeepers. Used as text in many schools. Illustrated from photographs.

PRACTICAL COOKING AND SERVING **\$2.50**

This complete manual of how to select, prepare, and serve food recognizes cookery as a necessary art. Recipes are for both simple and most formal occasions; each recipe is tested. 700 pages. Used as a text-book in many schools. Illustrated.

SALADS, SANDWICHES AND CHAFING DISH DAINTIES **\$2.00**

To the housewife who likes new and dainty ways of serving food, this book proves of great value. Illustrated.

THE UP-TO-DATE WAITRESS **\$1.75**

A book giving the fullest and most valuable information on the care of the dining-room and pantry, the arrangement of the table, preparing and serving meals, preparing special dishes and lunches, laundering table linen, table decorations, and kindred subjects. The book is a guide to ideal service.

We will send any of the above books, postpaid, upon receipt of price; OR, add one dollar (\$1) to the price of any of the books and we will include a year's subscription for AMERICAN COOKERY.

THE BOSTON COOKING SCHOOL MAGAZINE CO., Boston, Mass.



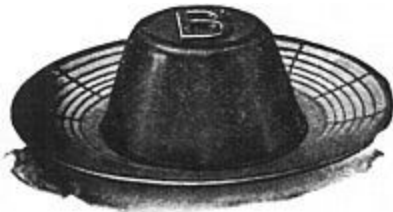
Experience has shown that the most satisfactory way to enlarge the subscription list of American Cookery is through its present subscribers, who personally can vouch for the value of the publication. To make it an object for subscribers to secure new subscribers, we offer the following premiums:

CONDITIONS: Premiums are *not* given *with* a subscription or *for* a renewal, but only to *present* subscribers, for securing and sending to us *new* yearly subscriptions at \$1.50 each. The

number of new subscriptions required to secure each premium is clearly stated below the description of each premium.

Transportation *is* or *is not* paid as stated.

INDIVIDUAL INITIAL JELLY MOULDS



This shows the jelly turned from the mould.

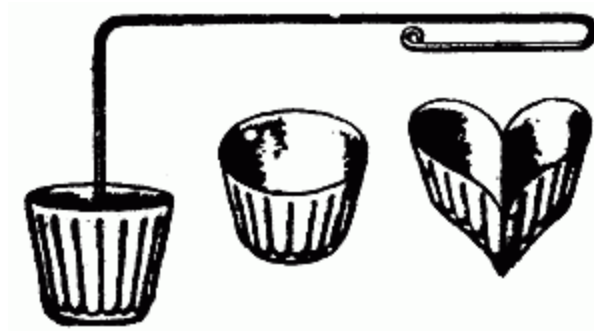
Serve Eggs, Fish and Meats in Aspic; Coffee and Fruit Jelly; Pudding and other desserts with your initial letter raised on the top. Latest and daintiest novelty for the up-to-date hostess. To remove jelly take a needle and run it around inside of mould, then immerse in warm water; jelly will then come out in perfect condition. Be the first in your town to have these. You cannot purchase them at the stores.



This shows mould upside down!

Set of six (6), any initial, sent postpaid for (1) new subscription. Cash
Price 75 cents.

"PATTY IRONS"



As illustrated, are used to make dainty, flaky patés or timbales; delicate pastry cups for serving hot or frozen dainties, creamed vegetables, salads, shell fish, ices, etc. Each set comes securely packed in an attractive box with recipes and full directions for use. Sent, postpaid, for two (2) new subscriptions. Cash Price \$1.50.

SILVER'S SURE CUT FRENCH FRIED POTATO CUTTER



One of the most modern and efficient kitchen helps ever invented. A big labor and time saver.

Sent, prepaid, for one (1) new subscription. Cash Price 75 cents.

FRENCH ROLL BREAD PAN



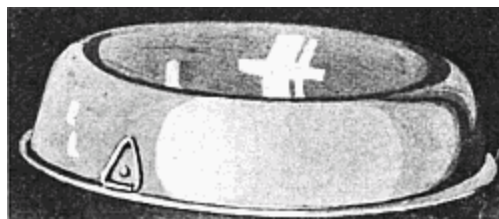
Open End

Best quality blued steel. Six inches wide by 13 long. One pan sent, prepaid, for one (1) new subscription. Cash Price 75 cents.

SEAMLESS VIENNA BREAD PAN



Two of these pans sent, postpaid, for one (1) new subscription. Cash Price 75 cents for two pans.



HEAVY TIN BORDER MOULD

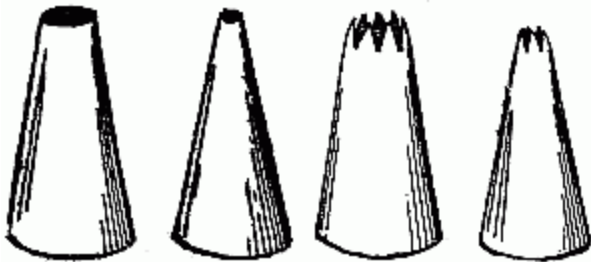
Imported, Round, 6 inch

Sent, prepaid, for one (1) new subscription. Cash Price **75 cents**.

THE BOSTON COOKING SCHOOL MAGAZINE CO., Boston, Mass.

PREMIUMS

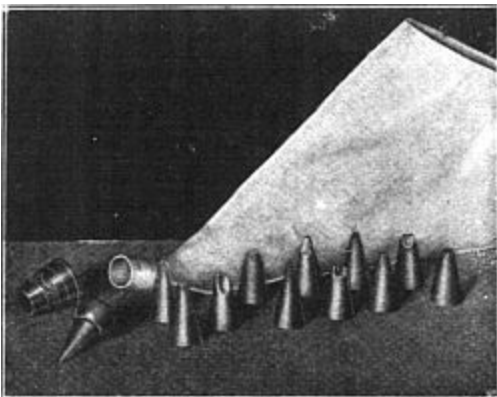
PASTRY BAG AND FOUR TUBES



(Bag not shown in cut)

A complete outfit. Practical in every way. Made especially for Bakers and Caterers. Eminently suitable for home use.

The set sent, prepaid, for one (1) new subscription. Cash price, **75 cents.**



THE A. M. C. ORNAMENTER

Rubber pastry bag and twelve brass tubes, assorted designs, for cake decorating. This set is for fine work, while the set described above is for more general use. Packed in a wooden box, prepaid, for two (2) new subscriptions. Cash price, **\$1.50.**

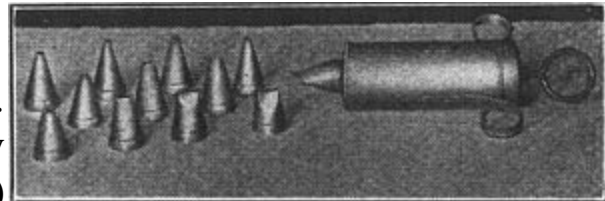
**"RAPIDE"
TEA INFUSER**

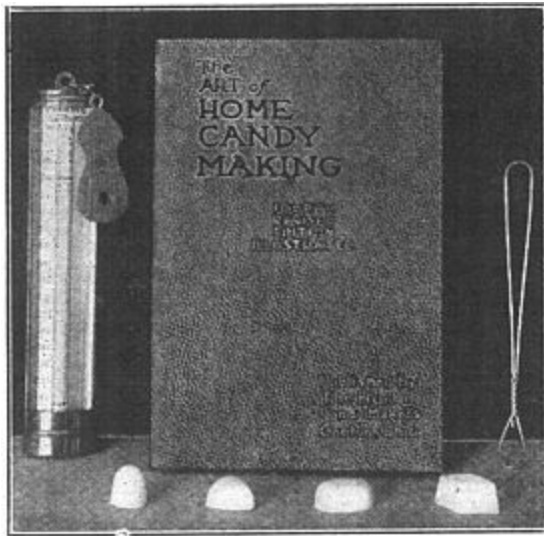


Economic, clean and convenient. Sent, prepaid, for one (1) subscription. Cash price, **75 cents.**

**CAKE ORNAMENTING
SYRINGE**

For the finest cake decorating. Twelve German silver tubes, fancy designs. Sent, prepaid, for four (4) new subscriptions. Cash price, **\$3.00.**





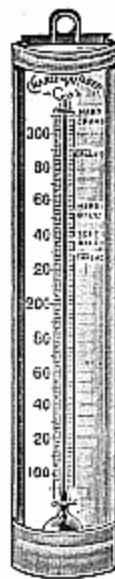
HOME CANDY MAKING OUTFIT

Thermometer, dipping wire, moulds, and most of all, a book written by a professional and practical candy maker for home use. Sent, prepaid, for five (5) new subscriptions. Cash price, **\$3.75.**

The only reliable and sure way to make Candy, Boiled Frosting, etc., is to use a

THERMOMETER

Here is just the one you need. Made especially for the purpose by one of the largest and best manufacturers in the country. Sent, postpaid, for two (2) new subscriptions. Cash price, **\$1.50.**



VEGETABLE CUTTERS

Assorted shapes. Ordinarily sell for 15 cents each. Six cutters—all different—prepaid, for one (1) new subscription. Cash price, **75 cents.**

THE BOSTON COOKING SCHOOL MAGAZINE CO., Boston, Mass.



Bon Ami

for mirrors

*"Hasn't Scratched
Yet"*



Cake or Powder

Watch how easily Bon Ami and I clean this mirror. A damp cloth and a little Bon Ami are all one needs. When the Bon Ami film has dried—a few brisk rubs with a dry cloth and presto! every speck of dust and dirt has vanished.

So it is with everything. The magic touch of Bon Ami brightens up windows, brasses, nickel, linoleum and white woodwork.

*whichever you
prefer*

"Americas Most Famous Dessert"

JELL-O

In Whipped Form



Of all forms of whipped Jell-O the Bavarian creams are most popular, and they may well be, for in no other way can these favorite dishes be made so easily and cheaply. Jell-O is whipped with an egg-beater just as cream is, and does not require the addition of cream, eggs, sugar or any of the expensive ingredients used in making old-style Bavarian creams.

BEGIN to whip the jelly when it is cool and still liquid—before it begins to congeal—and whip till it is of the consistency of whipped cream. Use a Ladd egg-beater and keep the Jell-O cold while whipping by setting the dish in cracked ice, ice water or very cold water. A tin or aluminum quart measure is an ideal utensil for the purpose. Its depth prevents spattering, and tin and aluminum

admit quickly the chill of the ice or cold water.

PINEAPPLE BAVARIAN CREAM

Dissolve a package of Lemon Jell-O in half a pint of boiling water and add half a pint of juice from a can of pineapple. When cold and still liquid whip to consistency of whipped cream. Add a cup of the shredded pineapple. Pour into mould and set in a cold place to harden. Turn from mould and garnish with sliced pineapple, cherries or grapes.

The Genesee Pure Food Company

Two Factories

Leroy N.Y.

Bridgeburg, Ont.



Established
1858

Sawyer's
Crystal
BLUE

AND

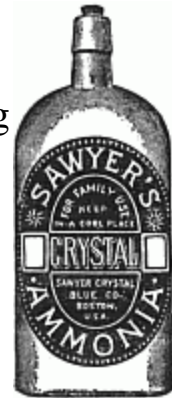
AMMONIA



The Ammonia loosens the dirt, making washing easy. The Blue gives the only perfect finish.

The People's Choice for Over Sixty Years

For the Laundry



SAWYER CRYSTAL BLUE CO.

88 Broad St., Boston, Mass.

SAVE MEAT

by serving more stuffing when you
serve roast meats, poultry,
fish and game.

If this dressing is flavored with Bell's Seasoning
it adds to the pleasure of the meal.

ASK GROCERS FOR



**MISS CURTIS'
SNOWFLAKE
Marshmallow Crème**



The Original and Best

Inexpensive and easy to use. Makes delicious desserts. Awarded Gold Medal at Panama-Pacific Exposition. Avoid imitations. The name EMMA E. CURTIS is your guarantee of purity and quality.

Sold by Grocers Everywhere

Emma E. Curtis

MELROSE, MASS.

VOSE

PIANOS have been established more than **70 YEARS**. By our system of payments every family in moderate circumstances can own a VOSE piano. We take old instruments in exchange and deliver the new piano to your home free of

*** END OF THE PROJECT GUTENBERG EBOOK AMERICAN
COOKERY ***

Updated editions will replace the previous one—the old editions will be renamed.

Creating the works from print editions not protected by U.S. copyright law means that no one owns a United States copyright in these works, so the Foundation (and you!) can copy and distribute it in the United States without permission and without paying copyright royalties. Special rules, set forth in the General Terms of Use part of this license, apply to copying and distributing Project Gutenberg™ electronic works to protect the PROJECT GUTENBERG™ concept and trademark. Project Gutenberg is a registered trademark, and may not be used if you charge for an eBook, except by following the terms of the trademark license, including paying royalties for use of the Project Gutenberg trademark. If you do not charge anything for copies of this eBook, complying with the trademark license is very easy. You may use this eBook for nearly any purpose such as creation of derivative works, reports, performances and research. Project Gutenberg eBooks may be modified and printed and given away—you may do practically ANYTHING in the United States with eBooks not protected by U.S. copyright law. Redistribution is subject to the trademark license, especially commercial redistribution.

START: FULL LICENSE

THE FULL PROJECT GUTENBERG™ LICENSE

PLEASE READ THIS BEFORE YOU DISTRIBUTE OR USE THIS WORK

To protect the Project Gutenberg™ mission of promoting the free distribution of electronic works, by using or distributing this work (or any other work associated in any way with the phrase “Project Gutenberg”), you agree to comply with all the terms of the Full Project Gutenberg License available with this file or online at www.gutenberg.org/license.

Section 1. General Terms of Use and Redistributing Project Gutenberg electronic works

1.A. By reading or using any part of this Project Gutenberg electronic work, you indicate that you have read, understand, agree to and accept all the terms of this license and intellectual property (trademark/copyright) agreement. If you do not agree to abide by all the terms of this agreement, you must cease using and return or destroy all copies of Project Gutenberg electronic works in your possession. If you paid a fee for obtaining a copy of or access to a Project Gutenberg electronic work and you do not agree to be bound by the terms of this agreement, you may obtain a refund from the person or entity to whom you paid the fee as set forth in paragraph 1.E.8.

1.B. “Project Gutenberg” is a registered trademark. It may only be used on or associated in any way with an electronic work by people who agree to be bound by the terms of this agreement. There are a few things that you can do with most Project Gutenberg electronic works even without complying with the full terms of this agreement. See paragraph 1.C below. There are a lot of things you can do with Project Gutenberg electronic works if you follow the terms of this agreement and help preserve free future access to Project Gutenberg electronic works. See paragraph 1.E below.

1.C. The Project Gutenberg Literary Archive Foundation (“the Foundation” or PGLAF), owns a compilation copyright in the collection of Project Gutenberg electronic works. Nearly all the individual works in the collection are in the public domain in the

United States. If an individual work is unprotected by copyright law in the United States and you are located in the United States, we do not claim a right to prevent you from copying, distributing, performing, displaying or creating derivative works based on the work as long as all references to Project Gutenberg are removed. Of course, we hope that you will support the Project Gutenberg mission of promoting free access to electronic works by freely sharing Project Gutenberg works in compliance with the terms of this agreement for keeping the Project Gutenberg name associated with the work. You can easily comply with the terms of this agreement by keeping this work in the same format with its attached full Project Gutenberg License when you share it without charge with others.

1.D. The copyright laws of the place where you are located also govern what you can do with this work. Copyright laws in most countries are in a constant state of change. If you are outside the United States, check the laws of your country in addition to the terms of this agreement before downloading, copying, displaying, performing, distributing or creating derivative works based on this work or any other Project Gutenberg work. The Foundation makes no representations concerning the copyright status of any work in any country other than the United States.

1.E. Unless you have removed all references to Project Gutenberg:

1.E.1. The following sentence, with active links to, or other immediate access to, the full Project Gutenberg License must appear prominently whenever any copy of a Project Gutenberg work (any work on which the phrase “Project Gutenberg” appears, or with which the phrase “Project Gutenberg” is associated) is accessed, displayed, performed, viewed, copied or distributed:

This eBook is for the use of anyone anywhere in the United States and most other parts of the world at no cost and with almost no restrictions whatsoever. You may copy it, give it away or re-use it under the terms of the Project Gutenberg™ License included with this eBook or online at www.gutenberg.org. If you are not located

in the United States, you will have to check the laws of the country where you are located before using this eBook.

1.E.2. If an individual Project Gutenberg electronic work is derived from texts not protected by U.S. copyright law (does not contain a notice indicating that it is posted with permission of the copyright holder), the work can be copied and distributed to anyone in the United States without paying any fees or charges. If you are redistributing or providing access to a work with the phrase “Project Gutenberg” associated with or appearing on the work, you must comply either with the requirements of paragraphs 1.E.1 through 1.E.7 or obtain permission for the use of the work and the Project Gutenberg trademark as set forth in paragraphs 1.E.8 or 1.E.9.

1.E.3. If an individual Project Gutenberg electronic work is posted with the permission of the copyright holder, your use and distribution must comply with both paragraphs 1.E.1 through 1.E.7 and any additional terms imposed by the copyright holder. Additional terms will be linked to the Project Gutenberg License for all works posted with the permission of the copyright holder found at the beginning of this work.

1.E.4. Do not unlink or detach or remove the full Project Gutenberg License terms from this work, or any files containing a part of this work or any other work associated with Project Gutenberg.

1.E.5. Do not copy, display, perform, distribute or redistribute this electronic work, or any part of this electronic work, without prominently displaying the sentence set forth in paragraph 1.E.1 with active links or immediate access to the full terms of the Project Gutenberg License.

1.E.6. You may convert to and distribute this work in any binary, compressed, marked up, nonproprietary or proprietary form, including any word processing or hypertext form. However, if you provide access to or distribute copies of a Project Gutenberg work in a format other than “Plain Vanilla ASCII” or other format used in the official version posted on the official Project Gutenberg website

(www.gutenberg.org), you must, at no additional cost, fee or expense to the user, provide a copy, a means of exporting a copy, or a means of obtaining a copy upon request, of the work in its original “Plain Vanilla ASCII” or other form. Any alternate format must include the full Project Gutenberg License as specified in paragraph 1.E.1.

1.E.7. Do not charge a fee for access to, viewing, displaying, performing, copying or distributing any Project Gutenberg works unless you comply with paragraph 1.E.8 or 1.E.9.

1.E.8. You may charge a reasonable fee for copies of or providing access to or distributing Project Gutenberg electronic works provided that:

- You pay a royalty fee of 20% of the gross profits you derive from the use of Project Gutenberg works calculated using the method you already use to calculate your applicable taxes. The fee is owed to the owner of the Project Gutenberg trademark, but he has agreed to donate royalties under this paragraph to the Project Gutenberg Literary Archive Foundation. Royalty payments must be paid within 60 days following each date on which you prepare (or are legally required to prepare) your periodic tax returns. Royalty payments should be clearly marked as such and sent to the Project Gutenberg Literary Archive Foundation at the address specified in Section 4, “Information about donations to the Project Gutenberg Literary Archive Foundation.”
- You provide a full refund of any money paid by a user who notifies you in writing (or by e-mail) within 30 days of receipt that s/he does not agree to the terms of the full Project Gutenberg™ License. You must require such a user to return or destroy all copies of the works possessed in a physical medium and discontinue all use of and all access to other copies of Project Gutenberg™ works.
- You provide, in accordance with paragraph 1.F.3, a full refund of any money paid for a work or a replacement copy, if a defect in the electronic work is discovered and reported to you within 90 days of receipt of the work.

- You comply with all other terms of this agreement for free distribution of Project Gutenberg™ works.

1.E.9. If you wish to charge a fee or distribute a Project Gutenberg™ electronic work or group of works on different terms than are set forth in this agreement, you must obtain permission in writing from the Project Gutenberg Literary Archive Foundation, the manager of the Project Gutenberg™ trademark. Contact the Foundation as set forth in Section 3 below.

1.F.

1.F.1. Project Gutenberg volunteers and employees expend considerable effort to identify, do copyright research on, transcribe and proofread works not protected by U.S. copyright law in creating the Project Gutenberg™ collection. Despite these efforts, Project Gutenberg™ electronic works, and the medium on which they may be stored, may contain “Defects,” such as, but not limited to, incomplete, inaccurate or corrupt data, transcription errors, a copyright or other intellectual property infringement, a defective or damaged disk or other medium, a computer virus, or computer codes that damage or cannot be read by your equipment.

1.F.2. LIMITED WARRANTY, DISCLAIMER OF DAMAGES - Except for the “Right of Replacement or Refund” described in paragraph 1.F.3, the Project Gutenberg Literary Archive Foundation, the owner of the Project Gutenberg™ trademark, and any other party distributing a Project Gutenberg™ electronic work under this agreement, disclaim all liability to you for damages, costs and expenses, including legal fees. YOU AGREE THAT YOU HAVE NO REMEDIES FOR NEGLIGENCE, STRICT LIABILITY, BREACH OF WARRANTY OR BREACH OF CONTRACT EXCEPT THOSE PROVIDED IN PARAGRAPH 1.F.3. YOU AGREE THAT THE FOUNDATION, THE TRADEMARK OWNER, AND ANY DISTRIBUTOR UNDER THIS AGREEMENT WILL NOT BE LIABLE TO YOU FOR ACTUAL, DIRECT, INDIRECT, CONSEQUENTIAL, PUNITIVE OR INCIDENTAL DAMAGES

EVEN IF YOU GIVE NOTICE OF THE POSSIBILITY OF SUCH DAMAGE.

1.F.3. LIMITED RIGHT OF REPLACEMENT OR REFUND - If you discover a defect in this electronic work within 90 days of receiving it, you can receive a refund of the money (if any) you paid for it by sending a written explanation to the person you received the work from. If you received the work on a physical medium, you must return the medium with your written explanation. The person or entity that provided you with the defective work may elect to provide a replacement copy in lieu of a refund. If you received the work electronically, the person or entity providing it to you may choose to give you a second opportunity to receive the work electronically in lieu of a refund. If the second copy is also defective, you may demand a refund in writing without further opportunities to fix the problem.

1.F.4. Except for the limited right of replacement or refund set forth in paragraph 1.F.3, this work is provided to you 'AS-IS', WITH NO OTHER WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING BUT NOT LIMITED TO WARRANTIES OF MERCHANTABILITY OR FITNESS FOR ANY PURPOSE.

1.F.5. Some states do not allow disclaimers of certain implied warranties or the exclusion or limitation of certain types of damages. If any disclaimer or limitation set forth in this agreement violates the law of the state applicable to this agreement, the agreement shall be interpreted to make the maximum disclaimer or limitation permitted by the applicable state law. The invalidity or unenforceability of any provision of this agreement shall not void the remaining provisions.

1.F.6. INDEMNITY - You agree to indemnify and hold the Foundation, the trademark owner, any agent or employee of the Foundation, anyone providing copies of Project Gutenberg™ electronic works in accordance with this agreement, and any volunteers associated with the production, promotion and distribution of Project Gutenberg™ electronic works, harmless from all liability, costs and expenses, including legal fees, that arise directly or indirectly from any of the following which you do or cause to occur: (a)

distribution of this or any Project Gutenberg work, (b) alteration, modification, or additions or deletions to any Project Gutenberg work, and (c) any Defect you cause.

Section 2. Information about the Mission of Project Gutenberg

Project Gutenberg is synonymous with the free distribution of electronic works in formats readable by the widest variety of computers including obsolete, old, middle-aged and new computers. It exists because of the efforts of hundreds of volunteers and donations from people in all walks of life.

Volunteers and financial support to provide volunteers with the assistance they need are critical to reaching Project Gutenberg's goals and ensuring that the Project Gutenberg collection will remain freely available for generations to come. In 2001, the Project Gutenberg Literary Archive Foundation was created to provide a secure and permanent future for Project Gutenberg and future generations. To learn more about the Project Gutenberg Literary Archive Foundation and how your efforts and donations can help, see Sections 3 and 4 and the Foundation information page at www.gutenberg.org.

Section 3. Information about the Project Gutenberg Literary Archive Foundation

The Project Gutenberg Literary Archive Foundation is a non-profit 501(c)(3) educational corporation organized under the laws of the state of Mississippi and granted tax exempt status by the Internal Revenue Service. The Foundation's EIN or federal tax identification number is 64-6221541. Contributions to the Project Gutenberg Literary Archive Foundation are tax deductible to the full extent permitted by U.S. federal laws and your state's laws.

The Foundation's business office is located at 41 Watchung Plaza #516, Montclair NJ 07042, USA, +1 (862) 621-9288. Email contact

links and up to date contact information can be found at the Foundation's website and official page at www.gutenberg.org/contact

Section 4. Information about Donations to the Project Gutenberg Literary Archive Foundation

Project Gutenberg™ depends upon and cannot survive without widespread public support and donations to carry out its mission of increasing the number of public domain and licensed works that can be freely distributed in machine-readable form accessible by the widest array of equipment including outdated equipment. Many small donations (\$1 to \$5,000) are particularly important to maintaining tax exempt status with the IRS.

The Foundation is committed to complying with the laws regulating charities and charitable donations in all 50 states of the United States. Compliance requirements are not uniform and it takes a considerable effort, much paperwork and many fees to meet and keep up with these requirements. We do not solicit donations in locations where we have not received written confirmation of compliance. To SEND DONATIONS or determine the status of compliance for any particular state visit www.gutenberg.org/donate.

While we cannot and do not solicit contributions from states where we have not met the solicitation requirements, we know of no prohibition against accepting unsolicited donations from donors in such states who approach us with offers to donate.

International donations are gratefully accepted, but we cannot make any statements concerning tax treatment of donations received from outside the United States. U.S. laws alone swamp our small staff.

Please check the Project Gutenberg web pages for current donation methods and addresses. Donations are accepted in a number of other ways including checks, online payments and credit card donations. To donate, please visit: www.gutenberg.org/donate.

Section 5. General Information About Project Gutenberg electronic works

Professor Michael S. Hart was the originator of the Project Gutenberg concept of a library of electronic works that could be freely shared with anyone. For forty years, he produced and distributed Project Gutenberg eBooks with only a loose network of volunteer support.

Project Gutenberg eBooks are often created from several printed editions, all of which are confirmed as not protected by copyright in the U.S. unless a copyright notice is included. Thus, we do not necessarily keep eBooks in compliance with any particular paper edition.

Most people start at our website which has the main PG search facility: www.gutenberg.org.

This website includes information about Project Gutenberg, including how to make donations to the Project Gutenberg Literary Archive Foundation, how to help produce our new eBooks, and how to subscribe to our email newsletter to hear about new eBooks.